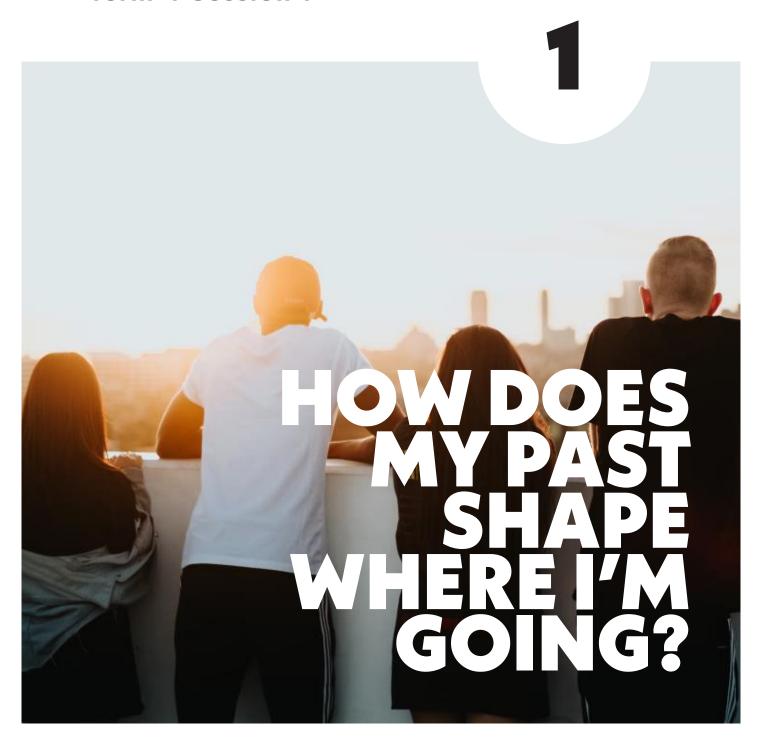


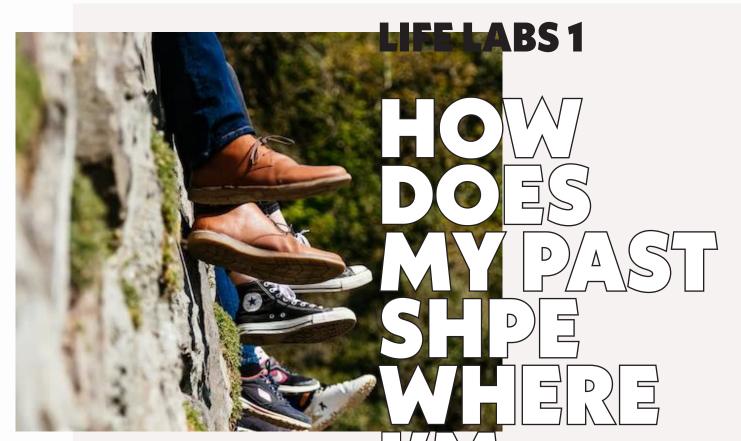


# **GROUP MATERIAL**

Term 4 Session 1



### INTRODUCTION



Our lives are full of experiences that shape who we are and how we make our way. Maybe our path has been smooth, full of people who support us and care for us. Maybe we have walked a rough path with challenging circumstances and people who don't want the best for us.

When our paths have been difficult, it can be tough to move forward, and the future can feel hopeless.

Whatever our past has looked like,

it plays a part in shaping our paths today and can help us find where we want to go.

How does my past shape where I'm going?

"WHEN OUR PATHS
HAVE BEEN DIFFICULT,
IT CAN BE TOUGH TO
MOVE FORWARD,
AND THE FUTURE CAN
FEEL HOPELESS."

"How does my past shape where I'm going?"

# PLAY THE RED ROVER GAME

HOW DID YOU GO WITH THE CAME?

GOW OID IT FEEL WHEN YOU HAD TO HOD?

OT DEDINOTEN WOY EVEN WOOD, TRANSPORTED TO SEEDING TRANSPORTED DITION OF THE PLANTS OF

# DO THE LIFE EPISODES ACTIVITY

YOUR TV SE	HOW NAME
EPISODE	EPISODE
A time in your life when you had the most fun  EPISODE	A time in your life when everything felt difficult  EPISODE
A time in your life when you met someone who is important to you	A time in your life when you overcame a challenge
EPISODE	EPISODE
A time in your life when you learnt something new about yourself	An upcoming episode in your life

### READ THE SCRIPTURE

# 1148

Agrippa said to Paul, "You may now speak to defend yourself." Paul raised his hand to get their attention and began to speak.

2 He said, "King Agrippa, I feel fortunate that I can stand here before you today and answer all the charges these lews have made against me.

3 I am very happy to talk to you, because you know so much about all the Jewish customs and the things the Jews argue about. Please listen to me patiently.

4 "All the Jews know about my whole life. They know the way I lived from the beginning in my own country and later in Jerusalem.

5 These Jews have known me for a long time. If they want to, they can tell you that I was a good Pharisee. And the Pharisees obey the laws of the Jewish religion more carefully than any other group.

6 Now I am on trial because I hope for the promise that God made to our fathers.

7 This is the promise that all the twelve tribes of our people hope to receive. For this hope the Jews serve God day and night.



My king, the Jews have accused me because I hope for this same promise.

8 Why do you people think it is impossible for God to raise people from death?

9 "I used to think that I should do everything I could against Jesus from Nazareth.

10 And that's what I did, leading priests gave me the authority to put many of God's people in jail. And when they were being killed, I agreed that it was a good thing.

11 I visited all the synagogues and punished them, trying to make them curse Jesus. My anger against these people was so strong that I went to other cities to find them and punish them.

12 "One time the leading priests gave me permission and the authority to go to the city of Damascus.

13 On the way there, at noon, I saw a light from heaven, brighter than the sun. It shined all around me and those traveling with me.

14 We all fell to the ground. Then I heard a voice talking beginning in Jerusalem. The to me in Aramaic. The voice said, 'Saul, Saul, why are you persecuting me? You are only hurting yourself by fighting me.'

