



# Central Vic Salvos

6th August 2026

## The Father We Are Called to Be

*"Fathers, do not exasperate your children; instead, bring them up in the training and instruction of the Lord."* Ephesians 6:4 (NIV)

I would like to ask all fathers, and father figures a simple question.

On a scale of 1-10, how would you rate yourself as a father or father figure?

10 is the highest rating.



Now, here is a more challenging question:

If your children could give you a rating, what number do you think they would give you?

Would their number be the same as yours? Or would it be different?

And perhaps the most important question is:

**What kind of father is God calling me to be?**

Being a father is not an easy job. It comes with a great responsibility. It requires patience, sacrifice, wisdom, love and commitment. There are joyful moments, but there are also difficult moments. Sometimes we don't know what to say. Sometimes we don't know what to do. Sometimes we make mistakes.

The fact is that our children and our families need Godly fathers and Godly father figures. There is something amazing about our faith.

God has allowed us to call Him Father. He is not simply an example of what fatherhood should look like—He is the perfect Father. When we don't have anyone to talk to, God is there. When we feel that nobody understands us, God is there. When we need someone to sit with us in our pain, God is there. When we don't know which way to go, God is there to guide us.

He listens when we talk to Him. He comforts us when we are hurting. He strengthens us when we are weak. He corrects us when we go in the wrong direction. He forgives us when we fail. And He continues to love us.

That is the Father we are called to reflect. As fathers and father figures, we may not be perfect, but we can learn from our Heavenly Father.

We can ask ourselves:

Do my children see love through me?

Do they feel safe with me?

Do they know that I am there for them? Do they see Jesus through the way I live?

Because ultimately, being a Godly father is not about being a perfect father. It is about being a father who keeps pointing his children towards the perfect Father.

**Captain Ashir Morris (Bendigo)**

# Revival WORSHIP

*A time to praise and worship as christian believers*

We need the lord Jesus Christ in our hearts and in our City of Greater Bendigo, let us come together in one mind and purpose to declare that Jesus Christ is the Lord of our lives and the City of Greater Bendigo.

**John 17: vs 21 - 22**

*"I pray for them all to be joined together as one even as You and I Father are joined together as one, I pray for them to become one with Us, so that the world will recognise that You sent me."*



**VENUE:**

Stage and Lawn  
Garden of the Future  
Bendigo Botanical Gardens  
White Hills.



**DATE:**

**Saturday**  
**24 October, 2026**



**START 1:00PM -**  
**FINISH 3:00PM**



**CONTACT:**

**Dr Chandi Kroone**

**E:** shekinahgloryx2@gmail.com

**M:** 0413 724 377



*Bring your own chairs and mats.*

**T**

## Monthly Quiet Time Challenge Trust and Surrender

Read: Proverbs 3: 5-6

Surrender a worry or concern to  
God in prayer



Officer appointment changes for the Australia Territory have been released these take place in January 2027.

Please pray for those who are affected by these changes – for the officers who will be moving and any children, along with corps and centres that will be receiving new officer personnel.

**Captain Fleur Hodge**

Faith Community Catalyst & Faith  
Communities Development  
Secretary

**Major Scott Smallcombe**

Area Officer - North Victoria



Central Life Safety

## Happy Fathers Day

Today we honor all the fathers of our life's.....

Grandfathers

God Fathers

Dad's

Expecting Dad's

Pet Dad's

Father-In-Law's

Adoptive Fathers

Honoary Dad's

Father's in Heaven

All other male role models

New Dad's

Step-Dads

Happy  
Fathers Day





**Dear God,**

Bless our communities with peace, kindness, and unity. Help us care for one another, support those in need, and work together to make our communities safe and welcoming for everyone. Amen.



**Thursday, 10 September 2026 is R U OK? Day** but we know that the people around us go through life's ups and downs every day.

You might be surprised to learn that many people underestimate the power of an **R U OK? Conversation**.

Our research\* shows that a third of people don't realise the difference they can make by checking in with someone they care about despite the fact that 9 in 10 of those who were asked, '**are you OK?**', report feeling grateful, cared about, and supported.

We also know 1 in 4 people might hesitate to ask even when they think someone is struggling. That's why we're reminding everyone that if someone's on your mind, trust your instinct and start a conversation.

