

headfyrst Referral Form



Specialised Counselling Services for young people aged 12 to 25 experiencing co-existing Alcohol and Other Drugs (AOD) and Mental Health (MH) issues

South West Sydney

Bankstown headspace 9393 9669
 Liverpool headspace 8785 3200
 Campbelltown headspace 4627 9089
headfyrstsouth@aue.salvationarmy.org
 Fax: 9671 4786

Western Sydney

Parramatta headspace 8624 1348 Mt
 Druitt headspace 4720 8855 Castle Hill
 headspace 8820 9995
headfyrstwest@aue.salvationarmy.org
 Fax: 9687 1866

Date: _____ **Who's referring?** Self Service provider Family/friend GP

| | | | |
|---|--|--------------------------------|--------|
| <i>Name</i> | | | |
| <i>Date of Birth</i> | | | |
| <i>Address</i> | | | |
| <i>Phone Number</i> | | | |
| <i>Email (optional)</i> | | | |
| <i>Name of parent/guardian (optional)</i> | | Phone: | Phone: |
| 1. Is the young person at risk of harming themselves or others? Are there any identifiable risk factors? (e.g. thoughts of suicide, self-harm, risk-taking behaviours, harming others) | | | |
| 2. Does the client have any current health or mental health diagnosis? | | | |
| 3. Is the client currently being treated for any mental health, drug and alcohol or health issues? If yes, please list the name and contact details for professional or service involved. | | | |
| 4. Does the client have a current Mental Health Treatment Plan? Yes <input type="checkbox"/> No <input type="checkbox"/> | | | |
| 5. Any other information that may be relevant? | | | |
| <i>Referrer's Name</i> | | <i>Position / Organisation</i> | |
| <i>Contact Number:</i> | | <i>Address</i> | |
| <i>Email</i> | | | |

The headfyrst services are based in headspace centres at Campbelltown, Liverpool and Bankstown (South West) and Parramatta, Mt Druitt and Castle Hill (West).

- headfyrst opening hours are 8.30 am to 5.00 pm, Monday to Friday. The service is free and young people do not require a mental health care plan.
- **We are not an emergency service.** If the young person needs immediate assistance, please call the Mental Health Line (1800 011 511) or go to the nearest hospital emergency department.