



LEADER MATERIAL
Term 2 Session 1

1



**HOW DO I
MAKE
SENSE OF
MY LIFE?**

LIFE LABS 1 | HOW DO I MAKE SENSE OF MY LIFE?

HOW TO RUN A SESSION:

STEP 1:

Read introduction, then play the game

STEP 2:

Do the activity then discuss the questions

STEP 3:

Read the Scripture, discuss the questions

STEP 4:

Read the conclusion, close the session



EQUIPMENT NEEDED FOR THE SESSION:

- Dice
- 6 signs labelled 1-6
- Music playing device



SESSION OUTLINE

Purpose:

The purpose of this session is to give young people tools for reflection to help them make sense of their lives.

Game:

The 'Dice Frenzy' game gets young people to experience what it is like to think and act quickly.

Activity:

The 'Examen' activity shows young people how to reflect on their lives.

Scripture:

The Scripture 1 Thessalonians 5:16-22 encourages young people to reflect upon and assess their lives.

STEP 1

READ INTRODUCTION, PLAY THE GAME (10 MINUTES)

Life can be busy. We can get so caught up in school, friends and different opportunities that come our way that we don't really take a moment to think about where we are going.

If we don't know the direction our lives are heading, we may feel anxious, out of place, or lost.

To figure out our direction we have to make sense of our lives answering questions like 'where we are', 'what we want', and 'how we get there'.

So, how do we make sense of our lives?

As a way to begin thinking about this, let's play the Dice Frenzy game.

*"So, how do we
make sense of
our lives?"*

STEP 1

PLAY THE DICE FRENZY GAME

EQUIPMENT:

- Dice
- 6 signs labelled 1-6

Set up: Place 6 signs evenly spaced around the room with the numbers 1-6 on them.

- Participants start in the middle of the room and the leader rolls the dice and yells out the number rolled.
- Participants run to the sign that is one less than the number rolled (e.g. roll a 6, the correct sign is 5).
- Explain that if a 1 is rolled that the correct answer would loop round to 6.
- The last person to the correct sign gets a point. At the end of the game the person with the least amount of points wins.
- If participants find the game too easy the leader can change the rules. For example, add 2 (If a 5 is rolled 1 is correct, if a 6 is rolled 2 is correct).

HOW DID YOU GO WITH THE GAME? WAS IT EASY TO MAKE DECISIONS QUICKLY? DID YOU EVER GO THE WRONG DIRECTION?

STEP 2

DO ACTIVITY, THEN DISCUSS QUESTIONS (15 MINUTES)

HOW TO DO THE EXAMEN ACTIVITY

LEADERS, WATCH THE PARTICIPANTS FOR:

- What they say to each other
- What they find hard
- What they find easy
- What worked
- What caused conflict

EQUIPMENT:

- Device for playing music
- For this activity lead the young people through the Examen, a common Christian tool for reflection.
- To prepare, set up your space so young people can be separate and comfortable. If you like, you could have music playing softly in the background.
- To do the Examen work through the following script with young people, giving about 30 seconds between each question to sit and reflect.

“For this activity we will do the Examen, a common Christian reflection practice. What that means is that we are going to take some time to sit quietly and think about our experiences, how we felt about them, and where we might see God in them.

Find a space by yourself where you feel comfortable. We will close our eyes as I read questions and you think about your answers. This will take about 5 minutes.

Think over your last week. Think about everything that happened. What were some highs? What were the times you felt most happy, excited, or alive?

STEP 2

THINK OVER YOUR LAST WEEK. THINK ABOUT EVERYTHING THAT HAPPENED. WHAT WERE SOME HIGHS? WHAT WERE THE TIMES YOU FELT MOST HAPPY, EXCITED, OR ALIVE?

What are you thankful for?

What would you do differently from this week?

When you look back at your week and all these moments, where have you seen God? It may have been moments of joy, friendship, peace or comfort.

What are you looking forward to? What do you hope for next week?

STEP 2

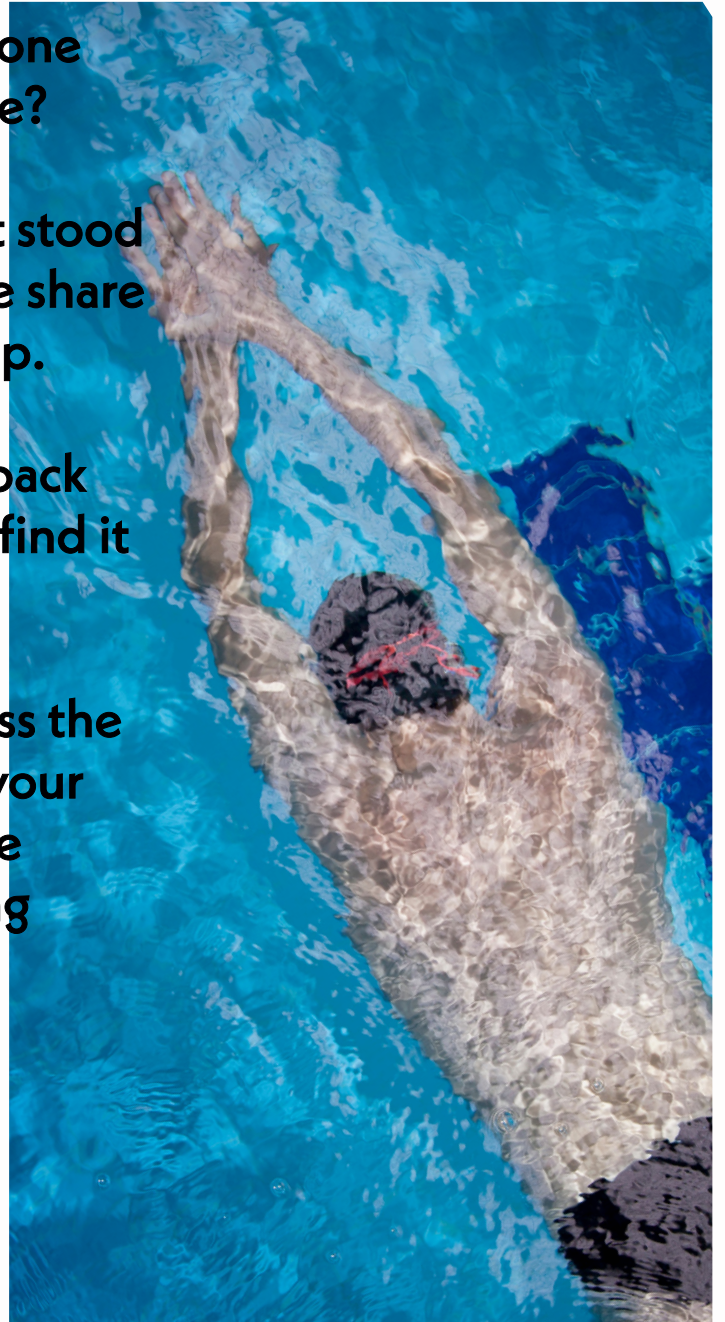
DISCUSS THE ACTIVITY

How did you go with the activity? Have you ever done something like that before?

What was something that stood out to you? If comfortable share a reflection with the group.

How did you go looking back over your week? Did you find it helpful?

What do you do to process the experiences you have in your life? What helps you make sense of what you're going through?



**IN THE GROUP MATERIAL: GUIDE TO DO THE EXAMEN
AT HOME.**

STEP 3

READ THE SCRIPTURE, DISCUSS THE QUESTIONS (15 MINUTES)

1 THESSALONIANS 5:16-22

¹⁶Always be joyful.

¹⁷Never stop praying.

¹⁸Be thankful in all circumstances, for this is God's will for you who belong to Christ Jesus.

¹⁹Do not stifle the Holy Spirit.

²⁰Do not scoff at prophecies,

²¹but test everything that is said. Hold on to what is good.

²²Stay away from every kind of evil.



STEP 3

DISCUSS THESE TOPIC QUESTIONS

What do you think about what we just read? How do you think it might relate to how we make sense of our lives?

The scripture says to hold on to what is good and stay away from evil. How do you know what good and evil are?

The scripture speaks about being thankful, and we know from current research that thinking about what you are grateful for is good for your health. Sometimes this can be difficult. How do you find things you are grateful for?

There are lots of people who speak into our lives. Sometimes these words can shape us for the better and sometimes these words can hurt us. How do we know what people speak over us is true? How do you test what you hear?

STEP 4

READ THE CONCLUSION, CLOSE THE SESSION (15 MINUTES)

READ THE CONCLUSION

Life can be busy.

We can get so caught up that we don't take a moment to think about where we are going or make sense of our lives.

The Good News is that even when we feel out of place or lost, there are ways we can pause and reflect with Jesus.

When we take time to reflect, we can make sense of our lives.



ASK THE GROUP:


- Get each person to share a takeaway from the session.
- Ask if anybody wants to discuss anything further about this topic with a leader or support person.
- Remind them when the next session is.

CLOSE THE SESSION



LEADER MATERIAL
Term 2 Session 2

2

A close-up photograph of two hands clasped together in a prayerful grip. The hands are positioned in the center of the frame, with the fingers of one hand interlaced with the fingers of the other. The person's arms are wearing a light-colored, possibly white, long-sleeved garment with a fringed or beaded edge. The background is a soft, out-of-focus light, suggesting an outdoor setting with natural light.

