



# Central Vic Salvos

1st March 2026

## LENT: THE BLESSING OF SELF-DENIAL

The season of Lent invites us into something deeply meaningful “the blessing of self-denial”. At first, self-denial may sound difficult or even negative. Yet in the Gospel of Luke, Jesus says, “Whoever wants to be my disciple must deny themselves and take up their cross daily and follow Me.” These words are not about punishment; they are about transformation.

Lent reminds us that when we lay something down, we make room for something greater. When we practise self-denial, whether through fasting, giving, prayer, or simplicity. we are not losing; we are receiving. We are learning to depend more fully on God. We are loosening our grip on temporary things so we can hold more tightly to eternal truth.

For us in The Salvation Army, self-denial also connects with generosity. As we deny ourselves, we remember those in need. We give so that others may receive. We sacrifice so that Christ’s love may be seen in practical ways.

### **Self-denial during Lent becomes a blessing because it:**

- Refocuses our hearts on Jesus
- Strengthens our spiritual discipline
- Deepens our compassion for others
- Prepares us to rejoice fully at Easter

### **Lent blesses us by:**

- Helping us refocus our lives on Christ
- Teaching us to trust God more deeply
- Preparing our hearts to receive the joy of Easter



Lent is not about spiritual heaviness. It is about holy growth. It is a season where God gently shapes us, teaches us surrender, and reminds us that true life is found in Christ alone.

In Pakistan we practice saving money by fasting in lent season and give that money to the church as self-denial. Every year it is getting batter. More people are fasting, even join a collective fast.

May this Lenten journey be a blessing to you, as you deny yourself, take up your cross, and follow Him with renewed faith.

Grace and peace,  
Hummera Ashir (Bendigo)



# MONTHLY QUIET CHALLENGE

March:

Prayerful Hearts

Read:

**Philippians 4: 6-7**

Write down your prayers and notice How God responds



# FUNDRAISER

Raising money for the group  
The Way of the Cross

**Movie:** I Can Only Imagine 2

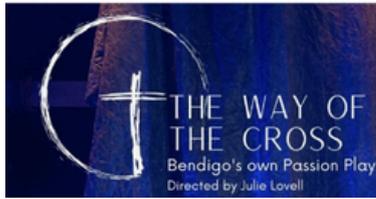
**Where:** Bendigo Cinema

**Date:** Sunday 15th March

**Time:** 4pm

**Cost:** \$23

Scan QR code to book



## Philippians 4:6-7

Don't worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done. Then you will experience God's peace, which exceeds anything we can understand.



**NEW YORK STAFF BAND  
LIVE IN BALLARAT**



NEW YORK STAFF BAND

# KING OF KINGS

**Friday 20 March @ 7.30pm**

Ballarat Central Uniting Church, 103 Lydiard Street S, Ballarat

Adults \$25 / Children under 16 \$10

Tickets on sale @ [trybooking.com/DJA0B](http://trybooking.com/DJA0B) or scan the QR code



**FREE EVENT**

Victoria

# Divisional Gathering

Save the Date

**Sunday 4 October**

Main Service @ 3PM    Youth Service @ 6PM

Join us for Spirit-filled worship, fellowship & celebration as we come together for the afternoon. Kid's Church will run during the service in a separate room at the centre.

Stay for praise, fun & prayer with youth & young adults from around the Division.

**Melbourne Convention & Exhibition Centre**  
1 Convention Centre Pl, South Wharf VIC 3006

We look forward to you joining us for a day together later this year so please keep this date clear. We will have more information for you in the near future.



World Day of Prayer

THE

# good news

Bible Society

6th March

## Bendigo Salvo's

Time: 10.00am

Followed by morning tea at 11.00am  
65-71 Mundy Street, Bendigo  
Worship Centre Gate No.1

## Castlemaine Area

**Maldon** - St. Brigid's Catholic Church  
5-7 Chapel St Maldon 10.30 am

**Newstead** - All Saints Anglican Church  
26 Panmure St Newstead 10.00am

## Eaglehawk Salvo's

Time: 10.30am

51 Church Street, Eaglehawk

## Maryborough

Time: 10.00am

Church Of Christ 49 Clarendon St, Maryborough



CALL

Bringing Bibles, healing,  
and help for Nigeria's  
displaced

# THE Way

Jesus-centred, Spirit-led  
hope revealed

EVANGELISM

PRAYER

DISCIPLESHIP

MISSION

SPIRITUAL WARFARE



"God help me,  
enable me  
to cultivate a  
spirit of self-  
denial and to  
yield myself  
a prisoner of  
love to the  
Redeemer of  
the world."