> 15 "I said, 'Who are you, Lord?'

"The Lord said, 'I am Jesus. I am the one you are persecuting.

### READ THE SCRIPTURE

16 Stand up! I have chosen you to be my servant. You will tell people about me—what you have seen today and what I will show you. This is why I have come to you.

17 I will keep you safe from your own people and from the non-Jewish people, the ones I am sending you to.

18 You will make them able to understand the truth. They will turn away from darkness to the light. They will turn away from the power of Satan, and they will turn to God. Then their sins can be forgiven, and they can be given a place among God's people—those who have been made holy by believing in me."

19 Paul continued speaking: "King Agrippa, after I had this vision from heaven, I obeyed it.

20 I began telling people to change their hearts and lives and turn back to God. And I told them to do what would show that they had really changed. I went first to people in Damascus. Then I went to Jerusalem and to every part of Judea and told the people there. I also went to the non-Jewish people.



21 "This is why the Jews grabbed me and were trying to kill me at the Temple.

22 But God helped me, and he is still helping me today. With God's help I am standing here today and telling all people what I have seen. But I am saying nothing new. I am saying only what Moses and the prophets said would happen.

23 They said that the Messiah would die and be the first to rise from death. They said that he would bring the light of God's saving truth to the Jewish people and to the non-Jewish people."

# CONCLUSION



Our lives are full of experiences that shape who we are and how we make our way.

But when our paths have been difficult, it can be tough to move forward, and the future can feel hopeless.

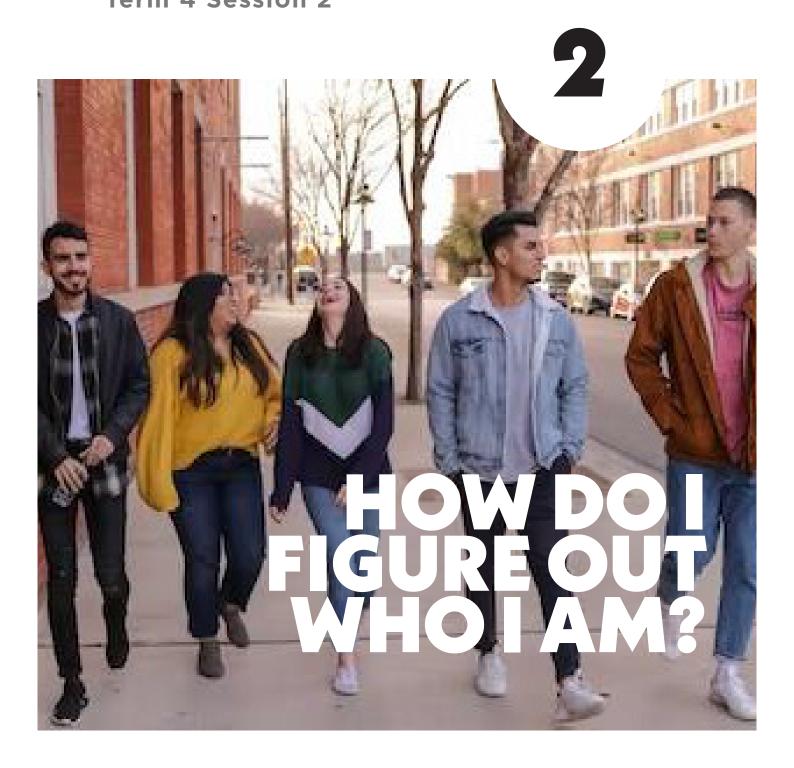
The Good News is that Jesus is always beside us and goes with us on the way.

Just like Paul, Jesus can use our pasts to transform our future.

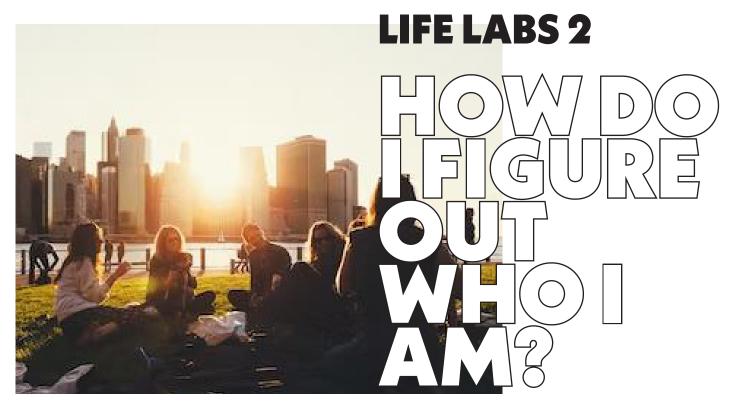




# **GROUP MATERIAL**Term 4 Session 2



### INTRODUCTION



Life is constantly changing and so are we. Who we were five years ago is different to who we are today.

We grow taller, make new friends, enjoy different hobbies and can feel like we're becoming a whole new person. This process of change can be confusing.

We try new things to see if they fit, but sometimes we can struggle to find what's right for us.

If we don't know what's right for us,

we can feel lost or head in the wrong direction. We need to know who we are if we're going to make our way.

How do we figure out who we are?



# PLAY THE PEOPLE BINGO GAME

HOW DID YOU GO WITH THE GAME?

WHAT CATEGORIES DID YOU FIT IN TO?

HOW ARE YOU UNIQUE FROM OTHER PEOPLE IN THE GROUP?

# PEOPLE BINGO



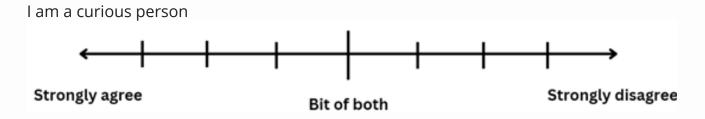
### DO THE ACTIVITY

# DO THE PERSONALITY **QUIZ ACTIVITY**

Take some time to complete the personality guiz below. When you have finished, find a partner and share your answers with each other. Explain why you chose to mark your spot. When you have shared your answers complete the personal reflection.

