



Central Vic Salvos

13th September 2026

BEING OUR WHOLE SELVES

A person who has become part of our faith community this year was telling me the story of how they found us.

“It was Sunday morning when I got off the train, and I was feeling hopeless, feeling like I’d go down the path of self destruction. And a voice inside me seemed to say ‘go this way’. And right there was the building – The Salvation Army – and I went inside and I was so surprised: you were having church in there! I couldn’t believe it. I never imagined there would be church going on. But the place was just full of love and you welcomed me and I could feel the love.”

There is so much to be grateful in this story of a person’s experience finding the love and support they needed.

But I can’t help wondering what has happened to bring us to a place where someone is surprised to find a church - a community of people sharing life and faith - in a Salvos hall. So often in conversations around town, or even as people visit on site they express this same astonishment that the Salvos is a church, and that I am a minister. What is going on?

We have enormous letters across the high-profile wall of our building: 10:30 am Sunday worship, so it’s not really a lack of signage.

At Castlemaine, we have reshaped our space and activities significantly. With one large open plan space, rather than try to separate out a worship area and a community area, we have opened up the whole space: tables and chairs to sit for coffee, comfy couches are spread throughout; the vegie baskets are up near the holiness table, the prayer table is down near the coffee counter. If you come in on a Wednesday or Friday for food or a shower, there is the table for prayer, or the cards for reflection. If you come in on Sunday, there is always help from the pantry. If you come on Monday for families or music activities there is pastoral care, and the pantry is open.

I am new to the structures of the Salvation Army and I don’t debate the need for organisation and various departments at a structural level. But deeper and more authoritative than our human structures is the foundational call of our theology to be whole people, to love God (which means also to love creation and creatures) with a whole heart, soul, mind and strength. We can slip into over-defining ourselves by administrative labels thinking the life of the community of faith is somehow apart from the life of service, the life of sharing and redistributing resources to those in need. However we sort out the admin in the background, the way we are to live in community must weave together our whole selves. The food relief centre and the prayer centre and the Word of wisdom and grace rightly belong in the same place. Not to foist a forced evangelism on to those who come with embodied needs, but because even the most desperately hungry, unwell, financially burdened, addicted or unhinged person is incontestably a whole human – of flesh and spirit, mind and soul. In faith for all, hope for all and love for all we name and embrace the life and spark and precious beauty of the Spirit in everyone, in every activity, in every place – and especially on our own properties, set apart for expressing the ethos of the kingdom of God.

Beth Waldron Anstice (Castlemaine)

Revival WORSHIP

— A time to praise and worship as christian believers —

We need the lord Jesus Christ in our hearts and in our City of Greater Bendigo, let us come together in one mind and purpose to declare that Jesus Christ is the Lord of our lives and the City of Greater Bendigo.

John 17: vs 21 - 22

"I pray for them all to be joined together as one even as You and I Father are joined together as one, I pray for them to become one with Us, so that the world will recognise that You sent me."



VENUE:

Stage and Lawn
Garden of the Future
Bendigo Botanical Gardens
White Hills.



DATE:

Saturday
24 October, 2026



START 1:00PM -
FINISH 3:00PM



CONTACT:

Dr Chandi Kroone

E: shekinahgloryx2@gmail.com

M: 0413 724 377



Bring your own chairs and mats.

T

Monthly Quiet Time Challenge

Trust and Surrender

Read: Proverbs 3: 5-6

Surrender a worry or concern to
God in prayer



Join General Lyndon Buckingham and
Commissioner Bronwyn Buckingham
in Melbourne

FESTIVAL *of* Mission

Save the date: 27-29 November 2026





R U OK? Day at the Bendigo Salvos

Last Thursday was a quality time for the staff, volunteers and community to come together, connect, check in and remind each other that a simple “Are you OK?” Can make a real difference.

It was a wonderful time to connect, listen, share a cuppa and for some meaningful meditation.

Bendigo

OrangeSky
Australia



Join us for free
LAUNDRY & CONVERSATION

**Salvation Army**
65-71 Mundy St, Bendigo
Monday 12.30pm-2.30pm
Thursday 10.30am-1pm

Whether you're experiencing homelessness, financial hardship, isolation or loneliness, we welcome you to visit us on shift!



Scan to find our other Locations

 **ONESIGHT**
EssilorLuxottica Foundation



A free **Vision Clinic** is coming to The Salvation Army Bendigo!

If you're struggling to see clearly, you can get a **free eye test** here.

If you need glasses, they'll be provided **at no cost**.

Please call **Spencer** on **0499 707 871** (available Mon-Thurs) or visit our reception to book an appointment

Limited appointments available

Clinic details:

Date: Tuesday 13th of October 2026

Address: 65 - 71 Mundy st, Gate 1



 **Bendigo**

COMMUNITY MEALS

We have two free Community Meals each week.