Founder William Booth,  
20 years of age (1849)

MOTIVATED BY  
**LOVE**  
SELF DENIAL 2026



BELIEVE IN GOOD

# Eaglehawk



## EASTER @ EAGLEHAWK

Tuesday 17 February - 12:30 pm Pancake Day lunch. Everyone welcome

Wednesday 18 February - 4:30pm Ash Wednesday service.

Sunday 22 February - 1st week Lent I AM the Bread of Life

Sunday 1 March - 2nd week Lent I AM the Light of the World

Sunday 8 March - 3rd week Lent I AM the Door

Sunday 15 March - 4th week Lent I AM the Good Shepherd

Sunday 22 March - 5th week Lent I am the Vine

Sunday 29 March Palm Sunday

Sunday 29 March Passover Meal at 7:30pm - all welcome

All at 51 Church Street,  
Eaglehawk

### HOLY WEEK Prayer and Scripture Reading

Monday to Thursday at 8:30am each morning.

On the Thursday will be lead by Major Robert Evans

Friday 3<sup>rd</sup> April Good Friday - St Peter's Anglican church Eaglehawk, 63 High St, Eaglehawk

Followed by Fish Fingers in buns at Eaglehawk Salvos

Sunday 5<sup>th</sup> April Combined Sunrise Service with the churches of Eaglehawk at Lake Neranga

10am He is Risen worship service at Eaglehawk Salvos I AM the Resurrection and the Life.



## EAGLEHAWK DAHLIA & ARTS FESTIVAL

### Sunday Family Day

22nd March 2026

Canterbury Park Gardens.

All Activities are free!!

So come along and have some fun in the GARDENS.

Table tennis; Chocolate Scramble, Painting

Connected Circus Fun; Sandcastle building;

Face-painting; Fire Brigade with Water!!!

Our theme is HARVEST so have a go at making a SCARECROW.



Then head over to the **EVENTS SPACE** & enjoy

Kelly Sports, Baseball; Rides, Archery, Slot Cars & the fabulous Climbing Wall.

Plus....the animals are back from the fabulous **Animals 2U**

BBQ & drinks provided by EH Scouts & EH Y's Men for a small cost,  
or bring your own picnic !

## MUSIC IN ACTION

Eaglehawk Corps extend an open invitation to anyone in the community who is interested in playing, or learning to play, a brass instrument

Brass Practice: every Thursday pm & plays every Sunday.

If you are interested please call 5459 0507 & press 1

Ask to speak with Darren Dunn.

Beginners are warmly welcomed, with support and mentoring available.



# Castlemaine

## LEARNING TO GIVE MERCY IN THE WAY OF JESUS

As we read from Matthew's Gospel again this week, Jesus continues his strange teachings with more controversy.



"So whenever you give alms, do not sound a trumpet before you, as the hypocrites do in the synagogues and in the streets, so that they may be praised by others." Matthew 6v2

In the long tradition of the Salvation Army, modern equivalents of these biblical "trumpets" have literally been sounded alongside the collection for those in need. Not just cornets, but whole brass bands a distinctive feature on street corners and in the open air meetings. This photo was taken as I played for carolling collection in 2024.

You could read Jesus' words in a blunt black and white manner and accuse us of an awkward disobedience and departure from plain teaching: "no brass!" But this is not what Jesus is concerned about at all. We lean in closer to the heart of Jesus' words and pay close attention to the way Jesus himself practices mercy and kindness to those in need. In doing this, we will find more than mere instructions; the values of the kingdom of God will come into clear view.

The key in interpreting Jesus' words here is to move our focus from the donors, to those in need. **Why does Jesus call off the trumpet blasts when mercy is being given and received?** It's not just because of the grotesque aggrandizement of the giver. That is certainly appalling and off-putting, but if the rich and privileged want to make fools of themselves (and often they do this spectacularly) I don't think Jesus minds. They are their own embarrassment.

What Jesus really cares about is the experience of the vulnerable person in need. **It is for their sake that Jesus asks us to give in secret**, to fold up our banners and branding and be discreet, so that the person receiving care is not shamed or humiliated, made to feel small or obligated to those who give.