**HOW DO
WE KNOW
WHAT
JESUS IS
LIKE?**

LIFE LABS 2 | HOW DO WE KNOW WHAT JESUS IS LIKE?

HOW TO RUN A SESSION:

STEP 1:

Read introduction, then play the game

STEP 2:

Do the activity then discuss the questions

STEP 3:

Read the Scripture, discuss the questions

STEP 4:

Read the conclusion, close the session



EQUIPMENT NEEDED FOR THE SESSION:

- Bibles
- Internet access e.g. computers or smartphones



SESSION OUTLINE

Purpose:

The purpose of this session is to help young people consider how their understanding of Jesus is formed.

Game:

The 'Who Am I?' game gets young people to think about what information is important to identify someone and how they learn that information.

Activity:

The 'Jesus Quiz' activity helps young people consider where they get information about Jesus.

Scripture:

The Scripture Luke 1:1-4 explores how the scriptures are the best account of what Jesus was like.

STEP 1

READ INTRODUCTION, PLAY THE GAME (10 MINUTES)

There are a lot of voices in society that we can choose to listen to.

When we are looking for guidance, it can be hard to know which voice will be helpful.

Some people look to Jesus for guidance, but what does that mean? There's lots of different ideas about what Jesus is like.

Some of them are facts and some of them are opinions. How do we know what Jesus is really like?

As a way to begin thinking about this, let's play the 'Who Am I' game.

"How do we know what Jesus is really like?"

STEP 1

PLAY THE WHO AM I? GAME

- Participants choose a celebrity or someone every in the group knows. They write down 5 facts they know about the celebrity in the group material.
- Participants take turns reading out their facts to the group. The first person to guess the celebrity gets a point.
- Continue until every participant has read out their facts.

HOW DID YOU GO WITH THE GAME? HOW
DID YOU DECIDE WHAT FACTS TO
WRITE DOWN? HOW DID YOU KNOW
THOSE FACTS?

**IN THE GROUP MATERIAL: SPACE TO WRITE THEIR FIVE
FACTS.**

STEP 2

DO ACTIVITY, THEN DISCUSS QUESTIONS (15 MINUTES)

HOW TO DO JESUS QUIZ ACTIVITY

LEADERS, WATCH THE PARTICIPANTS FOR:

- What they say to each other
- What they find hard
- What they find easy
- What worked
- What caused conflict

EQUIPMENT:

- Bibles, Internet access e.g. computers or smartphones.
- Participants have 10 minutes to complete the quiz in the group material.
- Participants can use any source they want to find answers. E.g. google, books, friends, the Bible etc.
- After 10 minutes reveal the answers. You can also share where you could have found the answers and some background information.

Questions and answers.

1. Jesus was a real person in history. True or false?

A: True. Historical evidence and the bible.

2. Before Jesus started his ministry what was his job?

A: Tradie (general tradesperson but will accept carpenter)

3. Jesus was an only child. True or false.

A: False. Mark 3:31, for example.

4. Who was the Roman Emperor at the time of Jesus' birth?

A: Caesar Augustus. Luke 2:1.

5. Which was Jesus' hometown: a) Bethlehem b) Jerusalem c) Nazareth.

A: c) Nazareth. Mark 6:1, for example.

STEP 2

6. Jesus' last name was Christ. True or false.

A: False. 'Christ' is a title.

7. Jesus was: a) a Christian b) a Jew c) a Roman.

A: b) a Jew. Jesus was Jewish. Jesus' followers were only called Christians after Jesus' death and resurrection.

8. We know what Jesus looked like based off descriptions and the time that he lived. True or false.

A: False. There is no information about what Jesus looked like, even if we can guess some elements.

9. Where did Jesus live during his ministry?

A: Jesus moved around during his ministry. He did not call a single place "home". Luke 9:58, for example.

10. Jesus didn't let women follow him. True or false.

A: False. Luke 8:1-3, for example.

STEP 2

DISCUSS THE ACTIVITY

How did you go with the activity? Were there any answers that surprised you?

What sources of information did you use to answer the questions? What was the most helpful?

Did you ever find an incorrect answer in your research? What gave you confidence information was correct?

Did you know any of these answers before looking them up? How have you learnt about Jesus before?



IN THE GROUP MATERIAL: SPACE FOR YOUNG PEOPLE TO COMPLETE THE QUIZ.

STEP 3

READ THE SCRIPTURE, DISCUSS THE QUESTIONS (15 MINUTES)

LUKE 1:1-4

¹Many people have set out to write accounts about the events that have been fulfilled among us.

²They used the eyewitness reports circulating among us from the early disciples.

³Having carefully investigated everything from the beginning, I also have decided to write an accurate account for you, most honourable Theophilus,

⁴so you can be certain of the truth of everything you were taught.



STEP 3

DISCUSS THESE TOPIC QUESTIONS

What do you think about what we just read? How do you think it might relate to how do we know what Jesus is like?

Just like Luke says in the scripture, many people have opinions about Jesus. What have you heard others say about Jesus?

Luke learnt about Jesus by talking to others. What do you know about Jesus? How have you learnt what you know?

Luke wrote his account so that Theophilus can trust what he has been taught about Jesus. What do you think about how trustworthy the Bible is? How does the Bible help you know what Jesus is like?

**IN THE GROUP MATERIAL: INFORMATION ABOUT
WHAT THE BIBLE IS AND HOW IT WAS PUT TOGETHER.**

STEP 3

The Bible is a huge book made up of a collection of smaller books that God has given his people. These books were written over a long period of time, but they all come together to tell one unified story that ultimately points to Jesus.

The Old Testament was fully established by the time Jesus was born, and the New Testament was written by the apostles or people closely connected to an apostle and established by the 4th Century.

The books included in the New Testament were decided by three factors: what they said about Jesus, if they were being used by the churches already, and a connection to an apostle.

The Bible is structured by groups of themes. These themes point to the overall message of the Bible, which is God's love for his people, and the redemption and life that Jesus brings.

If you're interested in finding out more, check out the bibleproject.com or check out the video below via the QR code.

<https://bibleproject.com/explore/video/what-is-bible/> (include as a QR Code)



STEP 4

READ THE CONCLUSION, CLOSE THE SESSION (15 MINUTES)

READ THE CONCLUSION

There are a lot of voices in society that we can choose to listen to for guidance, but it can be hard to know which are helpful.

If we choose to look to Jesus for guidance, we can find different opinions about what he is like. The Good News is we can know who Jesus is through what is written in the Bible.

When we know what Jesus is like we can look to him for guidance.



ASK THE GROUP:

- Get each person to share a takeaway from the session.
- Ask if anybody wants to discuss anything further about this topic with a leader or support person.
- Remind them when the next session is.

CLOSE THE SESSION



LEADER MATERIAL
Term 2 Session 3

3



**HOW DO
WE HEAR
GOD'S
VOICE?**

LIFE LABS 3 | HOW DO WE HEAR GOD'S VOICE?

HOW TO RUN A SESSION:

STEP 1:

Read introduction, then play the game

STEP 2:

Do the activity then discuss the questions

STEP 3:

Read the Scripture, discuss the questions

STEP 4:

Read the conclusion, close the session



EQUIPMENT NEEDED FOR THE SESSION:

- worship music (search for Worship 2023 playlist on Spotify, for example)
- music playing device
- mirror
- art supplies
- chalk or tape
- instruction sheets (see back)



SESSION OUTLINE

Purpose:

The purpose of this session is to help young people find God's guidance by hearing God's voice.

Game:

The 'Captain Confusion' game gets young people to experience the confusion of trying to choose the right voice to listen to.

Activity:

The 'Prayer Station' activity helps young people explore different ways to engage with God's guidance.

Scripture:

The Scripture Matthew 3:13-17 explores a time when God spoke to Jesus to guide and encourage him.

STEP 1

READ INTRODUCTION, PLAY THE GAME (10 MINUTES)

There are moments in our lives when we aren't sure which way to go.

It could be when making decisions about the future or when facing troubles.

In those moments some people look to God for guidance, encouragement, and hope, but hearing from God can be different for each person.

So how do we hear God's voice?

As a way to begin thinking about this, let's play the Captain Confusion game.

"So how do we hear God's voice?"

STEP 1

PLAY THE CAPTAIN CONFUSION GAME

- Choose two 'Captains'. Make one of them 'Captain 1' and the other 'Captain 2'. Go around the group and assign each participant the number 1 or 2 to decide which captain to follow.
- The 'Captains' have a variety of instructions that their group must follow:
 - Captain on deck (Stand at attention while saluting – Can't move until "Captain's gone" instruction)
 - Captain's gone (Blow a raspberry and make a funny face)
 - Scrub the deck (Pretend to scrub the floor)
 - Climb the rigging (Pretend to climb a ladder)
 - Up periscope (Lay on your back with a leg in the air like a submarine)
 - Lifeboats (sit on the ground and row)
- Each Captain monitors their group for mistakes.
- Make sure everyone gets a go as Captain
- Continue the game while still fun.