If you're thinking it, **Ask R U OK? Any Day** because what people value most is trust, a sense of genuine care, and someone who really listens to them, without judgement.

**Ask R U OK? Any Day** because a conversation could change a life.

\*Research source: Verian (2025) R U OK? Impact Tracker. Australia

**Ask R U OK? ANY DAY**

**The 4 steps of an R U OK? conversation**

- 1 Ask R U OK?** How are you travelling?
- 2 Listen** I'm here to listen if you want to talk more.
- 3 Encourage action** Have you spoken to your doctor about this?
- 4 Check in** Just wanted to check in and see how you're doing?

Learn more at [ruok.org.au](https://ruok.org.au)

# Bendigo

**OrangeSky**  
Australia



Join us for free  
**LAUNDRY & CONVERSATION**

 **Salvation Army**  
**65-71 Mundy St, Bendigo**  
**Monday** 12.30pm-2.30pm  
**Thursday** 10.30am-1pm

Whether you're experiencing homelessness, financial hardship, isolation or loneliness, we welcome you to visit us on shift!



Scan to find our other Locations



One of our community members who attended the Winter Night Shelter has gifted The Bendigo Salvos a piece of her artwork to say thank you for the drop in space during Winter Night Shelter, the way she was welcomed, and our support for her during such a difficult time. She has since become part of our church and community here at The Salvos.

**COMMUNITY MEALS**

We have two free Community Meals each week.

Monday (held by Impact Recovery): 12:00pm-1:00pm  
Thursday: 12:00pm-1:00pm

Bendigo Salvos, 65-71 Mundy st  
Hilltop Café

 

**Bendigo**

 **BENDIGO SALVOS COMMUNITY ART SPACE**

**Bendigo**

A free, relaxed art space to create and be part of community, and be reminded of how the Master Creator can do something new within us.

**MONDAYS 1:00PM - 3:00PM**  
**THURSDAYS 1:00PM - 3:00PM**

The Bendigo Salvation Army  
65-71 Mundy Street  
In shelter Shed (opposite Café)

Any questions?  
Please contact Spencer on  
0499 707 871



 **ONESIGHT**  
EssilorLuxottica Foundation



A free **Vision Clinic** is coming to The Salvation Army Bendigo!

If you're struggling to see clearly, you can get a **free eye test** here.

If you need glasses, they'll be provided **at no cost**.

Please call Spencer on 0499 707 871  
(available Mon-Thurs) or visit our reception to book an appointment

Limited appointments available

Clinic details:

Date: Tuesday 13<sup>th</sup> of October 2026

Address: 65 - 71 Mundy st, Gate 1



 **Bendigo**

# Castlemaine

## DISCO FAMILY FUN NIGHT

Get ready to dance, laugh, and glow!

Bring the whole family for a night of music, dancing, games, prizes, and feel-good disco fun.

Under 18's need to bring their own adult supervision.

**Friday 11th September**

**5:30-7:30pm**

**\$2 includes glow sticks and popcorn**

**The Salvation Army Hall**

**47 Kennedy Street, Castlemaine**

**(next to the train station)**



Request a Favourite Song to  
guarantee a great play list  
Text 0418 138 435 or email  
vicki.kerin@salvationarmy.org.au

Family-friendly disco music  
Dance floor games and mini challenges  
Glow sticks and party vibes  
Snacks and refreshments available

Dress bright, bring your best moves, and join the fun!



## Ladies Pot Luck Dinner



**Sat 19th September**

**5:30pm – 7:30pm**

**At The Salvation Army Hall**

47 Kennedy Street, Castlemaine  
(next to the train station)

Bring a pot of your favourite dinner, desert or something to share and catch up with some lovely ladies in a warm welcoming environment. Have an evening off from the Children whilst you eat, chat and relax.

**Refresh**  
WOMEN'S EVENT

**Saturday 12 September**

**10:00am – 2:00pm**

**Preston Salvos**  
236 Gower Street, Preston

**Guest Speaker:**

**Colonel Lani Chamness**

**HOPE IN A SUITCASE**  
"PACK A LITTLE JOY"

and Julie Armstrong  
from 'Hope in a Suitcase'

**THE SALVATION ARMY**  
Everyone Welcome!

Registrations are now open for our Refresh Women's Event, and we'd love you to join us for a wonderful day of encouragement, fellowship and inspiration. We are delighted to welcome Colonel Lani Chamness (Territorial Secretary for Women's Ministries and Territorial Secretary for Leader Development), and Julie Armstrong from Hope in a Suitcase (an organisation that gifts personal items to children entering the foster care system) as our special guests.