I do my assessments or chores straight away Strongly disagree Strongly agree Bit of both I like change and trying new things Strongly disagree Strongly agree Bit of both I am a helpful person Strongly agree Strongly disagree Bit of both I am able to recover quickly when things go wrong





# DO THE ACTIVITY

I am always prepared Strongly agree Strongly disagree Bit of both I feel comfortable around new people Strongly agree Strongly disagree Bit of both I often feel anxious about all the things that could go wrong Strongly disagree Strongly agree Bit of both I take care of other people before taking care of myself Strongly agree Strongly disagree Bit of both I like hanging out with my friends in my free time Strongly agree Strongly disagree

Bit of both

# **PERSONAL REFLECTION**

What parts of your personality did others agree with you about?	What did others share that you didn't know about yourself?
What is something that only you know about yourself?	What was something that you learnt about yourself?

# **READ THE SCRIPTURE**

Mark 1:9-11

9 About that time Jesus came from the town of Nazareth in Galilee to the place where John was. John baptized Jesus in the Jordan River.

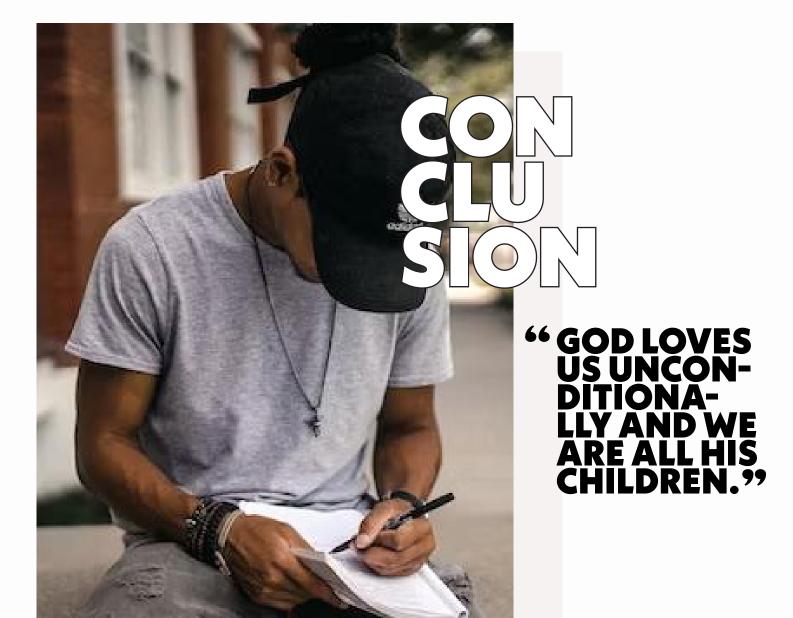
10 As Jesus was coming up out of the water, he saw the sky torn open. The Spirit came down on him like a dove.

11 A voice came from heaven and said, "You are my Son, the one I love. I am very pleased with you."





# CONCLUSION



Life is constantly changing and so do we.

This process of change can be confusing.

If we don't know what's right for us, we can feel lost or head in the wrong direction.

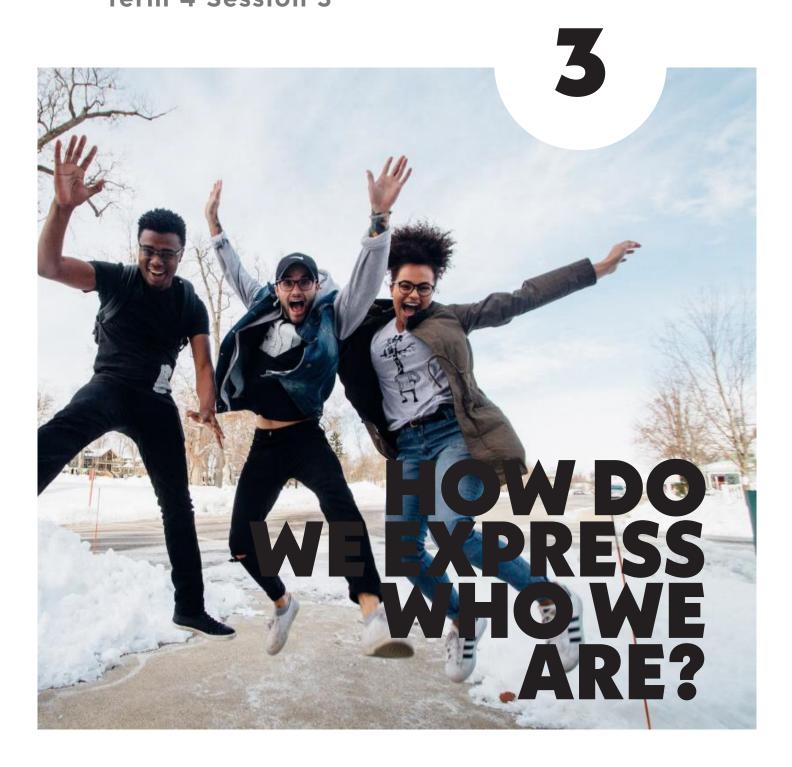
The Good News is that God loves us unconditionally and we are all his children.

While we figure out who we are, we know that God loves us, and that can help us make our way.

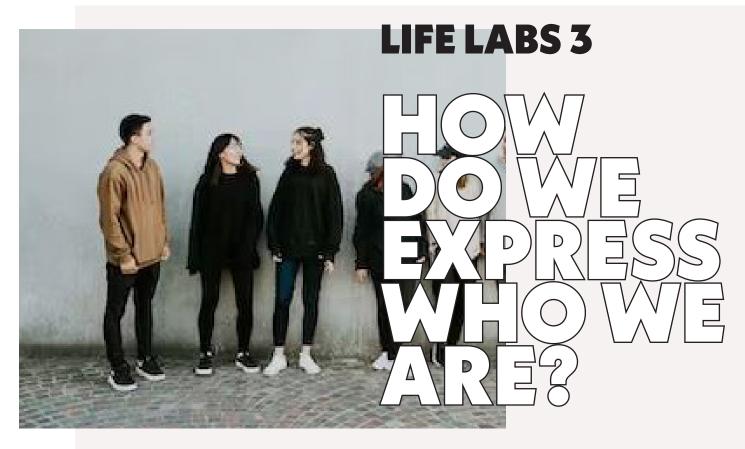




# **GROUP MATERIAL**Term 4 Session 3



### INTRODUCTION



We all go through a process of discovering what makes us who we are and how we express ourselves.