HOW DID YOU GO WITH THE GAME? WAS IT DIFFICULT TO HEAR THE RIGHT VOICE?

STEP 2

DO ACTIVITY, THEN DISCUSS QUESTIONS (15 MINUTES)

HOW TO DO PRAYER STATIONS ACTIVITY

PREPARATION

- Set up each prayer station with the required materials and printed out instructions, as described below.

ACTIVITY INSTRUCTIONS:

- Explain to the participants that we are going to take some time to try different ways of connecting to and hearing from God.
- The activity will go for 10-15 minutes, with participants having the opportunity to individually try each prayer station.
- Briefly explain each station.
- Be aware that this activity might be new for some young people, and they may need extra guidance.

LEADERS, WATCH THE PARTICIPANTS FOR:

- What they say to each other
- What they find hard
- What they find easy
- What worked
- What caused conflict

EQUIPMENT:

- worship music (search for Worship 2023 playlist on Spotify, for example)
- music playing device
- mirror
- art supplies
- chalk or tape
- instruction sheets (see back)

STEP 2

PRAYER STATIONS:

Worship

Set up: make a comfortable space where young people can listen to worship music. You can have it playing over a speaker, headphones for young people to use, or encourage young people to use their own devices.

Instructions:

Many people connect to God through music. Take some time to listen. Reflect on how you feel, and what God might be saying to you through the song.

How Does God See Me?

Set up: a mirror for young people to look at.

Instructions:

Look at yourself in the mirror. What do you see? What does God see? Do you see similar things?

Draw Your Path

Set up: provide art supplies and paper for young people to draw.

Instructions:

Think about the 'path' your life is on and draw it in your group material. What does the path look like? Where are you heading?

Letter From God

Set up: pens and paper for young people to write letters.

Instructions:

Imagine that God wrote a letter to you. What would it say? What advice would he give? Write the letter out in your group material.

The Labyrinth

Set up: using chalk or tape, mark out the labyrinth design on the ground (see below). There should be enough room for young people to comfortably walk the path.

Instructions:

Enter the Labyrinth. Imagine God is walking with you. Walk at a pace that feels comfortable for you and try to focus on your own path. As you move along the labyrinth imagine your life. All the twists and turns it has taken. What do you feel as you walk the path with God?



STEP 2

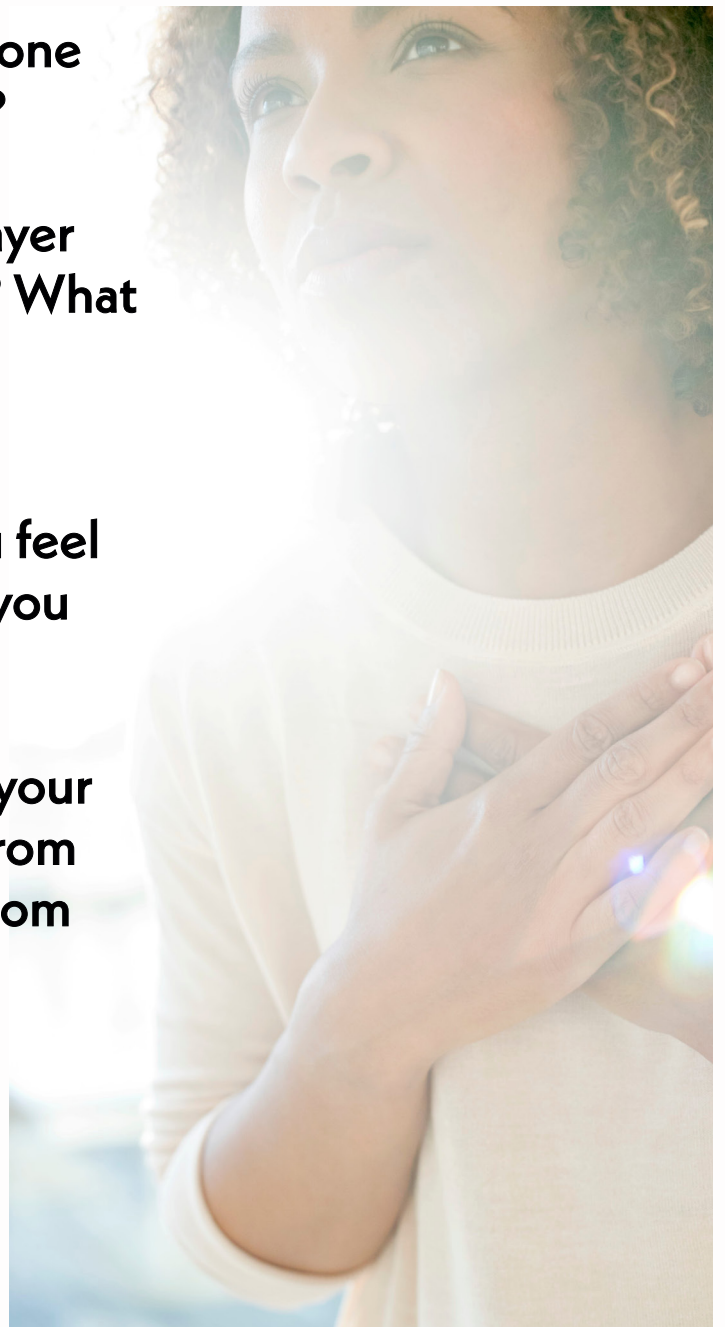
DISCUSS THE ACTIVITY

How did you go with the activity? Have you ever done anything like that before?

Was there a particular prayer station that you enjoyed? What was it about that station?

Did you hear from God during the activity? If you feel comfortable, share what you heard with the group.

Has there been a time in your life that you have heard from God? How do you hear from God for guidance?



STEP 3

READ THE SCRIPTURE, DISCUSS THE QUESTIONS (15 MINUTES)

MATTHEW 3:13-17

¹³Then Jesus went from Galilee to the Jordan River to be baptized by John.

¹⁴But John tried to talk him out of it. "I am the one who needs to be baptized by you," he said, "so why are you coming to me?"

¹⁵But Jesus said, "It should be done, for we must carry out all that God requires." So John agreed to baptize him.

¹⁶After his baptism, as Jesus came up out of the water, the heavens were opened and he saw the Spirit of God descending like a dove and settling on him.

¹⁷And a voice from heaven said, "This is my dearly loved Son, who brings me great joy."



STEP 3

DISCUSS THESE TOPIC QUESTIONS

What do you think about what we just read? How do you think it might relate to hearing God's voice?

In this scripture God loved Jesus, even before he began performing miracles. How does God's love help you when making a decision?

If God spoke from heaven to you, what do you think he would say?

Is there something you do that helps you to hear from God?

**IN THE GROUP MATERIAL: INFORMATION ABOUT
WHAT TO DO WHEN IT FEELS LIKE GOD IS NOT
SPEAKING TO US.**

STEP 3

The Bible is full of stories of God speaking to his people. God spoke to Moses through the burning bush (Exodus 3), to the Prophets, and one time, through a donkey (Numbers 22). We can look at stories like this and think that God speaks like this all the time to people. Yet in the Psalms we see the poets asking “where is God? Why is he hiding?” (Psalms 44:23-26).

Sometimes it seems like God is not speaking or moving at all. This is a very real experience for the people of God throughout history. However, we see from the scriptures that though it may take some time for us to hear God or to see him move, ultimately, he does.

Even if we don't hear directly from God for a period, we can still trust that He is speaking to us in other ways. Here are some different ways we can hear from God:

- Read the bible
- Spend time with other believers
- Listen to worship music
- Spend time quietly alone
- Spend time in nature
- Do something nice for others
- Read a book about your faith
- Volunteer at your church or a non-profit organisation.

You might hear from God doing something you have not tried before. Give it a go!

STEP 4

READ THE CONCLUSION, CLOSE THE SESSION (15 MINUTES)

READ THE CONCLUSION

There are moments in our lives when we aren't sure which way to go, like making decisions or facing troubles.

In those moments some people look to God for guidance, but hearing from God can be different for each person.

The Good News is that God loves us and speaks to us. There are many ways that we can learn to pray and listen to him.



ASK THE GROUP:

- Get each person to share a takeaway from the session.
- Ask if anybody wants to discuss anything further about this topic with a leader or support person.
- Remind them when the next session is.

CLOSE THE SESSION

Worship

Many people connect to God through music. Take some time to listen. Reflect on how you feel, and what God might be saying to you through the song.

How Does God See Me?

Look at yourself in the mirror. What do you see? What does God see? Do you see similar things?

Draw Your Path

Think about the 'path' your life is on and draw it in your group material. What does the path look like? Where are you heading?

Letter From God

Imagine that God wrote a letter to you. What would it say? What advice would he give? Write the letter out in your group material.