There is no cost to attend. Instead of a registration fee, we invite each attendee to bring either:

a new item to donate to Hope in a Suitcase, or a cash donation on the day.

Together, we'll present these gifts to Hope in a Suitcase as part of our support for this important organisation. To register, simply scan the QR code or use the registration link provided below.

<https://salvationarmy.typeform.com/REFRESH-26R>

## Castlemaine Salvos Sunday Gatherings Term 3

|                |                                      |                 |                      |
|----------------|--------------------------------------|-----------------|----------------------|
| <b>Sept 6</b>  | Wild and Cultivated grafted together | Romans 11:16-24 | Pancake Brunch 10 am |
| <b>Sept 13</b> | Life as Worship                      | Romans 12       |                      |
| <b>Sept 20</b> | Authority and Love                   | Romans 13:1-10  | Corps Lunch          |

# Maryborough

## YOU ARE INVITED

Occupational Violence and Aggression De-escalation training.

**Date:** Wednesday 23<sup>rd</sup> September 2026

**Time:** 10:30 am - 2:30pm

**Facilitators:** Amy Graham State Practice Implementation Coordinator & Regional Managers

**De-escalation** - Occupational Violence and Aggression training uses an A.D.P. Framework. This framework is highly impactful as it provides individuals and teams with the necessary knowledge and skills to handle verbal and physical aggression in the workplace.

**Module 1: Awareness-** Recognise the tell-tale signs of aggression and identify what is causing the situation to escalate.

**Module 2: De-escalation-** Use proven strategies to calm a heightened person down and to stay calm yourself.

**Module 3: Protection-** If the situation turns physical, prioritise your own safety by removing yourself as quickly as possible.

If you wish to join this training please speak to Major Vanessa



# Eaglehawk

## Ringwood Band Visit

Due to unforeseen circumstances this has been postponed until next year

## Corps Lunch

Sunday 13 September.

Corps lunch at the RSL.

Please can you let Major Karen if you would like to come.

**JOIN US FOR AN ENJOYABLE AFTERNOON OF**

- MUSIC
- SINGING
- CHATTING
- MUNCHING

**St. Peter's Anglican Church**  
63 High Street Eaglehawk  
From 1.30pm  
**MONDAY 21st SEPTEMBER 2026**

**Highlights: Our Place Minstrels**  
with new Musical Coordinator Judy Chalmers

Donations welcomed for Bendigo School Chaplaincy (Korus Connect)

Join us afterwards to munch & chat in the hall

**RSVP BY MON 14 SEPTEMBER to**  
Jenny 5448 3912; [bjrains@bigpond.com](mailto:bjrains@bigpond.com)  
M 0400 806 231; Or [rector@eaglehawkanglican.com.au](mailto:rector@eaglehawkanglican.com.au)