There is no merit in the claim that we need to publicise acts of mercy so that God is glorified.

As we open our doors and move into spaces of ministering mercy in need the dignity of those we provide care for is primary in following the way of Jesus. In the dignity of the most vulnerable the glory of God is revealed in a way that no fanfare could extol.

Beth Waldron Anstice Feb 2026



**Saturday March 7 10am-4pm**

**Castlemaine Salvos supporting Applefest with a shady spot to sit, cool drinks and craft activities.**

### Castlemaine Sunday Meetings March

Mar 1	Mt 6v1-4	Quiet Prayers, Secret Gifts – handling ego	Pancakes & Playgroup
Mar 8	Mt 7v1-5	Logs and Specks – handling criticism	Labour Day weekend
Mar 15	Mt 7v7-12	Ask, Seek, Knock – handling need	Corps Lunch
Mar 22	Mt 7v24-29	Rock & Sand – handling opportunity	Maj. Rob Evans
Mar 29	Mt 21v12-17	Pigeons and Prayers – handling anger	Preparing for Easter

# Bendigo



## EASTER @ BENDIGO

**SELF-DENIAL ALTER SERVICE - 22<sup>ND</sup> MARCH**

**PALM SUNDAY - 29<sup>TH</sup> MARCH**

9:35am - Procession (onsite)  
10.00am - Service

**PASS OVER - 2<sup>ND</sup> APRIL**

11:00am - Service

**GOOD FRIDAY - 3<sup>RD</sup> APRIL**

10.00am - Reflective Service

**EASTER SATURDAY - 4<sup>TH</sup> APRIL**

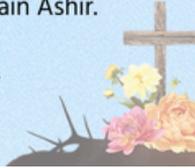
7.30pm - Easter Torchlight Parade Bendigo

To join in the Parade please meet at the QEO car park at 5.00pm  
for more information please see Captain Ashir.

**EASTER SUNDAY - 5<sup>TH</sup> APRIL**

10.00am Service

**Worship Centre**  
Gate 1  
65-71 Mundy St,  
Bendigo



# Chapel Service

Join us for a half hour chapel service where we discover how the bible relates to us now.  
A relaxed discussion and fellowship time.

**Thursdays, 11:00am**

**Bendigo Salvo's 65-71 Mundy St  
Worship Centre, Gate 1**



# Maryborough



## EASTER @ MARYBOROUGH

**PALM SUNDAY - 29<sup>TH</sup> MARCH**

10.00am Service

**GOOD FRIDAY - 3<sup>RD</sup> APRIL**

Reflective Service: 10.00am  
Hot Cross Bun morning tea

**EASTER SATURDAY - 4<sup>TH</sup> APRIL**

Easter Torchlight Parade Bendigo  
More details to come.