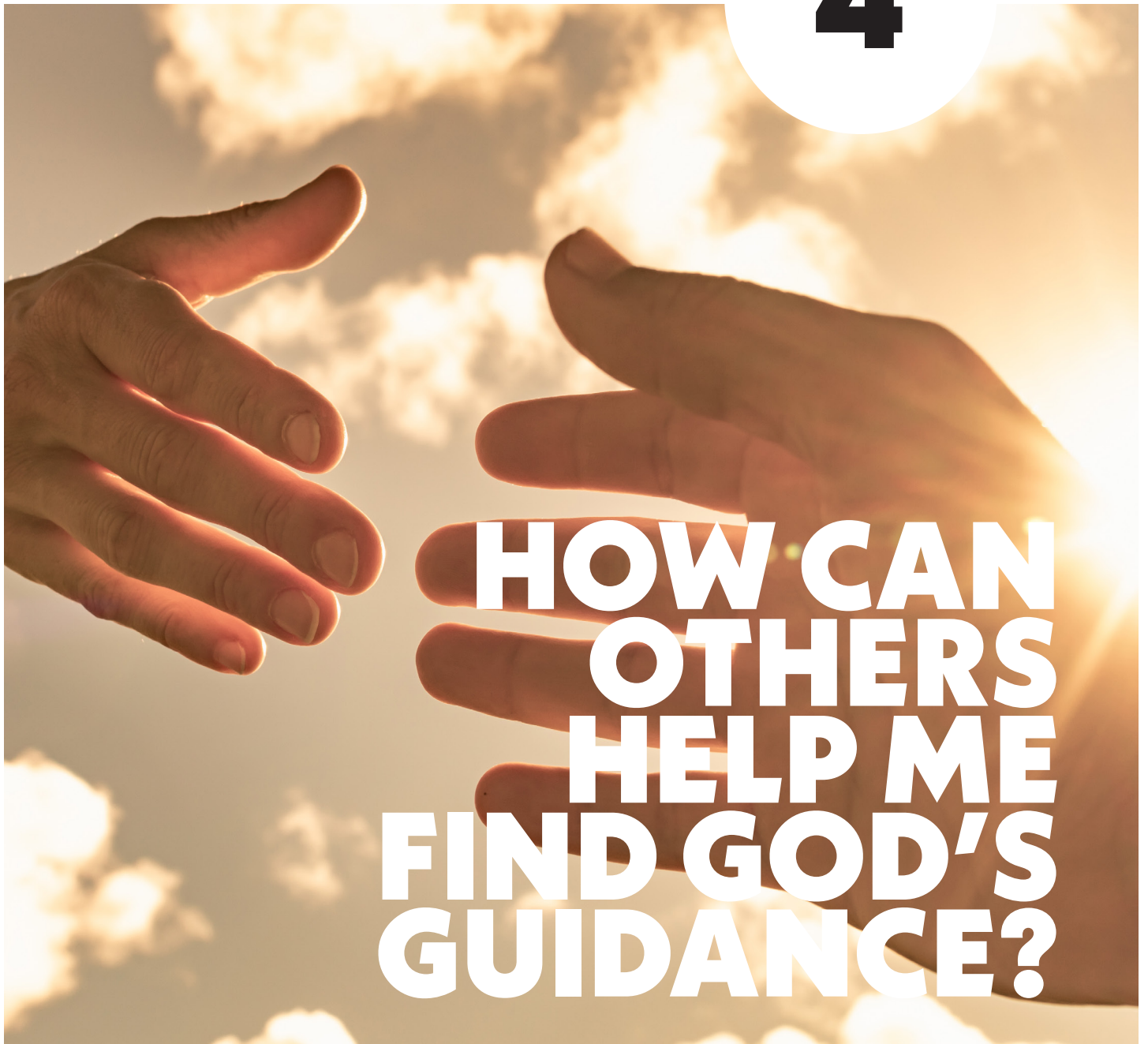
The Labyrinth

**Enter the Labyrinth.
Imagine God is
walking with you.
Walk at a pace that
feels comfortable for
you and try to focus
on your own path. As
you move along the
labyrinth
imagine your life.
All the twists and
turns it has taken.
What do you feel as
you walk the path
with God?**



LEADER MATERIAL
Term 2 Session 4

4



**HOW CAN
OTHERS
HELP ME
FIND GOD'S
GUIDANCE?**

LIFE LABS 4 | HOW CAN OTHERS HELP ME FIND GOD'S GUIDANCE?

HOW TO RUN A SESSION:

STEP 1:

Read introduction, then play the game

STEP 2:

Do the activity then discuss the questions

STEP 3:

Read the Scripture, discuss the questions

STEP 4:

Read the conclusion, close the session



EQUIPMENT NEEDED FOR THE SESSION:

- prize (like a bag of chocolates)
- locked container with separate key
- photo for each participant (Instructions in activity)



SESSION OUTLINE

Purpose:

The purpose of this session is to help young people understand how they can find God's guidance in community.

Game:

The 'Safety in Numbers' game gets young people to experience how others can support and help us.

Activity:

The 'Photo Hunt' activity helps young people experience how everyone can contribute a part for a larger goal.

Scripture:

The Scripture 1 Corinthians 12:27-31 explores how everyone has different gifts from God that help each other connect and understand God.

STEP 1



READ INTRODUCTION, PLAY THE GAME (10 MINUTES)

We're all making our way in life but that doesn't mean we have to do it on our own.

If we go off on our own, we might get lost or get in trouble and there won't be anyone there to support us.

While others might not be able to tell us exactly which way to go, they can encourage us, and we can learn from them.

People who follow Jesus can learn from the experiences and wisdom of other Christians.

How can others help us find God's guidance?

As a way to begin thinking about this, let's play the Safety In Numbers game.

"How can others help us find God's guidance?"

STEP 1

PLAY THE SAFETY IN NUMBERS GAME

- To start the game choose a participant to be 'it' and another to be chased. Everyone else pairs up and links arms.
- Whoever is 'it' can only tag someone who is not in a pair. The person being chased can become safe by linking arms with a person.
- When the person being chased links up, the other member of the original pair (that they didn't link with) unlinks and is now being chased.
- Continue while still fun, giving other people an opportunity to be 'it'.

HOW DID YOU GO WITH THE GAME? DID YOU GO ON YOUR OWN OR CONNECT WITH OTHERS? DO YOU FIND IT EASY TO CONNECT WITH OTHERS IN LIFE?

STEP 2

DO ACTIVITY, THEN DISCUSS QUESTIONS (15 MINUTES)

HOW TO DO PHOTO HUNT ACTIVITY

PREPARATION

- Prior to the session, find a place to hide the locked container. For example, you could hide it behind a book on a bookcase, or in a kitchen cupboard.
- Find a separate spot to hide the key to the container.
- Take photos as clues to the hiding spaces. For example, take photos of the rooms that the container and key are hid in, or of the general area where they are hidden. Take individual photos of the container and key not in their hiding spots so participants know what they are looking for. Try and take 5-6 pictures.
- As an example your photos could be:
 - o Key
 - o Container
 - o Office the bookcase is in
 - o Bookcase
 - o Kitchen
 - o Kitchen cupboard the key is hidden in

LEADERS, WATCH THE PARTICIPANTS FOR:

- What they say to each other
- What they find hard
- What they find easy
- What worked
- What caused conflict

EQUIPMENT:

- prize (like a bag of chocolates)
- locked container with separate key
- photo for each participant (Instructions in activity)

ACTIVITY OVERVIEW:

- Participants use photos to find a key and locked container with a prize.

STEP 2

- Print out a picture for each participant. It is ok if you need to use multiple copies of photos.
- On the day of the session, hide the locked box and key in their spots.

ACTIVITY INSTRUCTIONS

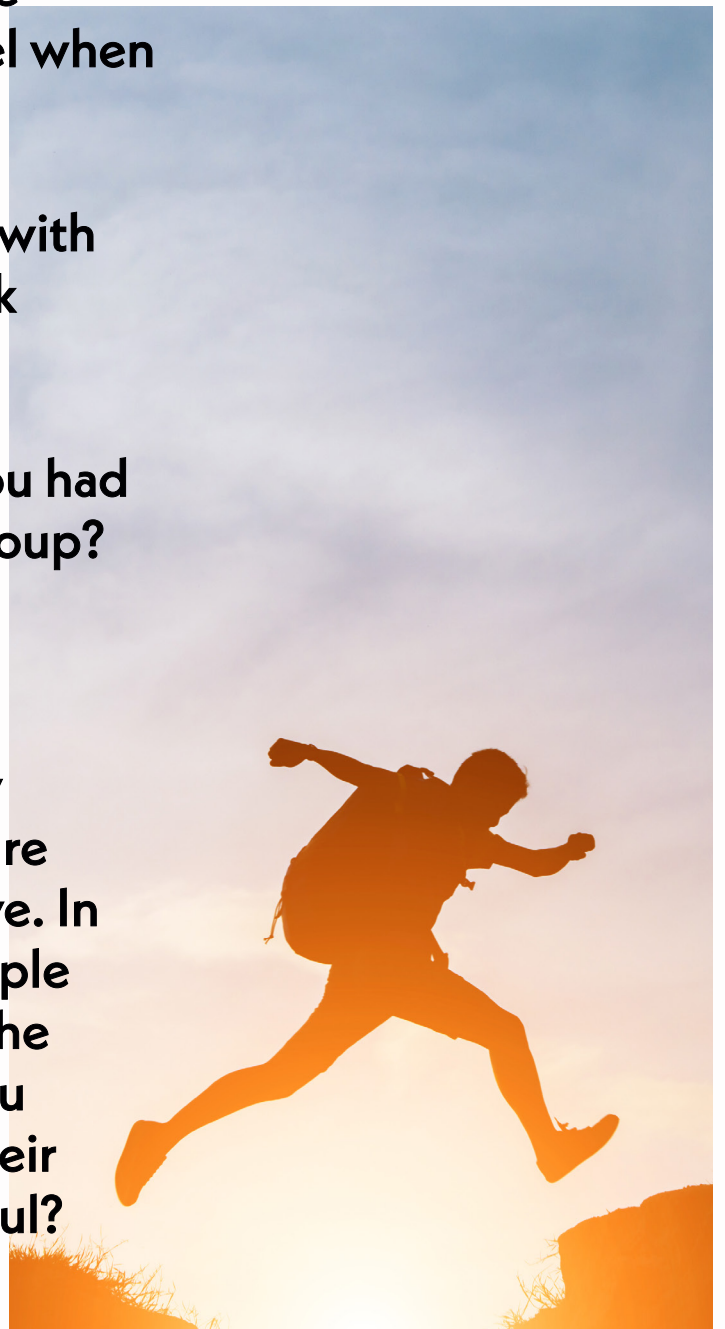
- Give each participant a photo, without explaining what the activity is.
- They may not show anyone else their photo, but are allowed to describe it.
- The group should begin to work out that they are looking for a container and key.
- Then they should be able to work out where the key and container are to find the treasure!