You may have a passion for basketball, so you find time throughout the week to play in a team. You might also wear basketball themed clothes and watch it on T.V.

Our identity is made up of more than our hobbies and what we wear.

Our identity is who we are, what is

important to us and what makes us special.

Sometimes what makes us who we are might not be encouraged or accepted by others.

When our identities are discouraged, we can feel shame or confusion about who we are and might feel afraid to express ourselves.

But if we can't express ourselves, we feel like we have to hide who we are and can struggle to connect with others and ourselves.

How do we express who we are?



# PLAY THE TABOO GAME

HOW DID YOU GO WITH THE GAME?

OT DEWOLLD TOUR SELECTION WORDS?

# DO THE CHARACTER ROLE PLAY ACTIVITY

# 

Hobbies: \_\_

Draw or print a photo of yourself here!

### READ THE SCRIPTURE

# Mark 14:3-9

3 Jesus was in Bethany at the house of Simon the leper. While he was eating there, a woman came to him. She had an alabaster jar filled with expensive perfume made of pure nard. She opened the jar and poured the perfume on Jesus' head.

4 Some of the followers there saw this. They were upset and complained to each other. They said, "Why waste that perfume?

5 It was worth a full year's pay. It could have been sold and the money given to those who are poor." And they





told the woman what a bad thing she had done.

6 Jesus said, "Leave her alone. Why are you giving her such trouble? She did a very good thing for me.

7 You will always have the poor with you, and you can help them any time you want. But you will not always have me.

8 This woman did the only thing she could do for me. She poured perfume on my body before I die to prepare it for burial.

9 The Good News will be told to people all over the world. And I can assure you that everywhere the Good News is told, the story of what this woman did will also be told, and people will remember her."

# **CONCLUSION**



We all go through a process to figure out who we are and how we express ourselves.

Sometimes this can be challenging, and we can feel disconnected from ourselves or shamed by others.

The Good News is that Jesus accepts and celebrates us.

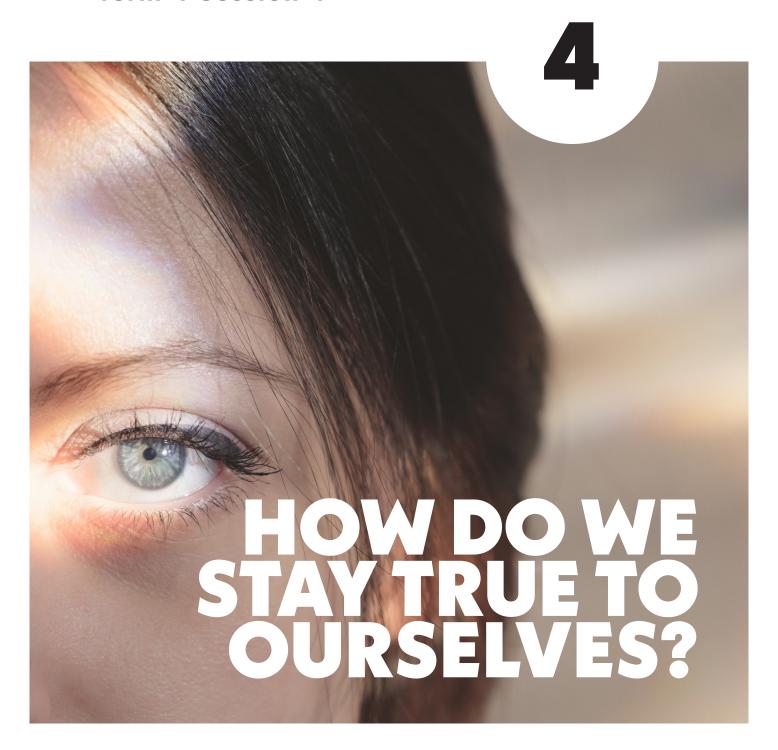
Just like the woman who anoints Jesus, we can be confident in who we are, expressing ourselves regardless of whether others accept us.





# **GROUP MATERIAL**

Term 4 Session 4



### INTRODUCTION



We've all heard the saying 'you do you'. We want to be ourselves and stay true to what makes us who we are, but this can be difficult when we face challenges.

Sometimes difficult circumstances, like poverty or discrimination, mean that we don't have the opportunity to be ourselves. Sometimes our friends persuade us to do things we normally wouldn't.

Sometimes we are faced with tough choices, and we know if we do what we think is right, there will be difficult consequences.

But when we do things that go against our values, we can feel regret or shame.

How do we stay true to ourselves?



# PLAY THE CORNER CONFUSION GAME

HOW DID YOU GO WITH THE GAME?

WHAT DID YOU DO TO MAKE SURE YOU WENT TO THE RIGHT GORNERS

HOW DO YOU KNOW IF YOU'RE GHOOSING THE RIGHT PATH FOR YOUR LIFE?

# **DO THE ACTIVITY**

# DO THE VALUES WALK ACTIVITY

Rank these values based on how important they are to you (1=most important, 10= least important):

Honesty		
Respect	,	
Compassio	n.	
Compassio	,	
Loyalty		
Kindness	,	
Congresity	,	
Generosity		
Teamwork		
Gratitude		
Authenticit	ty	
Fairness		

### **READ THE SCRIPTURE**

Luke 6:6-11

6 On another Sabbath day Jesus went into the synago-gue and taught the people. A man with a crippled right hand was there.

7 The teachers of the law and the Pharisees were watching Jesus closely. They were waiting to see if he would heal on the Sabbath day. They wanted to see him do something wrong so that they could accuse him.

8 But Jesus knew what they were thinking. He said to the man with the crippled hand,





"Get up and stand here where everyone can see." The man got up and stood there.

