



"People living with dementia are integral in creating spaces where they are understood, respected, supported and empowered!"



For more information

Contact



www.salvationarmy.org.au/brunswick



jason.simmonds@salvationarmy.org.au



M - 0400 242 893



**Merri-bek
City Salvos**
Brunswick



**Merri-bek
City Salvos**
Brunswick



Dementia friendly singing groups

A glad heart makes a cheerful face
(Proverbs 15:13)

Building Community

"*Singing by Heart* is the one day in the month when I can see Anita full of life and engaged in an activity. It's amazing to see her being sociable with others, and it's like she's back to her previous self."

Bill, *Singing by Heart* participant,



Promoting Memory

Monthly free sessions are designed to connect with memories and stimulate minds as well as supporting the needs of carers and family members of people living with dementia.

OUR VALUES

- **Integrity** – Being honest and accountable in all we do.
- **Compassion** – Hearing and responding to pain with love.
- **Respect** – Affirming the worth and capacity of all people.
- **Diversity** – Embracing difference as a gift
- **Collaboration** – Creating partnerships in mission.

Singing By Heart

→ **Second Wednesday of the month at 11am**
Salvation Army Brunswick
256 Albert Street, Brunswick
Victoria, 3056

☎ M - 0400 242 893

✉ jason.simmonds@salvationarmy.org.au

[SALVATIONARMY.ORG.AU/BRUNSWICK](https://salvationarmy.org.au/brunswick)

Caring for People

→ Positive atmosphere

A comfortable atmosphere where people living with dementia and their carers can enjoy a social gathering, a sing and a cuppa.

→ Building self-worth

By 'levelling the playing field' - all participants are treated equally and participate together.

→ Develop Relationships

With all participants - encouraging them to build a support network.

Singing by Heart creates a meaningful Christian worship experience with a selection of popular and sacred music and time for conversation and support.

Singing by Heart is not a performance choir but rather an inclusive community where memories are shared through music, written prayers and a selection of encouraging Scripture verses.