IN THE GROUP MATERIAL: YOUNG PEOPLE IDENTIFY PEOPLE THEY CONNECT WITH IN LIFE AND WHAT THEY'VE LEARNT FROM THEM.

STEP 2

DISCUSS THE ACTIVITY

- How did you go with the activity? How did you feel when you first saw your photo?
- How did your group go with the activity? Did you work together or separately?
- When did you realise you had something to offer the group? How did you share your perspective?
- It would have been very difficult to find the treasure with only your perspective. In this activity different people had a different 'view' of the challenge. When have you turned to someone for their perspective? Was it helpful?



STEP 3

READ THE SCRIPTURE, DISCUSS THE QUESTIONS (15 MINUTES)

1 CORINTHIANS 12:27-31

²⁷All of you together are Christ's body, and each of you is a part of it.

²⁸Here are some of the parts God has appointed for the church: first are apostles, second are prophets, third are teachers, then those who do miracles, those who have the gift of healing, those who can help others, those who have the gift of leadership, those who speak in unknown languages.

²⁹Are we all apostles? Are we all prophets? Are we all teachers? Do we all have the power to do miracles?

³⁰Do we all have the gift of healing? Do we all have the ability to speak in unknown languages? Do we all have the ability to interpret unknown languages? Of course not!

³¹So you should earnestly desire the most helpful gifts.



STEP 3

DISCUSS THESE TOPIC QUESTIONS

What do you think about what we just read? How do you think it might relate to how others help us find God's guidance?

This scripture suggests that there are different ways to contribute to the body of Christ. How have you seen individual people contribute to a group?

Paul lists gifts that are helpful to the Church, the people of God. How have other people helped you learn and connect with God?

As we look to God for guidance, we can learn from people who have connected with God before. How have you how been guided by the experiences of others?

What gifts do you have to offer? How can you help other people connect and understand God?

STEP 4

READ THE CONCLUSION, CLOSE THE SESSION (15 MINUTES)

READ THE CONCLUSION

We're all making our way in life but that doesn't mean we have to do it on our own.

While others might not be able to tell us exactly which way to go, we can learn from them.

The Good News is that we have others to help support us and connect with God's guidance. We can make our way in life with others by our side.



ASK THE GROUP:

- Get each person to share a takeaway from the session.
- Ask if anybody wants to discuss anything further about this topic with a leader or support person.
- Remind them when the next session is.

CLOSE THE SESSION



LEADER MATERIAL
Term 2 Session 5

5



**HOW DO WE
BE A COM-
MUNITY?**

LIFE LABS 5 | HOW DO WE BE A COMMUNITY?

HOW TO RUN A SESSION:

STEP 1:

Read introduction, then play the game

STEP 2:

Do the activity then discuss the questions

STEP 3:

Read the Scripture, discuss the questions

STEP 4:

Read the conclusion, close the session



EQUIPMENT NEEDED FOR THE SESSION:

None



SESSION OUTLINE

Purpose:

The purpose of this session is to help young people explore how we build community through hospitality.

Game:

The 'Party Invitation' game gets young people to experience inclusion and exclusion.

Activity:

The 'Perfect Party' activity helps young people think through their experiences of welcome and hospitality.

Scripture:

The Scripture Luke 14:12-24 explores the idea that the Kingdom of God is somewhere everyone is included.

STEP 1

READ INTRODUCTION, PLAY THE GAME (10 MINUTES)

We all live in communities made up of people from our neighbourhood, schools, and friends.

But it's not just being near people that makes a community.

A community is how we connect to each other and belong in the places we live. There are lots of different ideas about how to be a community.

Some people think that community works best when everyone looks after themselves, or others might debate who belongs. If we don't know how to be a community there might be conflict, or we may feel isolated and alone.

So, how do we be a community?

As a way to begin thinking about this, let's play the 'Party Invitation' game.

"So, how do we be a community?"

STEP 1

PLAY THE PARTY INVITATION GAME

- The aim of the game is for participants to solve the riddle and successfully gain an invitation to the party.
- Have the participants all on one side of the room.
- Choose a participant to be the party host. Tell the party host the riddle: "I'm going to a party and I'm going to bring a [item that begins with the first letter of their name]".
- The party host then tells the group and invites other participants to guess by reciting the riddle with a correct answer (the leader can help if the party host can't remember the name of the person guessing the riddle).
- If a participant correctly guesses the riddle the party host responds with "Yes, you can come to the party". If they guess incorrectly, they respond with "You can't come to the party"
- Continue until everyone gets the riddle or it becomes boring.

STEP 1

PLAY THE PARTY INVITATION GAME

- If everyone already knows the riddle or you finish quickly you can change the riddle. Here are some suggestions:
 - o First letter of last name.
 - o Items that have a double letter (Jelly, basketball etc.).
 - o Items that all begin with a certain letter (e.g "L" lollipop, laser, lunchbox).
 - o An item of 2 syllables (e.g Cactus)

HOW DID YOU GO WITH THE GAME? DID YOU GET INTO THE PARTY? HOW DID YOU FEEL WHEN SOME PEOPLE GOT IN WHILST OTHERS DIDN'T?

STEP 2

DO ACTIVITY, THEN DISCUSS QUESTIONS (15 MINUTES)

LEADERS, WATCH THE PARTICIPANTS FOR:

- What they say to each other
- What they find hard
- What they find easy
- What worked
- What caused conflict

EQUIPMENT:

- None

HOW TO DO PERFECT PARTY ACTIVITY

- Give young people 10 minutes to plan their “perfect party” in the group material.
- Young people write or draw the people they would invite, where they would host the party and what they would do.
- Young people can share their drawing with the group or a partner depending on the group size.

STEP 2

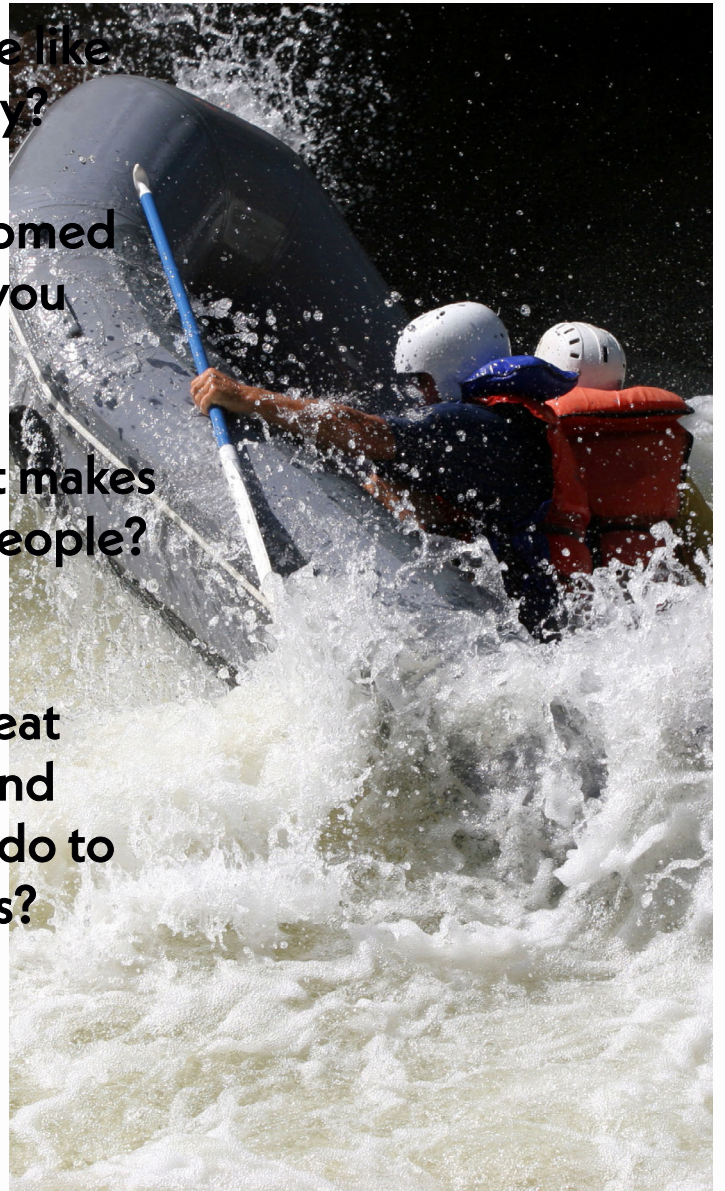
DISCUSS THE ACTIVITY

How did you go with the activity? What would it be like to go to your perfect party?

