

POOL NOODLE MANIA

These games are great for an afternoon activity, and are a low-budget option. Work well for groups between 15 and 15.

SMASH & PROTECT (ALL IN)

Prep Time:

10mins

Play Time:

10mins

Materials Needed:

- A pool noodle for each player. (They can be cut in half)
- Balloons

Instructions:

To play this game, you will need a balloon and a pool noodle for every player. Players must blow up their balloon (as big as their head) and tie it. The idea is to bounce your balloon in the air using only your pool noodle (no hands). While keeping your balloon in the air, you are trying to smash other people's balloons while protecting your own. Once a balloon hits the floor, that person is out of the game. As well, if a person's balloon pops, they are also out of the game.

Note

For some young people the bang from popping balloons can be triggering. Make sure you have a quiet space off to the side young people can sit out if they need.



WKND YOUTH GAMPS

PROTECT THE PRESIDENT (SELECT PLAYERS)

Prep Time:

10mins

Play Time:

15mins

Materials Needed:

- 1 helmet per team.
- 1 pool noodle per team.
- 1 bag of chips per president, per round (approximately 8).
- Tape.

Instructions:

Choose a protector and a president from each team. The protector gets a pool noodle, and the president gets a helmet with a bag of chips taped to their head. It is a game of last man standing! The protector must smash all the other presidents' chips while protecting their own. Last team left wins. This game works well with playing multiple rounds.

NOODLE JAVELIN (SELECT PLAYERS)

Prep Time:

5mins

Play Time:

10mins

Materials Needed:

- A pool noodle for each player.
- Tape to mark a line.

Instructions:

Allow each player to pick a pool noodle. Have everyone stand at one end of the room that you are using to play the game (you will want to use the room length wise). Have a 'throw' line on the ground where players must always be behind. One at a time, have players throw their pool noodle (javelin) as hard and as far as they can. The player that gets the furthest distance wins. This game can also be done in rounds.



WKND YOUTH CAMPS

TOWER OF NOODLES (ALL IN)

Prep Time:

5mins

Play Time:

10mins

Materials Needed:

- At least 12 pool noodles per team.
- Tape or string to bind it together.

Instructions:

Each team to work to build the tallest tower with the pool noodles they can. Give each team at least 12 or more pool noodles plus the tape or string.

The idea of the game is for each team to build the TALLEST tower in 5 minute using only pool noodles. This game can be played multiple times with different teams.

