

Navigation Family Services

- Navigate Family Services Inc is a place based not for profit organisation that was designed and funded to assist families during the current health crisis.
- Martine and Kristy recognised a BIG gap especially for families with loved ones suffering from the impact of mental health and assistance with the management of children presenting neurodevelopmental challenges.
- Navigate advocates firstly for the child in a whole family approach.
- We often get asked What is it that Navigate does?
- In answer. What we can do to improve outcomes for children and families in our Community. Southern Midlands area
- IN THE COMMUNITY FOR THE COMMUNITY



THE JOURNEY

- We thought it was a gap because of the crisis.
- But it wasn't a gap as it turns out it's SYSTEMIC.

The frustration over the past 12 months have been very real and in taking on the advocacy of families we consistently took on the barriers thrown at them.

So it was clear why families don't engage –

It was clear why AEDC date is low.

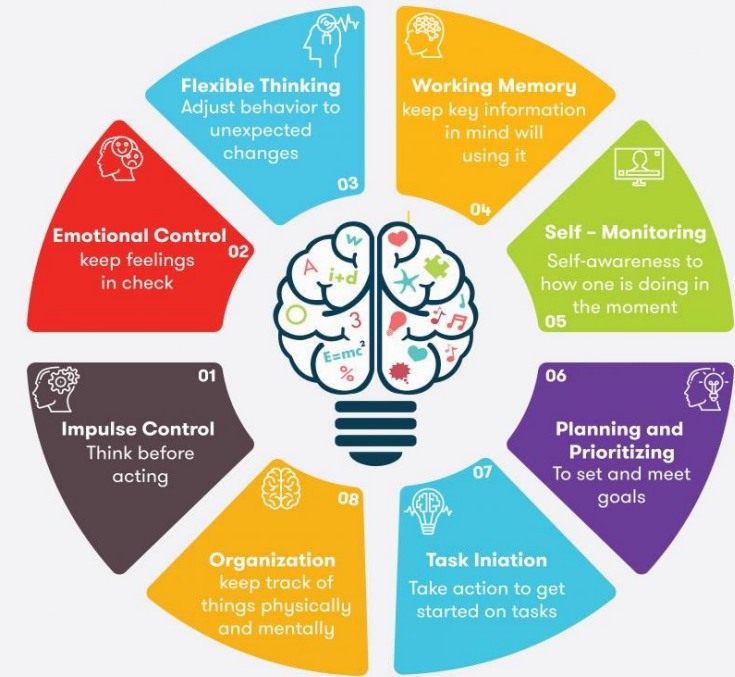
Teachers and teachers aides burn out is so high.

Social workers and School Counsellors and Psych are screaming for more, time, support, more everything.

Excess amount of children are dysregulated.



EXECUTIVE FUNCTIONING

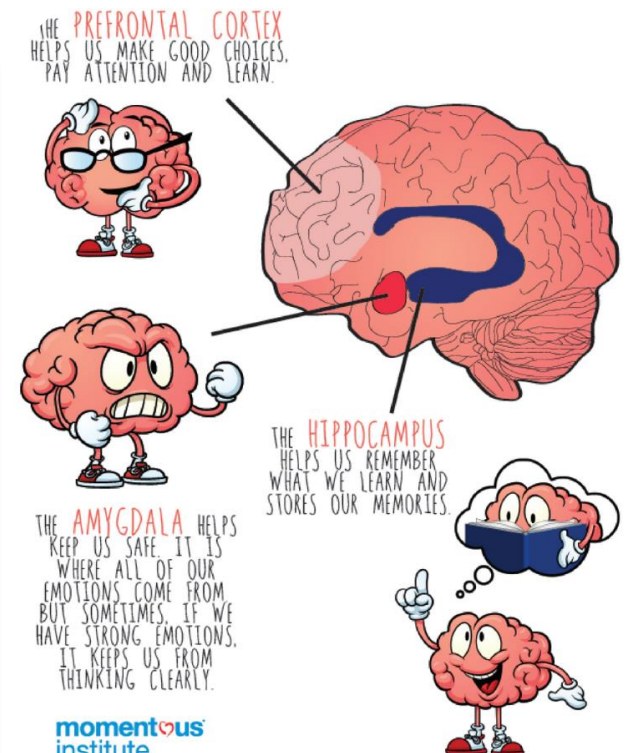


WHAT HAS WORKED

- Place based.
- Wrap around Care in the interest of ALL parties involved.
- Education / training.
- Understanding what is REALLY at the core of the child's issues – through a detective partnership approach.
- Creating community enrichment opportunities that are separate from an established educational setting - (where identities and roles are assumed) that are informal and relaxed and child mental health focused.