When have you felt welcomed or at home? What made you feel welcome?

Do you know anyone that makes friends with all kinds of people? What are they like?

Hospitality is when we treat others with friendliness and generosity. What do you do to show hospitality to others?



IN THE GROUP MATERIAL: YOUNG PEOPLE DRAW THEIR "PERFECT PARTY" IN THE GROUP MATERIAL AND CONSIDER WHAT THEY PERSONALLY CONTRIBUTE TO MAKE THE PARTY A GOOD TIME.

STEP 3

READ THE SCRIPTURE, DISCUSS THE QUESTIONS (15 MINUTES)

LUKE 14:12-24

12 Then he turned to his host. "When you put on a luncheon or a banquet," he said, "don't invite your friends, brothers, relatives, and rich neighbours. For they will invite you back, and that will be your only reward.

13 Instead, invite the poor, the crippled, the lame, and the blind.

14 Then at the resurrection of the righteous, God will reward you for inviting those who could not repay you."

15 Hearing this, a man sitting at the table with Jesus exclaimed, "What a blessing it will be to attend a banquet in the Kingdom of God!"

16 Jesus replied with this story: "A man prepared a great feast and sent out many invitations.

17 When the banquet was ready, he sent his servant to tell the guests, 'Come, the banquet is ready.'



STEP 3

18 But they all began making excuses. One said, 'I have just bought a field and must inspect it. Please excuse me.'

19 Another said, 'I have just bought five pairs of oxen, and I want to try them out. Please excuse me.'

20 Another said, 'I just got married, so I can't come.'

21 "The servant returned and told his master what they had said. His master was furious and said, 'Go quickly into the streets and alleys of the town and invite the poor, the crippled, the blind, and the lame.'

22 After the servant had done this, he reported, 'There is still room for more.'

23 So his master said, 'Go out into the country lanes and behind the hedges and urge anyone you find to come, so that the house will be full.'

24 For none of those I first invited will get even the smallest taste of my banquet."



STEP 3

DISCUSS THESE TOPIC QUESTIONS

**What do you think about what we just read?
How do you think it might relate to how we be a
community?**

**Jesus says that the kingdom of God is like a great
feast where everyone is invited, including those
who are struggling and left out. What do you think
society would be like if everyone was included?**

**In this scripture Jesus identifies people in his
society that are left out. Who can you identify in
your community as the ones left out?**

**In this scripture Jesus says that we shouldn't just
include our friends. How do you show hospitality
to people outside of your friend group?**

STEP 4

READ THE CONCLUSION, CLOSE THE SESSION (15 MINUTES)

READ THE CONCLUSION

We all live in communities, but community is about more than just being near people.

It's also about how we connect to each other and belong in the places we live. If we don't know how to be a community there might be conflict, or we may feel isolated and alone.

The Good News is that we can build a community where people belong and feel included by showing hospitality to others.

When everyone is welcome in our community, we experience what the Kingdom of God is like.



ASK THE GROUP:

- Get each person to share a takeaway from the session.
- Ask if anybody wants to discuss anything further about this topic with a leader or support person.
- Remind them when the next session is.

CLOSE THE SESSION



LEADER MATERIAL
Term 2 Session 6

6



**HOW DO
WE LOOK
AFTER EACH
OTHER?**

LIFE LABS 6 | HOW DO WE LOOK AFTER EACH OTHER?

HOW TO RUN A SESSION:

STEP 1:

Read introduction, then play the game

STEP 2:

Do the activity then discuss the questions

STEP 3:

Read the Scripture, discuss the questions

STEP 4:

Read the conclusion, close the session



EQUIPMENT NEEDED FOR THE SESSION:

- 3 buckets or containers
- Markers
- Pieces of paper for planes
- Confectionary (Prize)



SESSION OUTLINE

Purpose:

The purpose of this session is help young people explore how we care for people in our society.

Game:

The 'Left Hanging' game gets young people to experience what it feels like to need help.

Activity:

The 'Complete the Set' activity helps young people experience helping others

Scripture:

The Scripture Luke 10:25-37 explores what it means to help others.

STEP 1



READ INTRODUCTION, PLAY THE GAME (10 MINUTES)

We all try to help others when we can. When we look around our communities, we can see many people struggling with challenges and issues.

When we see people who are struggling it can be difficult to know what to do.

We might not know how to help, have the resources to make a difference or worry that we're interfering in other people's lives.

This can leave us feeling confused, discouraged or overwhelmed and people might not get the help that they need.

So, how do we look after each other?

As a way to begin thinking about this, let's play the 'Left Hanging' game.

"So, how do we look after each other?"

STEP 1

PLAY THE LEFT HANGING GAME

- To set up, mark out a space large enough for the group to run around in.
- Choose a participant to be "It". Depending on the size of the group you might need more than one player to be "It".

When a participant is tagged, they must freeze and stand with their hand in the air.

- To un-freeze a participant an un-tagged player must high-five the frozen players raised hand.

Allow approx. 1-2 minutes per round. Whoever is left un-frozen wins.

- Play as many rounds while it is still fun.

HOW DID YOU GO WITH THE GAME? WHAT DID IT FEEL LIKE WHEN SOMEONE DID OR DIDN'T HELP YOU?

STEP 2

DO ACTIVITY, THEN DISCUSS QUESTIONS (15 MINUTES)

HOW TO DO COMPLETE THE SET ACTIVITY

- Set up:
 - o A marker and bucket/container 5m apart
 - o 2 markers 10m apart
- Each participant has 10 minutes to complete 3 activities.
- If everyone completes the activities within the time frame the group gets a prize.
- The participants must:
 - o Complete a find-a-word
 - o Throw a ball into a bucket from 5m away 3 times
 - o Build a paper airplane that travels 10m.

LEADERS, WATCH THE PARTICIPANTS FOR:

- What they say to each other
- What they find hard
- What they find easy
- What worked
- What caused conflict

EQUIPMENT:

- 3 buckets or containers
- Markers
- Pieces of paper for planes
- Confectionary (Prize)
- Find-a-word (in the group material)

STEP 2

DISCUSS THE ACTIVITY

How did you go with the activity? How easy or difficult did you find completing the challenges?

What was your strategy for completing all the challenges? Did you approach the activity as an individual or a group?

Did you need help completing the challenges in the time limit? How did it feel when someone did or didn't help you?

Can you think of a time when you have helped someone? What did you have to offer that was helpful to them?



IN THE GROUP MATERIAL: YOUNG PEOPLE CIRCLE 3 WAYS THEY LIKE TO LOOK AFTER OTHERS AND COMPLETE THE FIND-A-WORD FOR THE ACTIVITY.

STEP 3

READ THE SCRIPTURE, DISCUSS THE QUESTIONS (15 MINUTES)

LUKE 10:25-37

²⁵One day an expert in religious law stood up to test Jesus by asking him this question: "Teacher, what should I do to inherit eternal life?"

²⁶Jesus replied, "What does the law of Moses say? How do you read it?"

²⁷The man answered, "'You must love the LORD your God with all your heart, all your soul, all your strength, and all your mind.' And, 'Love your neighbour as yourself.'"

²⁸"Right!" Jesus told him. "Do this and you will live!"

²⁹The man wanted to justify his actions, so he asked Jesus, "And who is my neighbour?"

³⁰Jesus replied with a story: "A Jewish man was traveling from Jerusalem down to Jericho, and he was attacked by bandits. They stripped him of his clothes, beat him up, and left him half dead beside the road.



STEP 3

³¹“By chance a priest came along. But when he saw the man lying there, he crossed to the other side of the road and passed him by.

³²A Temple assistant[d] walked over and looked at him lying there, but he also passed by on the other side.

³³Then a despised Samaritan came along, and when he saw the man, he felt compassion for him.

³⁴Going over to him, the Samaritan soothed his wounds with olive oil and wine and bandaged them. Then he put the man on his own donkey and took him to an inn, where he took care of him.

³⁵The next day he handed the innkeeper two silver coins, telling him, ‘Take care of this man. If his bill runs higher than this, I’ll pay you the next time I’m here.’

³⁶“Now which of these three would you say was a neighbour to the man who was attacked by bandits?” Jesus asked.

³⁷The man replied, “The one who showed him mercy.”
Then Jesus said, “Yes, now go and do the same.”



STEP 3

DISCUSS THESE TOPIC QUESTIONS

What do you think about what we just read? How do you think it might relate to how we look after each other?

