



“People living with dementia are integral in creating spaces where they are understood, respected, supported and empowered!”



For more information

Contact



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**Merri-bek
City Salvos**
Brunswick



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Dementia friendly singing groups

A glad heart makes a cheerful face
(Proverbs 15:13)

Building Community

"*Singing by Heart* is the one day in the month when I can see Anita full of life and engaged in an activity. It's amazing to see her being sociable with others, and it's like she's back to her previous self."

Bill, *Singing by Heart* participant,



Promoting Memory

Sessions are designed to connect with memories and stimulate minds as well as supporting the needs of carers and family members of people living with dementia.

OUR VALUES

- **Integrity** – Being honest and accountable in all we do
- **Compassion** – Hearing and responding to pain with love
- **Respect** – Affirming the worth and capacity of all people
- **Diversity** – Embracing difference as a gift
- **Collaboration** – Creating partnerships in mission

Singing By Heart

→ Salvation Army Brunswick
256 Albert Street, Brunswick
Victoria, 3056
Wednesdays 11am (monthly)

☎ (03) 9388 5500

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[SALVATIONARMY.ORG.AU/BRUNSWICK](https://salvationarmy.org.au/brunswick)

Caring for People

→ Positive atmosphere

A comfortable atmosphere where people living with dementia and their carers can enjoy a social gathering.

→ Building self-worth

By 'levelling the playing field' - all participants are treated equally and participate together.

→ Develop Relationships

With all participants - encouraging them to build a support network.

Singing by Heart creates a meaningful worship experience with a selection of popular and sacred music. Sessions provide a space where people can explore life, the Christian faith and meaning together.

Singing by Heart is not a performance choir but rather an inclusive community where memories are shared through music, written prayers and a selection of encouraging Scripture verses.