AMAZING BRAIN



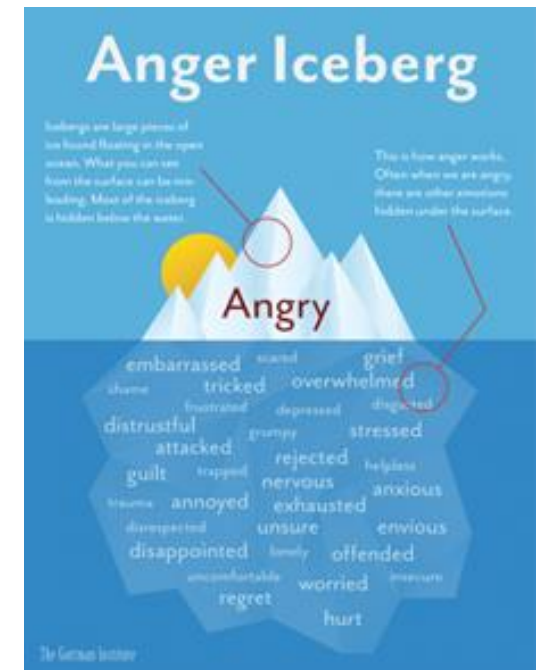
WHAT HAS WORKED

- Giving voice to people in the community who are often misunderstood or pre judged even in situations that challenge the current status quo.
- Providing a safe non judgemental space.
- Developing partnerships based on a need as it arises not engaging or connecting families to a service that doesn't fit because it needs numbers or because 'it exists'. Meaningful working referrals.
- Understanding the dialogue of our families and not trying to rewrite their story for them. Using Counselling skills to engage, professionally reframe and work alongside.



What does work

- The overwhelming encouragement from EVERYONE
- We work with and speak to – Mainland families, Principals.
- Local Businesses and Local Council constantly offering to help – Donations.
- Linking the evidence based program – after the intake not before. The evidence based program is a part of the program and it isn't the program.
- The acceptance and gratitude of our community and clients.



WHAT HASN'T WORKED

Time never imagined such an intake.

No one knows us we have to consistently define ourselves this year however, tis has been a time issue and now is starting to improve. Which has both negative and positives as so may refer to us now. Including Big Government Agencies.

We have had people let us down. In that their capacity wasn't as hoped or expected.

Money – working with vulnerable families as well as challenged families means that they do not always have access to the elements of our service that requires payment – specialist services. So a lot of our work increases, we are forced to work out of scope (or nothing at all) in conjunction with our accredited Supervisor at our own cost.

Doesn't Work



Burn Out.



The programs in our original funding not having capacity due to Kristy and I being overloaded and volunteering into 7 days.



The nature of treatment means that it isn't a flow in out service. Books never close completely. Care is ongoing.



The current systems capacity, hand breaks and challenges that present often due to their own frustrations or concerns about their own accountability.

If we treated physical illness the same way as mental illness:

Have you ever tried, you know, not having cancer?

maybe if you change your mindset you'll stop having diabetes

It's like you're not even trying to stop having a cold



How long have you been seeing your therapist for?

Two years!!! It's clearly not working....

Says nobody to someone with asthma, Type 1 diabetes, dementia etc

Emerging Issues



THESE HAVE BEEN
COVERED IN THE WORKS
AND DOESN'T WORK.



SO WE WILL INCLUDE;



COMMENTS –



EXAMPLE OF OUR
TREATMENT PLANS
(WHAT WE DO) –



COMMENTS FROM OUR
CLIENTS



PICTURES OF OUR YEAR
'THAT WAS'.

Learnt as part of being a CFC member.

- I am too passionate (he he).
- That CFC has many hats, many roles, many partners.
- All amazing
- People doing good.
- Being part of a the collaborative team has been a wonderful opportunity for us and something we have never before been apart of in our professional roles.
- We have found it to be very inclusive, Tanya's help and guidance (energy and self also) as well as Jo's as been greatly appreciated.
- We have met some amazing people and feel that they ad to our organisation. Thank you to Tayla, Sarah and all those who have connected with us this year.
- We look forward to continuously working with Julia and find the information she prepares is extremely helpful for us at a professional level and data perspective.
- We appreciate CFC greatly. Would not be without it and the Salvation Army and CFC support and trust in taking this risk that has paid off ten fold.