



A YEAR OF _____
PRAYER

WEEK SIX

Isaiah 40:28b-29

He will not grow tired or weary and his understanding no one can fathom. He gives strength to the weary and increases the power of the weak.



WEEK SIX

PRAY AND DISCERN

Read Isaiah 40.
How might you pray these blessings over
other people?

PRAY AND DISCERN

Ask a child in your life to draw a picture of an eagle.
Ask them how their eagle might speak about who
God is. What have you learnt?

ACTIVITY

Find a quiet place in the morning rush to breathe and
pray. Spend time in confession (telling God where you
have gone wrong) and repentance (letting God teach
you how to live rightly).