**Sponsored by Our Place Minstrels & St. Peter's Eaglehawk**



# Thrift Shops

## AVOCA THRIFT SHOP

114 High Street, Avoca

Ph: (03) 5459 0502

### Open Hours:

10:00am - 3:0pm

Mon, Wed, Thurs & Fri

10:00am - 1:00pm Saturday

## CASTLEMAINE THRIFT SHOP

46 Forest Street, Castlemaine

Ph: (03) 5459 0506

### Open Hours:

10am-4pm Monday to Friday

10am-3pm Saturday

## BENDIGO CBD THRIFT SHOP

18 Pall Mall, Bendigo

Ph: 0461 460 295

### Open Hours:

9:30am-4:00pm Mon-Fri

10:00am - 4:00pm Saturday

## ST ARNAUD THRIFT SHOP

70-72 Napier Street, St Arnaud

Ph: (03) 5459 0503

### Open Hours:

9:30am - 3:30pm Mon to Fri

10am-2pm Saturday

## BENDIGO THRIFT SHOP

2B Thistle Street, Golden Square

Ph: (03) 5459 0504

### Open Hours:

9am-4:30pm Monday to Friday

9am-2pm Saturday

## WEEKLY PROGRAMS & SERVICES

### BENDIGO

#### MONDAY

12.00pm - Community Meal

12.30 to 2.30pm - Clothes Washing

1.00 to 3.00pm - Art Space

#### THURSDAY

10.30 to 1.30pm - Clothes

Washing

11.00am - Chapel

12.00pm - Community Meal

#### SUNDAY

10.00am - Celebration Service

10.30am - Kids School

65-71 Mundy St, Bendigo

### CASTLEMAINE

#### MONDAY

9.30am to 11.00am - Playgroup \*

11.15am to 12.45pm - Playgroup \*

3:45pm - 4:45pm: Just Brass

#### WEDNESDAY

9.30am to 12.00pm Doorways

#### FRIDAY

9.30am to 12.00pm - Doorways

#### SUNDAY

10.30am - Worship Service

47 Kennedy St, Castlemaine

### EAGLEHAWK

#### TUESDAYS

8:30am - Weekly Prayers

9:45am - Weekly Bible Study - BYO lunch

#### THURSDAY

11.00am 3<sup>rd</sup> of every month - Aged Care Service

2.00pm - Community Pantry

3.45pm Band Learners

5.30pm Band Practice

#### FRIDAY

11.00am Creative and Create Hub finish at your own leisure

#### SUNDAY

9:40am - prays

10.00am - Celebration Service

3<sup>rd</sup> Sunday of month is the Church/Corps come and share lunch together. starting February to November.

51 Church St, Eaglehawk

### MARYBOROUGH

#### MONDAY

9:30am to 12.30pm - Community Pantry

10:30am - Faith Fellowship \*

#### WEDNESDAY

9:30am to 12.30pm - Community Pantry

#### THURSDAY

12.00pm - Noon Prayer

1.30pm - Bowls

4.00pm - Kids Club \*

#### FRIDAY

9:30am to 12.30pm - Community Pantry

5.00pm - Faith Chats \*

6.00pm - Youth Group \*

#### SUNDAY

9:15am - Prayer Meeting

10.00am - Celebration Service with Kids Church

27 Wills St, Maryborough

\*not on during school Holidays



# Contact Us

**Central Vic Salvos Team Leader: Major Robert Evans - 0477 556 277**

## **Bendigo**

**Capt. Ashir Morris and Hummera Ashir**

65 – 71 Mundy Street, Bendigo | 03 5440 8431  
corpsofficer.bendigo@salvationarmy.org.au

## **Castlemaine**

**Beth Waldron Anstice**

47 Kennedy Street, Castlemaine | 03 5459 0505  
corpsofficer.castlemaine@salvationarmy.org.au

## **Eaglehawk**

**Major Karen Armstrong**

51 Church Street, Eaglehawk | (03) 5459 0507  
corpsofficer.eaglehawk@salvationarmy.org.au

## **Maryborough**

**Major Vanessa Evans**

27 Wills St, Maryborough | 03 5459 0500  
corpsofficer.maryborough@salvationarmy.org.au



**2 WAYS TO GIVE**



### **IN PERSON**

PLACE YOUR CASH  
OR ENVELOPES IN  
THE OFFERING PLATE



### **ONLINE**

VIA BPAY  
FOR BILLER CODE  
PLEASE SEE CORPS OFFICER/LEADER



# doorways

Doorways is our Community Support program. It is the entryway through which those experiencing hardship and/or disadvantage can take proactive steps to find the support they need to overcome life's challenges and find long-term solutions. We offer a range of services from emergency relief to case management and more.

**If you are experiencing hardship or financial difficulties, please call the  
Salvos Phone Assistance Line (PAL) on 03 8873 5288.**

**This service operates Monday to Friday between 9am and 4pm.**

Please be aware no assistance interviews will be conducted from our local sites. Community members presenting to any of our Central Vic Salvos sites will be invited to contact Salvos PAL.



The Salvation Army Central Victoria honours God who is Father, Son and Spirit; and who is the Creator of this world and the giver of all life. We acknowledge the traditional custodians of this land, who are the Dja Dja Wurrung and Taungurung Peoples of the Kulin Nation, and we pay our respects to their elders past present and future. We commit ourselves to work for reconciliation and justice alongside Australia's First Nations people.