9 Then Jesus said to them, "I ask you, which is the right thing to do on the Sabbath day: to do good or to do evil? Is it right to save a life or to destroy one?"

10 Jesus looked around at all of them and then said to the man, "Hold out your hand." The man held out his hand, and it was healed.

11 The Pharisees and the teachers of the law got so mad they couldn't think straight. They talked to each other about what they could do to Jesus.

# CONCLUSION



We want to be ourselves and stay true to what makes us who we are, but sometimes it can be difficult to stay true to ourselves when we face challenges.

When Jesus saw the man with a crippled hand, he helped him despite what others thought.

The Good News is that when we follow Jesus and are true to ourselves, we can do what is good and make a difference in the world.

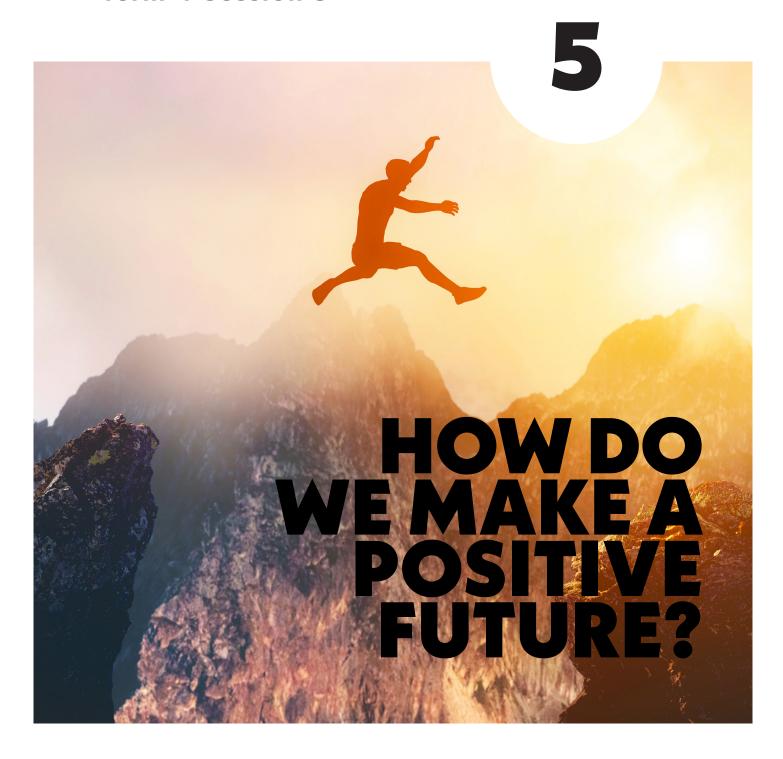
"WHEN WE FOLLOW JESUS AND ARE TRUE TO OUR-SELVES, WE CAN DO WHAT IS GOOD AND MAKE A DIFFEREN-CE IN THE WORLD."





# **GROUP MATERIAL**

Term 4 Session 5



# INTRODUCTION



We want the future to be positive. We want a great life for ourselves, those around us to be happy and the world to be a better place.

But when we see our friends who are lonely, people in our community stuck in poverty and natural disasters all over the world, we can question our ability to make a difference. We can ask 'do we have anything special to contribute?' and wonder if one person can really make a difference.

When we don't know what we have to offer, we can give up hope that the future can be positive.

How do we make a positive future?

"WE CAN ASK 'DO WE HAVE ANYTHING SPECIAL TO CONTRIBUTE?



# PLAY THE CAN I HELP YOU? GAME

HOW DID YOU GO WITH THE GAME?

WEREYOUTHE QUICKEST TO ASK "CAN I HELD YOU?"?

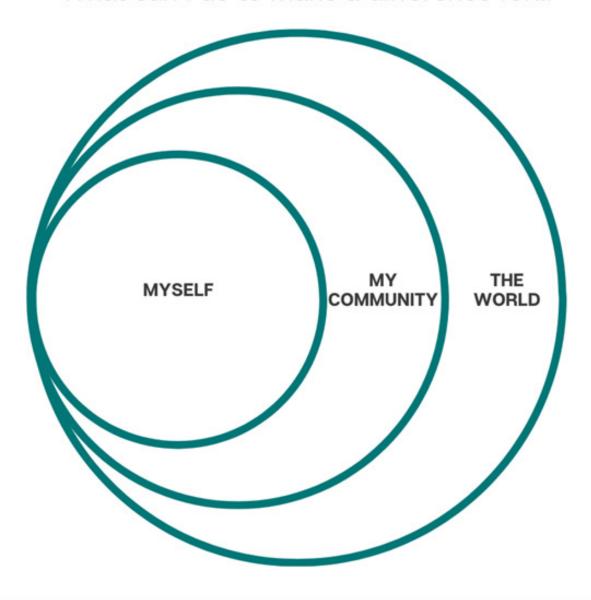
HOW DO YOU HELP OTHER PEOPLE?

# DO THE GREAT SHOE TIE ACTIVITY

# **DO THE ACTIVITY**

# PLACES I HELP BRAINSTORM

What can I do to make a difference for...



### READ THE SCRIPTURE

John 6:1-14

Later, Jesus went across Lake Galilee (also known as Lake Tiberias).

2 A great crowd of people followed him because they saw the miraculous signs he did in healing the sick.

3 Jesus went up on the side of the hill and sat there with his followers.

4 It was almost the time for the Jewish Passover festival.

5 Jesus looked up and saw a crowd of people coming toward him. He said to Philip, "Where can we buy enough bread for all these people to eat?"





6 He asked Philip this question to test him. Jesus already knew what he planned to do.

7 Philip answered, "We would all have to work a month to buy enough bread for each person here to have only a little piece!"

8 Another follower there was Andrew, the brother of Simon Peter. Andrew said,

9 "Here is a boy with five loaves of barley bread and two little fish. But that is not enough for so many people."

10 Jesus said, "Tell everyone to sit down." This was a place with a lot of grass, and about 5000 men sat down there.

11 Jesus took the loaves of bread and gave thanks for them. Then he gave them to the people who were waiting to eat. He did the same with the fish. He gave them as much as they wanted.

