

# Be You Postvention Planning Workshop



Suicide postvention refers to intervention activities that are conducted after a suicide to help people cope with the loss and increase their resilience.

## Suicide postvention aims to:

- Minimise the impact of exposure and reduce the effects of suicide transmission.
- Avoid glamorising, sensationalising, or stigmatising suicide.
- Ensure accurate information is provided to reduce misinformation and dispel rumours.
- Assist in identifying those affected in order to facilitate support-seeking and longer-term recovery.

## What is postvention planning?

Postvention planning provides the framework, tasks, roles and responsibilities of the Emergency Response Team (ERT) for a school-wide coordinated response addressing:

- Communication and coordination to maintain stability while protecting against further suicidal behaviour.
- Provision of safety and supports to both staff and students.
- Strategies for identifying individuals most impacted.
- Approaches to empower students, staff and the broader community in their own recovery.

## Why should schools do postvention planning?

Planning a response to a suicide is an integral part of implementing a comprehensive mental health and suicide prevention program. The plan will complement your school's existing emergency response management policy or plan and your relevant education department guidelines.

## Who should be involved?

School staff involved in reviewing, developing a new plan, authorising and enacting a critical response plan should attend. This includes members of the school's ERT. This **must** include at least one principal class member and two ERT members from each school.

## Duration and cost

The Postvention Planning session is a 4-hour training at no cost.

Not a registered Be You School? Schools attending are encouraged to become a registered Be You School.

**Location:** Launceston Conference Centre  
Meeting room 8

**Address:** 50 Glen Dhu Street

**Date:** Tuesday 22 August

**Time:** 9:00am -1 pm

To register [click here](#) or scan the QR Code



**Location:** Kingborough Community Hub  
Whitewater room

**Address:** 7 Goshawk Way, Kingston

**Date:** Thursday 24 August

**Time:** 9:00am- 1pm

To register [click here](#) or scan the QR Code



## For Further information:

Eva Nicholls, Be You State Coordinator TAS 0408 985 896 [enicholls@headspace.org.au](mailto:enicholls@headspace.org.au)



With delivery partners



Funded by

