



### Day 1: Sydney to Kiama

DISTANCE: 131KM | GAIN: 1686M

### Day 2: Kiama to Goulburn

DISTANCE: 155KM | GAIN: 2244M

### Day 3: Goulburn to Canberra

DISTANCE: 111KM | GAIN: 1025M

### Day 4: Canberra to Cooma

DISTANCE: 114KM | GAIN: 1346M

### Day 5: Cooma to Eden

DISTANCE: 175KM | GAIN: 2333M

### Day 6: Eden to Orbost

DISTANCE: 184KM | GAIN: 2577M

### Day 7: Orbost to Sale

DISTANCE: 174KM | GAIN: 1053M

### Day 8: Sale to Moe

DISTANCE: 92KM | GAIN: 571M

### Day 9: Moe to Warragul

DISTANCE: 170KM | GAIN: 3591M

### Day 10: Warragul to Melbourne

DISTANCE: 115KM | GAIN: 590M