12 They all had plenty to eat. When they finished, Jesus said to his followers, "Gather the pieces of fish and bread that were not eaten. Don't waste anything."

13 So they gathered up the pieces that were left. The people had started eating with only five loaves of barley bread. But the followers filled twelve large baskets with the pieces of food that were left.

14 The people saw this miraculous sign that Jesus did and said, "He must be the Prophet who is coming into the world."

# CONCLUSION



It can be challenging to make a positive future if we feel as though we don't have anything to offer.

We can question ourselves and feel hopeless about the future.

The Good News is that just like the boy with the loaves and fishes, Jesus can use what we have to make the world a better place.

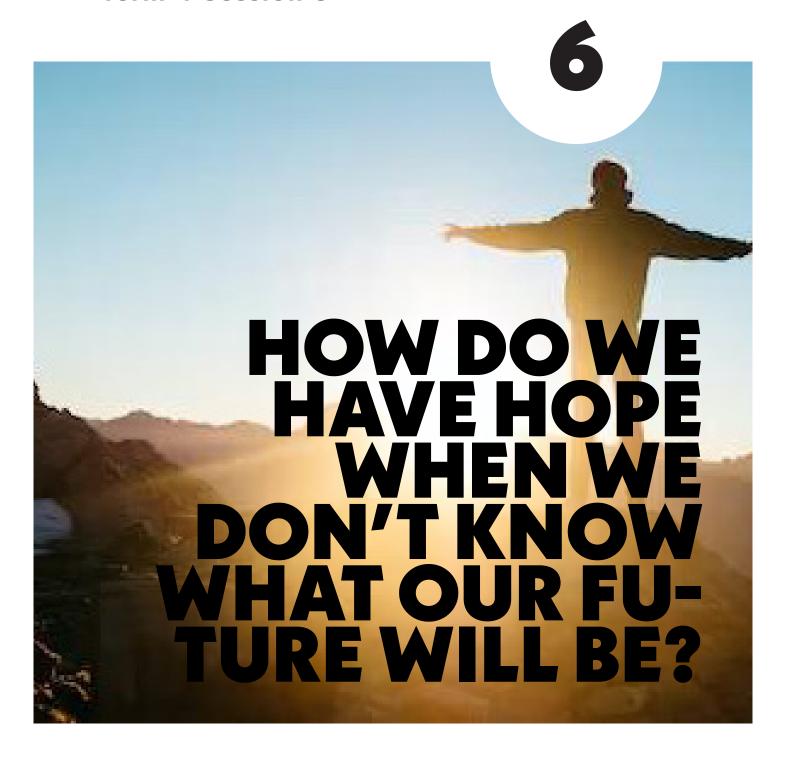
When we offer what we have to help others, we can be hopeful for a positive future for everyone.





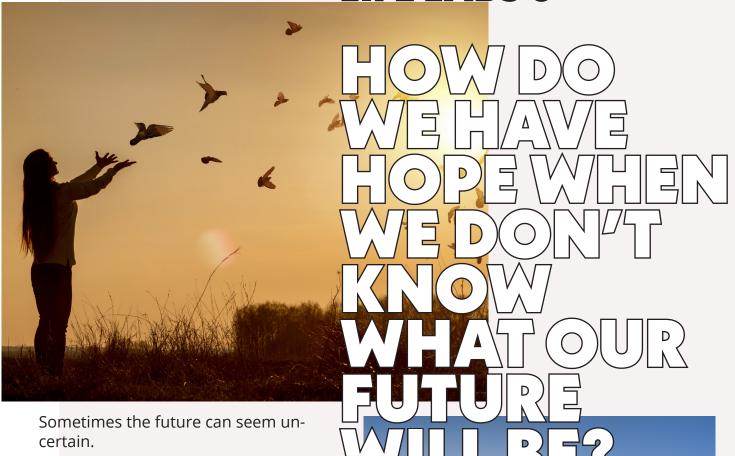
# **GROUP MATERIAL**

Term 4 Session 6



# INTRODUCTION

LIFE LABS 6



We have to choose what subjects we will study, who we will spend time with and where we want to live.

We have so many paths to choose from but don't know what they will mean for our future.

When we don't know what our futures will be, we can feel stressed, anxious and overwhelmed at the potential

challenges we might face.

How do we have hope when we don't know what our future will be? "WE HAVE SO MANY PATHS TO CHOOSE FROM BUT DON'T KNOW WHAT THEY WILL MEAN FOR OUR FUTURE."

TURE."

"WE HAVE SO MANY PATHS TO GO WE FAME OF THE WILL MANY PATHS TO GO WE FAME OF THE WILL MANY PATHS TO GO WE FAME OF THE WILL MANY PATHS TO WE WE WE WILL MANY PATHS TO WE WE WE WILL MANY PATHS TO WE WE WE WE WILL MANY PATHS TO WE WE WE WE WANT FOR WE WE WE WE WE WANT FOR WE WE WE WE WE WANT FOR WE WE WE WE WANT FOR W

# PLAY THE NUMBER HOCKEY GAME

HOW DID YOU GO WITH THE GAME?

WEREYOU ALWAYS READY WHEN YOUR NUMBER WAS CALLED?

HOW DO YOU RESPOND WHEN SOMETHING
SEXPECTED HAPPENS?

# DO THE COLLABORATIVE CONSTRUCTION ACTIVITY

#### DO THE ACTIVITY

Think of a decision you will have to make about your future. This might be subject choices or where you want to live – anything that will affect your future. When you have thought of something, answer the following: Step 1: What do you need to decide? Step 2: What are the choices or options you have? Step 3: What are the Pros (positives) and Cons (negatives)? **Step 4: Which choice is more consistent with you own values** or beliefs? Step 5: Who could you talk to for helpful, wise advice? Step 6: What is your decision? Why do you think it is the right

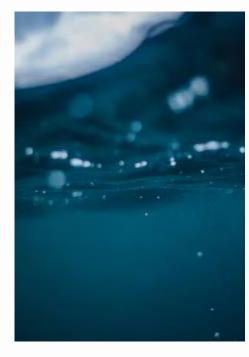
or best decision?