In this story, some saw the man in need and still passed by, but the Samaritan chose to notice and care for the man. Why might people not help others in society today?

In Biblical times, Samaritans and Jews were enemies and the wounded man wouldn't have thought the Samaritan would be the one to help him. Sometimes people think young people don't want to help, that they are selfish, or have nothing to offer. What do you think about that?

In the story the Samaritan acknowledged the wounded man, soothed his wounds and paid for his accommodation and care. What are some practical ways that you can be a good neighbour and care for people around you?

STEP 4

READ THE CONCLUSION, CLOSE THE SESSION (15 MINUTES)

READ THE CONCLUSION

We all try to help others when we can.

When we see people who are struggling it can be difficult to know what to do.

The Good News is that even if we don't know what to do to help people, we can acknowledge their situation and show care for them in the process.

Just like the Good Samaritan in Jesus' story, we can be a good neighbour for people in need.



ASK THE GROUP:

- Get each person to share a takeaway from the session.
- Ask if anybody wants to discuss anything further about this topic with a leader or support person.
- Remind them when the next session is.

CLOSE THE SESSION



LEADER MATERIAL
Term 2 Session 7

7



**HOW CAN
WE MAKE
THE WORLD
A BETTER
PLACE?**

LIFE LABS 7 | HOW CAN WE MAKE THE WORLD A BETTER PLACE?

HOW TO RUN A SESSION:

STEP 1:

Read introduction, then play the game

STEP 2:

Do the activity then discuss the questions

STEP 3:

Read the Scripture, discuss the questions

STEP 4:

Read the conclusion, close the session



EQUIPMENT NEEDED FOR THE SESSION:

- Hat or container
- Category cards
- Device to access a News site



SESSION OUTLINE

Purpose:

The purpose of this session is to help young people explore how we can impact society to become fairer.

Game:

The 'Free Pass' game gets young people to experience unfairness.

Activity:

The 'Behind the News' activity helps young people to think about fairness and unfairness in our society.

Scripture:

The Scripture John 8:1-11 shows how Jesus advocated for people experiencing injustice.

STEP 1

READ INTRODUCTION, PLAY THE GAME (10 MINUTES)

Have you ever seen a situation that was unfair? Maybe you see your friend getting in trouble for something they didn't do, or people who are treated differently because of their background.

We can see the world we live in is unfair, but it doesn't have to be this way. Our society is always changing, and we can act to change it for the better.

But it can be difficult to make positive changes. Some people don't care, have different ideas of what the world should look like, or benefit from society staying the same.

So, how can we make the world a better place?

As a way to begin thinking about this, let's play the 'Free Pass' game.

"So, how can we make the world a better place?"

STEP 1

PLAY THE LEFT HANGING GAME

EQUIPMENT:

Hat or container

Category cards

- Set up: Mark out a space for participants to run from one side of the room to the other.
- Preparation: Cut up the category cards. You can change any that you don't feel fits the group.
- Have all participants start on one side of the room. Choose a participant to be "It".
- The leader pulls a piece of paper out of the hat and reads out who gets a free pass. (Return the piece of paper to the hat).
- The remaining participants then try to get to the other side without being tagged. If a participant is tagged, they are out and can take turns picking a category from the hat.
- Whoever is the last person standing is the winner.

**HOW DID YOU GO WITH THE GAME? WAS
THE GAME FAIR? HOW DID YOU FEEL
SEEING OTHERS GET A FREE PASS?**

STEP 2

DO ACTIVITY, THEN DISCUSS QUESTIONS (15 MINUTES)

HOW TO DO BEHIND THE NEWS ACTIVITY

LEADERS, WATCH THE PARTICIPANTS FOR:

- What they say to each other
- What they find hard
- What they find easy
- What worked
- What caused conflict

EQUIPMENT:

- Device to access a News site

- As a group go to a News website (you can ask young people where they go for News) and scroll through the stories.
- Stop when you have found a story that interests the group and read it together.
- In the group material young people can take note of:
 - o Who is affected?
 - o What are the issues?
 - o What could be a fairer situation?
- Spend some time as a group discussing their thoughts and answers.

STEP 2

DISCUSS THE ACTIVITY

How did you go with the activity?
Have you ever thought about a news story like this before?

As you scrolled through the stories which stories stood out to you? Why do you think they stood out to you?

How do you find out about unfair situations or stories? Is it something you look for or pay attention to?

When we read stories of people experiencing unfairness, we feel like we want to be on their side. Can you think of a time when you saw someone stand up for a person in an unfair situation? What did they do?



IN THE GROUP MATERIAL: YOUNG PEOPLE REFLECT ON SOCIAL JUSTICE QUOTES AND CIRCLE THEIR FAVOURITES.

STEP 3

READ THE SCRIPTURE, DISCUSS THE QUESTIONS (15 MINUTES)

JOHN 8:1-11

Jesus returned to the Mount of Olives,

²but early the next morning he was back again at the Temple. A crowd soon gathered, and he sat down and taught them.

³As he was speaking, the teachers of religious law and the Pharisees brought a woman who had been caught in the act of adultery. They put her in front of the crowd.

⁴“Teacher,” they said to Jesus, “this woman was caught in the act of adultery. ⁵ The law of Moses says to stone her. What do you say?”

⁶They were trying to trap him into saying something they could use against him, but Jesus stooped down and wrote in the dust with his finger.

⁷They kept demanding an answer, so he stood up again and said, “All right, but let the one who has never sinned throw the first stone!”



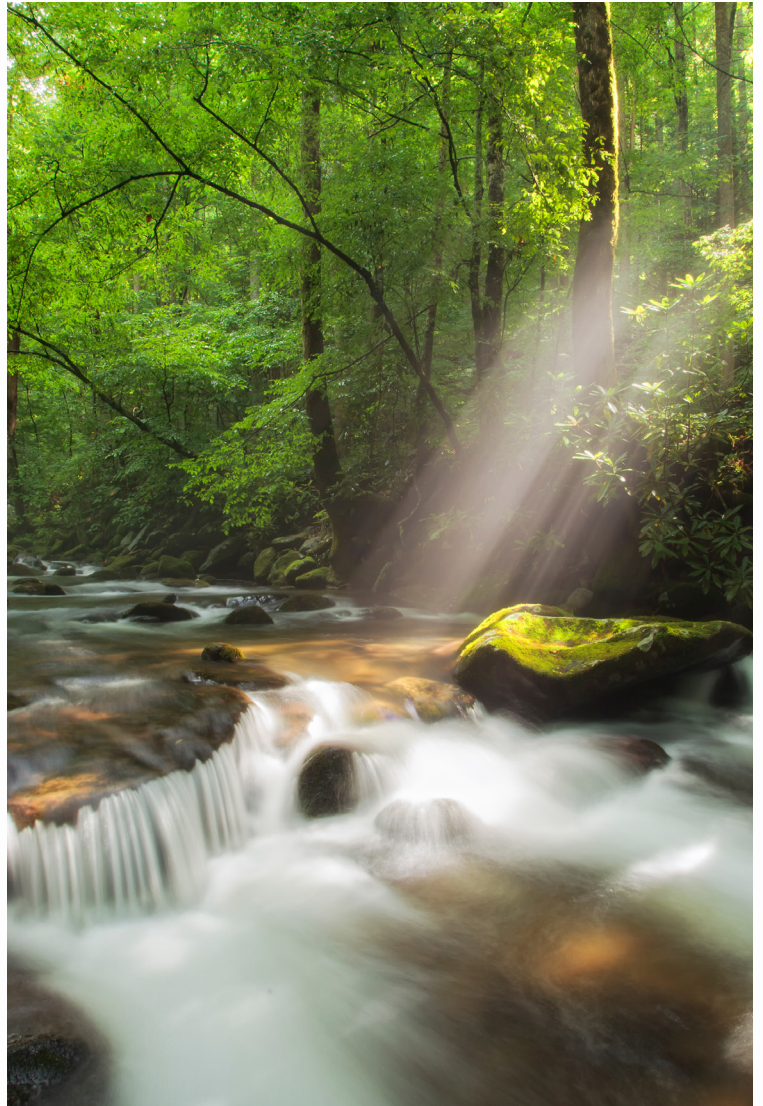
STEP 3

⁸Then he stooped down again and wrote in the dust.

⁹When the accusers heard this, they slipped away one by one, beginning with the oldest, until only Jesus was left in the middle of the crowd with the woman.

¹⁰Then Jesus stood up again and said to the woman, "Where are your accusers? Didn't even one of them condemn you?"

¹¹"No, Lord," she said.
And Jesus said, "Neither do I. Go and sin no more."



STEP 3

DISCUSS THESE TOPIC QUESTIONS

What do you think about what we just read? How do you think it might relate to how we make the world a better place?

In the scripture it says the woman is about to die for being caught in adultery yet the partner she was with was not brought with her. Do you think this is fair? What situations have you seen that are unfair in your community?

In the scripture it says the Pharisees wanted to trap Jesus, and they found a woman to use as "bait", even if it meant her dying. Have you ever seen people using someone else for their own gain? How does that make you feel?

