



Open Monday to Friday 8am - 2pm

## Breakfast

**Bacon & Egg Roll** \$9.00

Bacon & Egg w/ Bbq Sauce.

**Bacon & Eggs** \$14.00

2 Rashes Bacon, 2 Eggs Cooked to your liking W/ Sourdough Toast

**Eggs on Toast** \$12.00

2 Eggs Cooked to your liking W/ Sourdough Toast

**Smashed Avocado** \$15.00

W/ Binorie Feta, Spinach, Dukkah, 1 x Poached Egg Served on Sourdough

**Big Breakfast** \$16.00

2 Rashes Bacon, 2 Eggs your way, Mushroom, Tomato & Hash Brown W// Sourdough Toast

**Oasis Omelette** \$14.00

W/ Choice of 3 fillings

Chicken, Ham, Cheese, Tomato, Baby Spinach, Mushrooms,

**Breaky Wrap** \$13.00

W/ Bacon, 2 Eggs, Baby Spinach, Tomato, Tasty Cheese & Mayo

## Lunch

**Mixed Mushroom Bowl** \$15.00

W/ Halloumi, Spinach, Herb Roasted Tomato's, Toasted Seeds, Roasted Garlic & Lemon Dressing

**Chef Salad Bowl** \$13.00

W/ fresh sprouts, avocado, cherry tomato's, cucumber, carrot, mixed leaf, toasted seeds, cashew, cheese & lemon dressing

**Classic Caesar Bowl or Wrap** \$13.00

W/ Bacon, Cos Lettuce, Parmesan, Croutons, Poached egg & Cza Dressing

**Chicken Schnitzel Wrap** \$13.00

Chicken Schnitzel, Lettuce, Cheese, Tomato & Aioli

**BLAAT Wrap** \$13.00

Bacon, Mixed leaf, Avocado, Tomato & Aioli

**Sweet Chilli Chicken Wrap** \$13.00

Chicken, Lettuce, Tomato, Cheese, Avocado, Mayo & Sweet chilli

**Chicken Turkish Melt** \$12.00

Chicken, Cheese, Avocado & Aioli on Turkish

**Beef Burger** \$15.00

Beef Pattie, Lettuce, Tomato, Beetroot, Cheese, BBQ Sauce & Aioli Served With Chips

**Shroom Burger** \$15.00

Field Mushroom, Haloumi, Tomato, Spinach, Beetroot Relish & Mayo Served With Chips

**Sourdough Toastie w/ 2 Fillings** \$10.00

Ham, Cheese, Tomato, Avocado, Smoked Chicken

**EXTRAS** \$3.00

Grilled Tomato, Mushroom, Avocado, Fetta, Cashew Cheese, Hash Browns x 2

**EXTRAS** \$4.00

Blackforest Bacon, Halloumi, 2 x Poached or Fried Eggs, Smoked Chicken

## Light Meals

**Croissant w/ 2 fillings** \$8.00

**Plain Croissant** \$7.50

**Banana Bread** \$6.00

**Raisin Toast** \$6.00

**Chips** SML - \$5.00 LGE - \$9.00

## Kids Menu

**Mini Breakfast** \$9.00

Bacon & Scrambled or Poached Egg W/ Sourdough

**Mini Schnitz** \$10.00

House Crumbed Mini Schnitzel W/ Chips & Sauce

**Mini Pizza** \$8.00

Ham, Cheese & Pineapple

**Hungry Caterpillars Box** \$9.00

Snack box w/ Ham, Plain Wrap, Veggie Sticks, Cheese & Hummus

## Sweet Treats

A selection of cakes, slices and muffins. From \$4.50

## Grab n Go

( Available all day )

Choose from our selection of freshly made Bagels, Wraps and more.

We are a training Café, proving education and employment options to young people.



**Pay it Forward Meal!**

**\$5**

This \$5 will help feed someone in need. Thank you for supporting The Salvation Army.



**oasis**  
youth services



Phone orders  
(02) 4088 5863



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Menulog





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## Coffee & Hot Beverages

**Latte** sml \$4.00 - reg \$5.00

A shot of coffee served with texturised milk and 1cm foam

**Cappuccino** sml \$4.00 - reg \$5.00

A shot of coffee served with texturised milk and 2 cm foam

**Flat White** sml \$4.00 - reg \$5.00

A shot of coffee with texturised milk and 5mm of foam

**Long Black** sml \$3.20 - reg \$4.20

An espresso shot extracted on hot water.

**Mocha** sml \$4.50 - reg \$5.50

A shot of coffee, chocolate powder, texturised milk and 2 ml of foam, dusted with chocolate powder

**Hot Chocolate** sml \$4.50 - reg \$5.50

**Baby Chino w marshmallow** \$3.00

**Espresso or Short Black** \$3.00

30ml shot of straight coffee

**Chai Latte** sml \$4.50 - reg \$5.50

Bondi Chai Club Cinnamon is a premium chai latte blend of black tea extract and a blend of comfort spices, milk, honey and sugar that has become one of Australia's favourite

**Cup of Tea** \$4.00

English Breakfast, Earl Grey, Chamomile or Green Tea

**Pot of Tea** \$6.00

English Breakfast, Earl Grey, Chamomile, Peppermint & Chai

**Optional Extras** extra \$1.00

Syrups, Soy Milk, Almond Milk, Oat Milk, Lactose Free & Decaf.

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providing education and  
employment options for  
young people.

## Cold Beverages

**Milkshakes** SML-\$5.00 LGE-\$7.00

Strawberry, Chocolate, Caramel, Vanilla & Blue Heaven

**Iced Drinks** \$6.00

Latte, Mocha, Chocolate or Chai add whipped cream \$1.00

**Alternative Milk Options** extra \$1.00

Syrups, Malt, Soy Milk, Almond Milk, Oat Milk & Lactose Free

**Soft Drinks** \$3.00

**Spring Valley Juice** \$4.50

**Pop Tops** \$3.00

**Flavoured Sparkling Water** \$4.00

**Water** \$4.00

## Smoothies

Seriously healthy smoothie range - 100% natural & allergy friendly,  
dairy & gluten-free, vegan, no added sugar & low fat

**Detox** \$8.00

Blueberry, Banana, Dates, Boysenberry

**Vitality** \$8.00

Strawberry, Mango, Raspberry, Goji Berries

**Reboot** \$8.00

Mango, Pineapple, Banana, Passionfruit

**Alternative Milk Options** extra \$1.00

 **Pay it Forward!**

**\$2**

Buy a coffee or cold drink for a person in need.  
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