**EASTER SUNDAY - 5<sup>TH</sup> APRIL**

Dawn Service - Bristol Hill

Morning Service  
10.00am  
followed by Easter Egg Hunt

27 Wills Street  
Maryborough



# CAR WASH

**13 March**

**6pm-7pm**

27 Wills St  
Maryborough

*a fundraiser for our Red Shield Appeal*

**\$2  
SNAG**

**\$10  
CAR/UTE**

**\$15  
BUS**





# Thrift Shops

## BENDIGO THRIFT SHOP

2B Thistle Street, Golden Square  
Ph: (03) 5459 0504

### Open Hours:

9am-4:30pm Monday to Friday  
9am-2pm Saturday

## BENDIGO CBD THRIFT SHOP

18 Pall Mall, Bendigo  
Ph: (03) 5459 0509

### Open Hours:

9:30am-4:00pm  
Monday to Saturday

## EAGLEHAWK THRIFT SHOP

4 Marong Rd, Ironbark  
Ph: (03) 5459 0508

### Open Hours:

9:30am-5pm Monday to Friday  
9:30am-4pm Saturday

## CASTLEMAINE THRIFT SHOP

46 Forest Street, Castlemaine  
Ph: (03) 5459 0506

### Open Hours:

10am-4pm Monday to Friday  
10am-3pm Saturday

## ST ARNAUD THRIFT SHOP

70-72 Napier Street, St Arnaud  
Ph: (03) 5459 0503

### Open Hours:

9:30am - 3:30pm Monday to Friday  
10am-2pm Saturday

## AVOCA THRIFT SHOP

114 High Street, Avoca  
Ph: (03) 5459 0502

### Open Hours:

10:00am - 3:30pm Mon, Wed, Fri

## WEEKLY PROGRAMS & SERVICES

### BENDIGO

#### MONDAY

12.00pm - Community Meal  
12.30 to 2.30pm - Clothes Washing

#### THURSDAY

11.00am - Chapel  
12.00pm - Community Meal  
10.30 to 1.30pm - Clothes Washing

#### SUNDAY

10.00am - Celebration Service  
10.30am - Kids School

65-71 Mundy St, Bendigo

### EAGLEHAWK

#### TUESDAYS

8:30am - Weekly Prayers

#### WEDNESDAY

11am - 12:30pm Weekly Bible Study - BYO lunch

#### THURSDAY

2.00pm Band Practice  
11.00am 3<sup>rd</sup> of every month - Aged Care Service

#### FRIDAY

11.00am Creative and Create Hub  
finish at your own leisure

#### SUNDAY

9:40am - prays  
10.00am - Celebration Service  
3<sup>rd</sup> Sunday of month is the church/corps come  
and share lunch together. starting February to  
November.

51 Church St, Eaglehawk

### MARYBOROUGH

#### MONDAY

9:30am to 12.30pm - Community Pantry  
10:30am - Women's Fellowship \*

#### WEDNESDAY

9:30am to 12.30pm - Community Pantry

#### THURSDAY

1.30pm - Bowls  
4.00pm - Kids Club \*

#### FRIDAY

9:30am to 12.30pm - Community Pantry  
5.00pm - Faith Chats \*  
6.00pm - Youth Group \*

#### SUNDAY

9:15am - Prayer Meeting  
10.00am - Celebration Service with Kids  
Church

27 Wills St, Maryborough

### CASTLEMAINE

#### MONDAY

10.00am - Playgroup\*  
3:45pm - 4:45pm: Just Brass

#### WEDNESDAY

9.30am to 12.00pm Doorways

#### FRIDAY

9.30am to 12.00pm - Doorways

#### SUNDAY

10.30am - Worship Service

47 Kennedy St, Castlemaine

\*not on during school Holidays



# Contact Us

## THE SALVATION ARMY CENTRAL VIC SALVOS

### BENDIGO

Capt. Ashir Morris and Hummera Ashir  
65 – 71 Mundy Street, Bendigo | 03 5440 8431  
corpsofficer.bendigo@salvationarmy.org.au

### CASTLEMAINE

Beth Waldron Anstice  
47 Kennedy Street, Castlemaine | 03 5459 0505  
corpsofficer.castlemaine@salvationarmy.org.au

### EAGLEHAWK

Major Karen Armstrong  
51 Church Street, Eaglehawk | (03) 5459 0507  
corpsofficer.eaglehawk@salvationarmy.org.au

### MARYBOROUGH

Major Vanessa Evans  
27 Wills St, Maryborough | 03 5459 0500  
corpsofficer.maryborough@salvationarmy.org.au

**2 WAYS TO GIVE**

**IN PERSON**  
PLACE YOUR CASH OR ENVELOPES IN THE OFFERING PLATE

**ONLINE**  
VIA BPAY  
BILLER CODE: 437855  
REFERENCE #: 10009



# doorways

Doorways is our Community Support program. It is the entryway through which those experiencing hardship and/or disadvantage can take proactive steps to find the support they need to overcome life's challenges and find long-term solutions. We offer a range of services from emergency relief to case management and more.

If you are experiencing hardship or financial difficulties, please call the Salvos Phone Assistance Line (PAL) on 03 8873 5288.  
This service operates Monday to Friday between 9am and 4pm.

Please be aware no assistance interviews will be conducted from our local sites. Community members presenting to any of our Central Vic Salvos sites will be invited to contact Salvos PAL.



The Salvation Army Central Victoria acknowledges the Dja Dja Wurrung and Taungurung Peoples of the Kulin Nation, the Traditional owners of the land on which we meet and work and pay our respect to Elders past, present and future. We value and include people of all cultures, languages, abilities, sexual orientations, gender identities, gender expressions and intersex status. We are committed to providing programs that are fully inclusive. We are committed to the safety and wellbeing of people of all ages, particularly children.