The woman would have been standing in front of the crowd on her own, but Jesus decides to stand with her. Who stands with you when you experience unfairness? Who are the people who you could stand with?

STEP 4

READ THE CONCLUSION, CLOSE THE SESSION (15 MINUTES)

READ THE CONCLUSION

We can see the world we live in is unfair, but it doesn't have to be this way.

Our society is always changing, and we can act to change it for the better. But sometimes change is difficult.

The Good News is when we stand with others, we can begin to make the world a better place.

Just like Jesus, we can notice when someone is treated unfairly and stand with them.



ASK THE GROUP:

- Get each person to share a takeaway from the session.
- Ask if anybody wants to discuss anything further about this topic with a leader or support person.
- Remind them when the next session is.

CLOSE THE SESSION

Category cards

Black Shirt	White shoes	Brown hair
Brown eyes	Long pants	Blue eyes
Wearing a ring	Shorts	Black shirt
Curly hair	Shoes with laces	Shoes without laces



LEADER MATERIAL
Term 2 Session 8

8



**HOW DO
WE SHARE
HOPE?**

LIFE LABS 8 | HOW DO WE SHARE HOPE?

HOW TO RUN A SESSION:

STEP 1:

Read introduction, then play the game

STEP 2:

Do the activity then discuss the questions

STEP 3:

Read the Scripture, discuss the questions

STEP 4:

Read the conclusion, close the session



EQUIPMENT NEEDED FOR THE SESSION:

None



SESSION OUTLINE

Purpose:

The purpose of this session is to explore how we share hope to the world.

Game:

The 'What Do You Mean?' game gets young people to experience how we communicate messages other than just using our words.

Activity:

The 'Stories of Hope' activity helps young people articulate and share their sense of hope.

Scripture:

The Scripture Matthew 4:15-17, Matthew 5:14-16 explores how we can bring hope by being light in dark places.

STEP 1

READ INTRODUCTION, PLAY THE GAME (10 MINUTES)

When we look around the world we can see natural disasters, war and poverty.

When we see all the things that are wrong, it can be easy to think things won't get better or give up hope. When people lose hope they might experience despair, think nothing matters, or give up.

As followers of Jesus we can find hope knowing that God loves the world and is working to make it better. We all need this hope and we can encourage others when we share it with them.

So, how do we share hope?

As a way to begin thinking about this, let's play the 'What Do You Mean?' game.

"So, how do we share hope?"

STEP 1

PLAY THE WHAT DO YOU MEAN? GAME

Example clue ideas:

W: Whale
E: Egg
W: Walking
A: Astronaut
L: Lollipop
K: Kite
W: Whisper
I: Igloo
T: Tap
H: Happy
H: Hiking
O: Octopus
P: Pizza
E: Exhausted

- The aim of this game is to play charades with the first letter of every clue spelling out a secret message. The secret message is "WE WALK WITH HOPE".
- Remind the group of the rules of Charades (e.g., no talking or making noises when acting) but explain that there is an extra challenge to decipher a message.
- Tell the participants that the first letter of every clue represents a letter of the message. E.g if the charade was "Tiger" then T would be the letter in the message.
- Participants take turns to act out a word that the leader gives them.
- You can do the game as a whole group or split the group into 2 teams to make it competitive.
- The first team to decipher the message wins.

HOW DID YOU GO WITH THE GAME? WAS
IT DIFFICULT TO DECIPHER THE MESSAGE?
HOW DO YOU SHARE IMPORTANT MESSAGES
WITH OTHERS?

IN THE GROUP MATERIAL: PLACE TO WRITE MESSAGE.

STEP 2

DO ACTIVITY, THEN DISCUSS QUESTIONS (15 MINUTES)

HOW TO DO STORIES OF HOPE ACTIVITY

LEADERS, WATCH THE PARTICIPANTS FOR:

- What they say to each other
- What they find hard
- What they find easy
- What worked
- What caused conflict

EQUIPMENT:

- None

- Participants work through the personal hope reflection in the group material.
- After completing the reflection young people get into pairs or groups of 3 and share their reflections with each other.

After someone shares, those listening have the opportunity to encourage and highlight any reflections they had about the sharer.

STEP 2

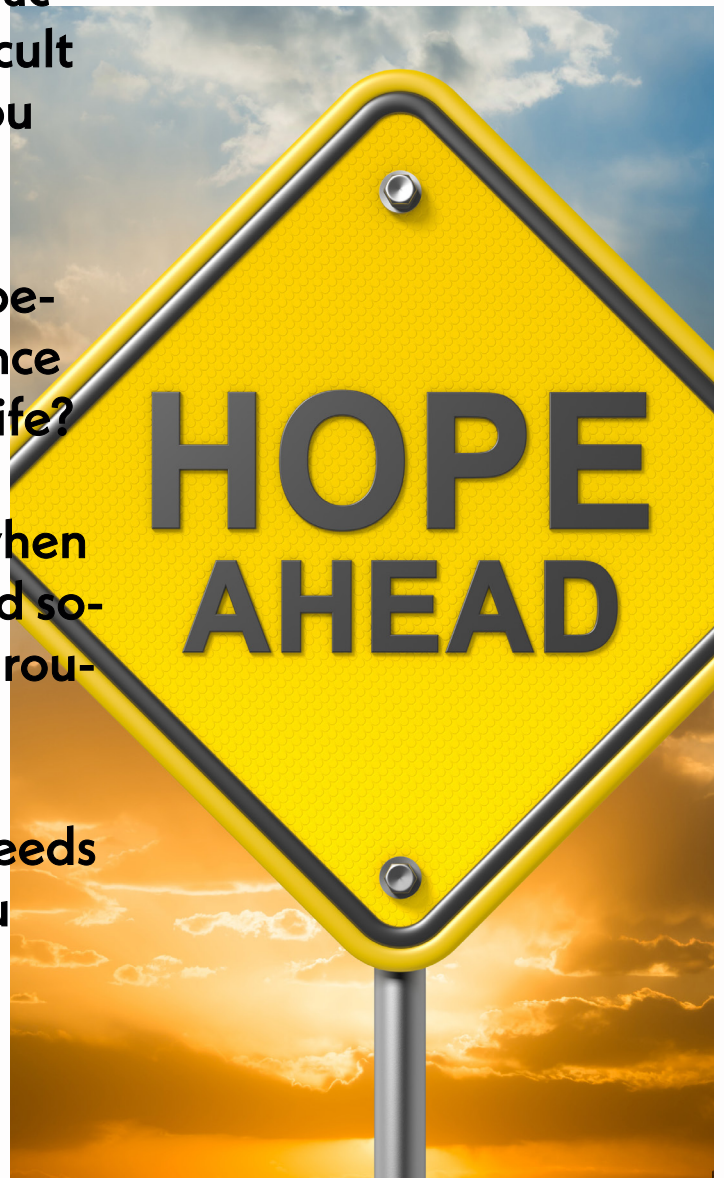
DISCUSS THE ACTIVITY

How did you go with the activity? Was it easy or difficult to find things that give you hope?

Do you think you're a hopeful person? What difference does hope make in your life?

Can you think of a time when you were discouraged and someone helped you get through it? What did they do?

Who do you know that needs some hope? How can you share it with them?



IN THE GROUP MATERIAL: YOUNG PEOPLE COMPLETE REFLECTION ACTIVITY.

STEP 3

READ THE SCRIPTURE, DISCUSS THE QUESTIONS (15 MINUTES)

MATTHEW 4:15-17

¹⁵"In the land of Zebulun and of Naphtali, beside the sea, beyond the Jordan River, in Galilee where so many Gentiles live,

¹⁶the people who sat in darkness have seen a great light. And for those who lived in the land where death casts its shadow, a light has shined."

¹⁷From then on Jesus began to preach, "Repent of your sins and turn to God, for the Kingdom of Heaven is near."

MATTHEW 4:15-17

¹⁴"You are the light of the world—like a city on a hilltop that cannot be hidden.

¹⁵No one lights a lamp and then puts it under a basket. Instead, a lamp is placed on a stand, where it gives light to everyone in the house.

¹⁶In the same way, let your good deeds shine out for all to see, so that everyone will praise your heavenly Father.



STEP 3

DISCUSS THESE TOPIC QUESTIONS

What do you think about what we just read? How do you think it might relate to how we share hope?

The scripture from Matthew 4 describes Jesus as the light in the darkness bringing hope to the world. How have you seen the message of Jesus bring hope to people?

After Jesus is called the light in the darkness, in Matthew 5 he calls us the light of the world. Have you ever thought of yourself this way?

Jesus tells us that our "good deeds" shine out like light for others. How does what you do share hope in the world?

STEP 4

READ THE CONCLUSION, CLOSE THE SESSION (15 MINUTES)

READ THE CONCLUSION

When we look around the world it can be difficult to have hope.

When we see all the things that are wrong, it can be easy to think things won't get better, and give up.

The Good News is that we can find hope knowing that God loves the world and is making it better.

When we share that hope we can be the light of the world like Jesus.



ASK THE GROUP:

- Get each person to share a takeaway from the session.
- Ask if anybody wants to discuss anything further about this topic with a leader or support person.
- Remind them when the next session is.

CLOSE THE SESSION