



Seeing violence can change the way your baby's brain grows.

Children growing up in a loving, non-violent home are more likely to:

- do well at school
- be confident and resilient
- have good relationships
- make the right choices
- do well in their efforts to lead a happy and satisfying life

Things that can harm your baby's brain:

If a child is repeatedly smacked, abused or exposed to family violence, that child's brain will be hardwired for bad feelings.

Experiencing violence makes a child feel:

- scared
- anxious
- sad
- worried
- confused
- insecure