Matthew 14:22-3

22 Then Jesus made the followers get into the boat. He told them to go to the other side of the lake. He said he would come later. He stayed there to tell everyone they could go home.

23 After Jesus said goodbye to the people, he went up into the hills by himself to pray. It was late, and he was there alone.

24 By this time the boat was already a long way from shore. Since the wind was blowing against it, the boat was having trouble because of the waves.





25 Between three and six o'clock in the morning, Jesus' followers were still in the boat. Jesus came to them. He was walking on the water.

26 When they saw him walking on the water, it scared them. "It's a ghost!" they said, screaming in fear.

27 But Jesus quickly spoke to them. He said, "Don't worry! It's me! Don't be afraid."

28 Peter said, "Lord, if that is really you, tell me to come to you on the water."

29 Jesus said, "Come, Peter." Then Peter left the boat and walked on the water to Jesus.

30 But while Peter was walking on the water, he saw the wind and the waves. He was afraid and began sinking into the water. He shouted, "Lord, save me!"

31 Then Jesus caught Peter with his hand. He said, "Your faith is small. Why did you doubt?"

32 After Peter and Jesus were in the boat, the wind stopped.

33 Then the followers in the boat worshiped Jesus and said, "You really are the Son of God."

#### CONCLUSION

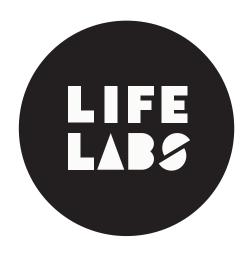


Sometimes the future can seem uncertain. We have so many paths to choose from but don't know what they will mean for our future.

When we don't know what our futures will be, we can feel stressed, anxious and overwhelmed at the potential challenges we might face.

The Good News is that, just like Peter, we can find the confidence to move forward when we look to Jesus.

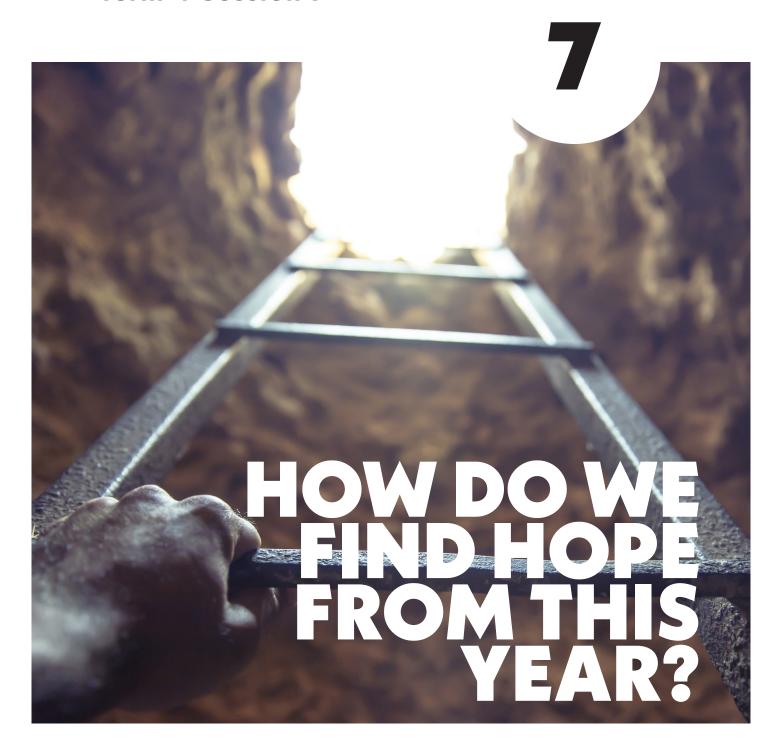
When we feel overwhelmed about our future, we can remember Jesus is with us and can help us when we struggle.



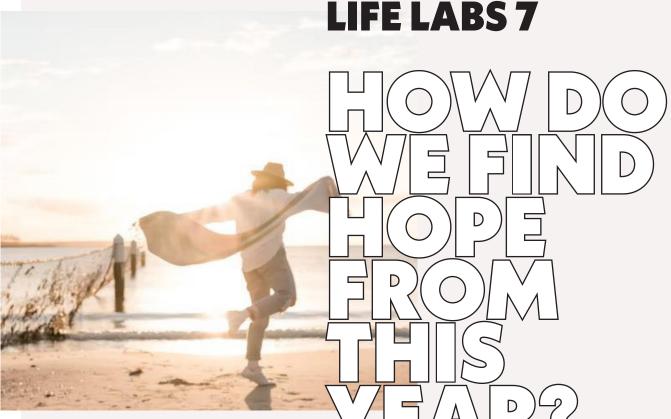


#### **GROUP MATERIAL**

Term 4 Session 7



#### INTRODUCTION



A lot can happen in a year. Maybe you've had a great year and met new friends, had fun and did well at school.

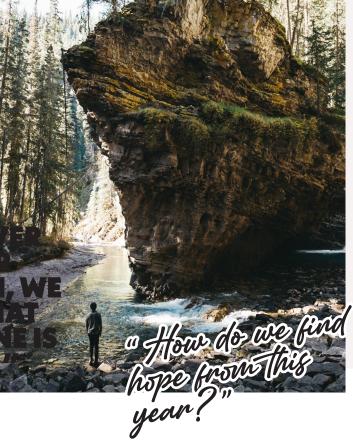
Maybe you've had a tough year and lost someone you love, felt alone or struggled to find happiness. Or maybe you've had a mixed year of ups and downs.

Whatever our year has been, we know that a new one is coming.

When we look back at this year, we can find hope that helps us feel confident for the future ahead.

How do we find hope from this year?

"WHATEY OUR YEA HAS BEEN KNOW TH A NEW OI COMING



#### **PLAY THE GAME**

#### PLAY THE 2023 TRIVIA GAME



How well do you remember this year?