Monday (held by Impact Recovery): 12:00pm-1:00pm
Thursday: 12:00pm-1:00pm

Bendigo Salvos, 65-71 Mundy st
Hilltop Café



 **Bendigo**

GOD IS FOUND

NOR IN THE **WIND**

NOR IN THE **EARTHQUAKE**

NOR IN THE **Fire**

...but in a still, small voice.

(KINGS I: 19:11-12)

 **BENDIGO SALVOS COMMUNITY ART SPACE**

Bendigo

A free, relaxed art space to create and be part of community, and be reminded of how the Master Creator can do something new within us.

MONDAYS 1:00PM-3:00PM
THURSDAYS 1:00PM-3:00PM

The Bendigo Salvation Army
65-71 Mundy Street
In shelter Shed (opposite Café)

Any questions?
Please contact Spencer on
0499 707 871



State Youth & Kids Camp Children & Youth

Please pray for the CVS leaders and kids as they prepare to attend the Kids & Youth camp over the upcoming school holidays

Castlemaine



Ladies Pot Luck Dinner



Sat 19th September
5:30pm – 7:30pm
At The Salvation Army Hall
47 Kennedy Street, Castlemaine
(next to the train station)

Bring a pot of your favourite dinner, desert or something to share and catch up with some lovely ladies in a warm welcoming environment. Have an evening off from the Children whilst you eat, chat and relax.



Method

1. Preheat the oven to 175°C. Grease a cake tin.
2. Cook the apples: In a small pan, cook the diced apples with 1 tbsp oil/butter and 1 tbsp sugar over medium heat until tender and lightly golden. Set aside to cool.
3. Make the batter: In a large bowl, whisk together the oil, yogurt, sugar, and eggs until smooth.
4. Gently fold in the flour (and baking powder if using plain flour), salt, and cinnamon (if using). Stir until just combined - make sure not to overmix!
5. Fold the cooled apples into the batter.

Apple Cake

Basic ingredients, and all you need is a bowl and a spoon - no fancy equipment here! You can use apples or whatever fruit you've got, and it's super easy to tweak to be gluten free or egg free. This is one of those bakes that feels special without costing much at all.

Serves: 8-10 slices

Cost: Approximately \$5.50 NZD

Time: 60 minutes

Ingredients

For the Apples:

3 apples (e.g., Granny Smith), peeled and diced

1 tbsp oil or butter

1 tbsp sugar

For the Cake Batter:

$\frac{3}{4}$ cup oil (canola, sunflower, or melted butter)

1 cup plain yogurt (or milk or sour cream)

1 cup sugar

2 eggs

2 cups self-raising flour (or 2 cups plain flour + 2 tsp baking powder)

Pinch of salt

1 tsp cinnamon (optional)

Optional Glaze:

1 cup icing sugar

Splash of water

1 tsp vanilla extract

Castlemaine Salvos Sunday Gatherings Term 3

Sept 13

Sept 20

Sept 27

Life as Worship

Authority and Love

Days, Food and
Fanatics

Romans 12

Romans 13:1-10

Romans 14

Corps Lunch

Maryborough

YOU ARE INVITED

Occupational Violence and Aggression De-escalation training.

Date: Wednesday 23rd September 2026

Time: 10:30 am - 2:30pm

Facilitators: Amy Graham State Practice Implementation Coordinator & Regional Managers

De-escalation - Occupational Violence and Aggression training uses an A.D.P. Framework. This framework is highly impactful as it provides individuals and teams with the necessary knowledge and skills to handle verbal and physical aggression in the workplace.

Module 1: Awareness- Recognise the tell-tale signs of aggression and identify what is causing the situation to escalate.

Module 2: De-escalation- Use proven strategies to calm a heightened person down and to stay calm yourself.

Module 3: Protection- If the situation turns physical, prioritise your own safety by removing yourself as quickly as possible.

If you wish to join this training please speak to Major Vanessa



No Kids Programs

This Thursday 17th of September 2026 due to staff training

Eaglehawk

Ringwood Band Visit

Due to unforeseen circumstances this has been postponed until next year

Corps Lunch

Sunday 13 September.

Corps lunch at the RSL.

Please can you let Major Karen if you would like to come.



JOIN US FOR AN ENJOYABLE AFTERNOON OF

- MUSIC
- SINGING
- CHATTING
- MUNCHING

St. Peter's Anglican Church
63 High Street Eaglehawk
From 1.30pm
MONDAY 21st SEPTEMBER 2026



Highlights: Our Place Minstrels
with new Musical Coordinator Judy Chalmers

Donations welcomed for Bendigo School Chaplaincy
(Korus Connect)

Join us afterwards to munch & chat in the hall

RSVP BY MON 14 SEPTEMBER to
Jenny 5448 3912; bj rains@bigpond.com
M 0400 806 231; Or rector@eaglehawkanglican.com.au



Sponsored by Our Place Minstrels
& St. Peter's Eaglehawk



Thrift Shops

AVOCA THRIFT SHOP

114 High Street, Avoca

Ph: (03) 5459 0502

Open Hours:

10:00am - 3:0pm

Mon, Wed, Thurs & Fri

10:00am - 1:00pm Saturday

CASTLEMAINE THRIFT SHOP

46 Forest Street, Castlemaine

Ph: (03) 5459 0506

Open Hours:

10am-4pm Monday to Friday

10am-3pm Saturday

BENDIGO CBD THRIFT SHOP

18 Pall Mall, Bendigo

Ph: 0461 460 295

Open Hours:

9:30am-4:00pm Mon-Fri

10:00am - 4:00pm Saturday

ST ARNAUD THRIFT SHOP

70-72 Napier Street, St Arnaud

Ph: (03) 5459 0503

Open Hours:

9:30am - 3:30pm Mon to Fri

10am-2pm Saturday

BENDIGO THRIFT SHOP

2B Thistle Street, Golden Square

Ph: (03) 5459 0504

Open Hours:

9am-4:30pm Monday to Friday

9am-2pm Saturday

WEEKLY PROGRAMS & SERVICES

BENDIGO

MONDAY

12.00pm - Community Meal

12.30 to 2.30pm - Clothes Washing

1.00 to 3.00pm - Art Space

THURSDAY

10.30 to 1.30pm - Clothes Washing

11.00am - Chapel

12.00pm - Community Meal

SUNDAY

10.00am - Celebration Service

10.30am - Kids School

65-71 Mundy St, Bendigo

CASTLEMAINE

MONDAY

9.30am to 11.00am - Playgroup *

11.15am to 12.45pm - Playgroup *

3:45pm - 4:45pm: Just Brass

WEDNESDAY

9.30am to 12.00pm Doorways

FRIDAY

9.30am to 12.00pm - Doorways

SUNDAY

10.30am - Worship Service

47 Kennedy St, Castlemaine

EAGLEHAWK

TUESDAYS

8:30am - Weekly Prayers

9:45am - Weekly Bible Study - BYO lunch

THURSDAY

11.00am 3rd of every month - Aged Care Service

2.00pm - Community Pantry

3.45pm Band Learners

5.30pm Band Practice

FRIDAY

11.00am Creative and Create Hub finish at your own leisure

SUNDAY

9:40am - prays

10.00am - Celebration Service

3rd Sunday of month is the Church/Corps come and share lunch together. starting February to November.

51 Church St, Eaglehawk

MARYBOROUGH

MONDAY

9:30am to 12.30pm - Community Pantry

10:30am - Faith Fellowship *

WEDNESDAY

9:30am to 12.30pm - Community Pantry

THURSDAY

12.00pm - Noon Prayer

1.30pm - Bowls

FRIDAY

9:30am to 12.30pm - Community Pantry

5.00pm - Faith Chats *

6.00pm - Youth Group *

SUNDAY

9:15am - Prayer Meeting

10.00am - Celebration Service with Kids Church

27 Wills St, Maryborough

*not on during school Holidays



Contact Us

Central Vic Salvos Team Leader: Major Robert Evans - 0477 556 277

Bendigo

Capt. Ashir Morris and Hummera Ashir

65 – 71 Mundy Street, Bendigo | 03 5440 8431
corpsofficer.bendigo@salvationarmy.org.au

Castlemaine

Beth Waldron Anstice

47 Kennedy Street, Castlemaine | 03 5459 0505
corpsofficer.castlemaine@salvationarmy.org.au

Eaglehawk

Major Karen Armstrong

51 Church Street, Eaglehawk | (03) 5459 0507
corpsofficer.eaglehawk@salvationarmy.org.au

Maryborough

Major Vanessa Evans

27 Wills St, Maryborough | 03 5459 0500
corpsofficer.maryborough@salvationarmy.org.au



2 WAYS TO GIVE



IN PERSON

PLACE YOUR CASH
OR ENVELOPES IN
THE OFFERING PLATE



ONLINE

VIA BPAY
FOR BILLER CODE
PLEASE SEE CORPS OFFICER/LEADER



doorways

Doorways is our Community Support program. It is the entryway through which those experiencing hardship and/or disadvantage can take proactive steps to find the support they need to overcome life's challenges and find long-term solutions. We offer a range of services from emergency relief to case management and more.

**If you are experiencing hardship or financial difficulties, please call the
Salvos Phone Assistance Line (PAL) on 03 8873 5288.**

This service operates Monday to Friday between 9am and 4pm.

Please be aware no assistance interviews will be conducted from our local sites. Community members presenting to any of our Central Vic Salvos sites will be invited to contact Salvos PAL.



The Salvation Army Central Victoria honours God who is Father, Son and Spirit; and who is the Creator of this world and the giver of all life. We acknowledge the traditional custodians of this land, who are the Dja Dja Wurrung and Taungurung Peoples of the Kulin Nation, and we pay our respects to their elders past present and future. We commit ourselves to work for reconciliation and justice alongside Australia's First Nations people.