



SATURDAY, 19th September 9.30am—1.15pm

“Both men & women in stable committed couple relationships tend to live longer, healthier & wealthier”.

John Gottman

Marriage is of great value but is rarely easy.

Based on the work of world relationships experts,
Drs John & Julie Gottman

Join relationship therapists
Robyn Lingard & Sue Vogel to learn the art of a loving respectful marriage.

What you will learn:

- *Secrets for making your marriage strong & enduring
- * Keep emotional connection in a busy world that pulls you apart
- * Resolve disagreements & stay calm
- * Build a resilient relationship based on friendship, respect, affection, & understanding
- * Discover your life goals & dreams both individually & together
- * Create & restore intimacy & romance
- * Overcome gridlock & gain a fresh approach to old problems
- * Identify & choose the right life partner more effectively

Corner of Wynn Vale & Endeavour Drive, Wynn Vale

The Gottman Institute is a world leader in training couples to build loving and enduring marriages. Their unique approach is based on 45 years of research with over 3000 couples.



Susan Vogel, Psychologist

Susan is a Registered Psychologist and practices at Golden Grove and Unley. She is passionate about helping couples to have a more fulfilling marriage and educating young people in how to have a healthy, happy relationship. Sue has completed level 3 in Gottman Training and continues to help many couples in her practice.



Robyn Lingard, Psychotherapist

Robyn is an Individual & Relationships Therapist in private practice at Golden Grove. Robyn has been married for 30 years and highly values the Gottman approach in her personal and professional life. She is a member of the Gottman referral network and is currently training to become only the 2nd Gottman Certified Couples Therapist in SA.

Details

\$80 per couple, \$50 per individual

Morning tea & handouts included

Bookings and payment by Friday 18th September

Location: Salvation Army, corner of Wynn Vale & Endeavour Drive, Wynn Vale

Who can attend?

* Married Couples

* Pre-marrieds

* All committed relationships of 18 yrs+

* Singles who want to learn what a good relationship looks like before committing

For more information & bookings please contact:

Sue Vogel 8289 1222 or Robyn Lingard 0412 844 278