101111001 11110 / 00111

#### **PLAY THE GAME**

### Write down 3 positive memories from the year.

1.	
3.	
• ,	

#### **DO THE ACTIVITY**

# DO THE PICTURE MY YEAR ACTIVITY

Luke 74:13-35

13 That same day two of Jesus' followers were going to a town named Emmaus. It is about seven miles from Ierusalem.

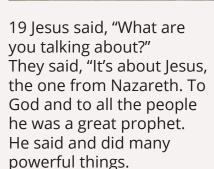
14 They were talking about everything that had happened.

15 While they were talking, discussing these things, lesus himself came near and walked with them.

16 (But the two men were not allowed to recognize Jesus.)

17 He asked them, "What's this I hear you discussing with each other as you walk?" The two men stopped, their faces looking very sad.

18 The one named Cleopas said, "You must be the only person in Jerusalem who doesn't know what has just happened there."



20 But our leaders and the leading priests handed him over to be judged and killed. They nailed him to a cross.

21 We were hoping that he would be the one to free Israel. But then all this is true. You should believe happened. "And now something else: It has been three days since he was killed,

22 but today some of our women told us an amazing thing. Early this morning they went to the tomb where the body of lesus was laid.

23 But they did not find his body there. They came and told us they had seen some angels in a vision. The angels told them Jesus was alive!

24 So some of our group went to the tomb too. It was just as the women said. They saw the tomb, but they did not see Jesus."

25 Then Jesus said to the two men, "You are foolish and slow to realize what everything the prophets said.

26 The prophets said the Messiah must suffer these things before he begins his time of glory."

27 Then he began to explain everything that had been written about himself in the Scriptures. He started with the books of Moses and then he talked about what the prophets had said about him.

28 They came near the town of Emmaus, and Jesus acted as if he did not plan to stop there.

29 But they wanted him to stay. They begged him, "Stay with us. It's almost night. There's hardly any daylight left." So he went in to stay with them.

30 Joining them at the supper table, Jesus took some bread and gave thanks. Then he broke some off and gave it to them.

31 Just then the men were allowed to recognize him. But when they saw who he was, he disappeared.





32 They said to each other, "When he talked to us on the road, it felt like a fire burning in us. How exciting it was when he explained to us the true meaning of the Scriptures!"

33 So the two men got up then and went back to Jerusalem. There they found the followers of Jesus meeting together. The eleven apostles and the people with them

34 said, "The Lord really has risen from death! He appeared to Simon."

35 Then the two men told what had happened on the road. They talked about how they recognized Jesus when he shared the bread with them.

#### CONCLUSION



WHATEVER
OUR YEAR
HAS BEEN,
WE KNOW
THAT A NEW
ONE IS
COMING
AND WANT
TO FEEL
CONFIDENT
ABOUT THE
FUTURE
ALIEAD ??

A lot can happen in a year. Maybe you've had a great year, a tough year or a mix of ups and downs

Whatever our year has been, we know that a new one is coming and want to feel confident about the future ahead.

The Good News is that just like the disciples, we can look at our past and see that Jesus was with us.

When we look back, we can see Jesus in our year and have hope that he will be with us in the future too.



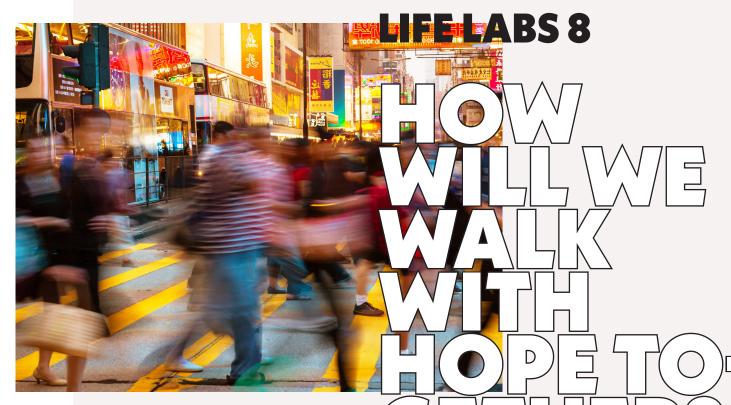


#### **GROUP MATERIAL**

Term 4 Session 8



#### **INTRODUCTION**



This year we've looked at how we can walk with hope as we make our way.

We know that on our paths we can find hope in the people who support us, the places we feel safe and a God who loves us.

But sometimes we can still feel alone, lost and unsure of our paths.

We need people who will walk the path with us and help us find hope when we need it.

How do we walk with hope together?

"WE KNOW THAT
ON OUR PATHS WE
CAN FIND HOPE IN
THE PEOPLEWHO
SUPPORT US, THE
PLACES WE FEEL
SAFE AND A GOD
WHO LOVES US."

#### **PLAY THE GAME**

#### PLAY THE LINK CHASEY GAME

HOW DID YOU GO WITH THE CAME?

WAS IT EASY TO WORK TO GETHER WHEN
YOU WIERE LINKIED?

## DO THE ENCOURAGEMENT CIRCLE ACTIVITY

Write down your favourite encouragements from the activity.			
Write down the name of someone not in the group who is struggling that you could encourage later.			

29 When Jesus and his followers were leaving Jericho,

a large crowd followed him.

30 There were two blind men sitting by the road. They heard that Jesus was coming by. So they shouted, "Lord, Son of David, please help us!"

31 The people there criticized the blind men and told them to be quiet. But they shouted more and more, "Lord, Son





32 Jesus stopped and said to them, "What do you want me to do for you?"

33 They answered, "Lord, we want to be able to see."

34 Jesus felt sorry for the blind men. He touched their eyes, and immediately they were able to see. Then they became followers of Jesus.

#### CONCLUSION





WE NEED
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This year we've looked at how we can walk with hope as we make our way, but sometimes we can still feel alone, lost and unsure of our paths.

We need people who will walk the path with us, encourage us and help us find hope when we need it. The Good News is that just like the blind men, Jesus can help us find our way.

When we follow Jesus we can walk with hope into the future, together.