

Brisbane City Temple



LIVING THE 167

8th November 2020



We all know it's crucial for healthy living to eat nutritious foods and exercise, but it's even more important we stay spiritually healthy. We benefit from a healthy body during our time on earth, but staying spiritually fit offers benefits now and for eternity.

There are many mornings when I simply don't feel like exercising, and I bet you can relate. There are days when my to-do list screams, my phone rings continually, or I just feel lazy, tired or unmotivated. So I've learned if I don't intentionally make it a priority and form habits to help purposefully add exercise into my day, I won't make the time. We are the only ones who have control over setting priorities in our lives — and if we don't intentionally make staying spiritually fit and spending time with God of utmost importance, then it won't happen. And without habitual spiritual nourishment, we will never be spiritually fit and strong.

When we form habits in our spiritual lives that help us stay strong, we'll have the inner motivation to live out outward actions that glorify God. When hearts and spirits are ready to go, our bodies will be too.

Lord, help me make spending time with You a habit I stick to every day, one that motivates me to live the way Your word trains me. Help me make an intentional commitment to grow spiritually strong and fit so I can be strong in my faith. In Jesus' Name, Amen.

<https://www.proverbs31.org/read/devotions/full-post/2016/10/31/make-your-spiritual-fitness-a-priority>

This weeks Bible reading is John 15:1-17



Our National Vision

Wherever there is hardship or injustice

Salvos will live, love and fight

Alongside others

To transform Australia one life at time

With the love of Jesus



Family Carols @ BCT

On Saturday 12 & Sunday 13 December our building will be filled with carol singing and celebration as we share the Christmas story. Due to Covid restrictions we will repeat the carols so that as many people as possible will be able to attend. It will be interactive and family friendly so save the date and think of people that you could invite to share this with.

How can I help?

We need ushers, decorators, graphic artists, cleaners, musicians, welcomers, gift bag packers, tech assistants

How do I sign up to help?

Go to [Family Carols @ BCT](#)

Jayne Krieger passed away on Monday 2 November. We remember her family in our prayers and we thank God for her life and for the time she shared as part of this congregation. Her funeral will be on Friday 13 November 10.30am at Pinaroo Chapel 285 Graham Road Albany Creek. Major Jill Whitehouse will conduct the service.



Praying for our congregation

Pamela, Sandra & Lindsey

Warren, Andrea, Joseph & Anna; Sheila;

Marie; Graham ; David & Bev; Paul & Lois:

Mavis

Praying for our community

Jayne K. family

Aboriginal & Torres Strait Islander peoples

Emergency Relief volunteers and community members

Open House volunteers and community members

Mainly music volunteers and families

Scott & Sharon will be on holidays until November 17.

Captain Narelle Unicomb will be sharing God's word on Sunday 8 November and Captains Ashley & Bronwyn Barkmeyer will share Gods word on Sunday 15 November.

If you are needing assistance while the Allens are away please contact either Judith 0407 758 631 or Rodney E. 0413 884 153

TITHES AND OFFERINGS

Have you thought about how you can continue to give your tithes and offerings during this time where you are not able to physically place them in the offering bag?

You can make a direct deposit into the Corps Account. Bank Account details are

NAME: The Salvation Army BCT

BSB Number: 034 004

Account Number: 810612

THERE WILL NOT BE A NEWSLETTER NEXT WEEK

Bric a Brac needed

Do you have any bric a brac that you don't need or want? The Salvos family store at 7 Anthony St West End is in need of stock. You can drop items off between 9am—3pm Tues– Fri. The manager Tonya will be very pleased to see you

SAVE THE DATE

Brisbane wide Youth & Young Adults

Church Night at NBC Salvos

Sunday 15 November

More details to come

Corps Gathering

On Sunday November 22 we will be gathering in the City Botanic Gardens at 10:30am instead of at 167 Ann St. Bring along a rug / chair and a picnic and enjoy spending time in God's creation with each other. This is a great opportunity to sit and chat and get to know each other better. There will be a meeting available online that day for those who are not able to come to the park.



Cityscape Prayer

Friday 13th November

6:30pm - 7:30pm

Meet at the hall and join the team of prayer walkers praying for our city

Spiritual Growth

Have you done a spiritual gift test yet?

You will find one on our website

<https://www.salvationarmy.org.au/brisbanecity/spiritual-growth/>

Sunday Meetings

Due to our COVID restricted seating capacity it is important that you pre-register your attendance *each week*.

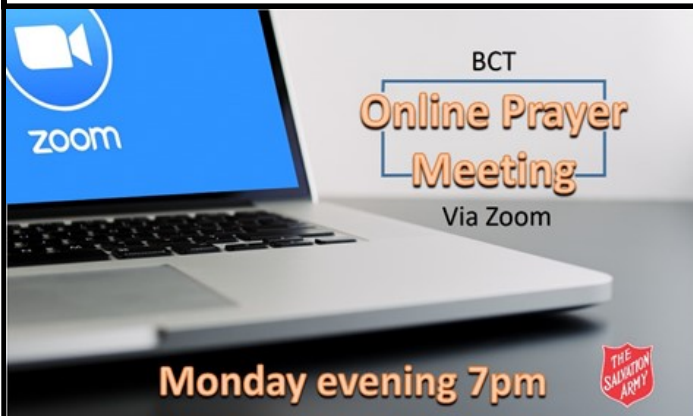
This can be done simply by going to the homepage of our website

<https://www.salvationarmy.org.au/brisbanecity/>

& follow the registration instructions.

Unfortunately once we have reached our capacity, we won't be able to have anymore registrations.

We are still offering our meeting online each week on [Facebook](#) and our [website](#)



You are invited to attend our online prayer meeting each Monday night at 7pm.

Join Zoom Online Prayer Meeting

<https://zoom.us/j/94935049033>

Meeting ID: 949 3504 9033

WEEKLY AT BCT

SUNDAY

9.30am Primary, Kids Connection & Junior Soldiers

10 am Morning Worship

MONDAY

7pm Online prayer meeting

TUESDAY

6pm Bible study @ BCT

8pm Women's online connect group

WEDNESDAY

10am-12pm Sal Connect

12pm Open House' Community Lunch'

7.30pm Band Rehearsal

THURSDAY

10am mainly music

8pm Men's online connect group

FRIDAY

10am-12pm Sal Connect

7.00pm Youth group

SATURDAY

10am Women's online connect group

Parking stations

WICKHAM TERRACE CAR PARK

Located between Wickham Terrace and Turbot Street, Spring Hill

Cost \$5 for four hours on Sunday

POST OFFICE SQUARE CAR PARK

223-235 Adelaide Street, Brisbane

Discounted rate \$6 with ticket validation in our foyer

KING GEORGE SQUARE CAR PARK

Vehicle entry is via Roma or Adelaide Streets and exit is via Roma Street.

Cost \$5 for four hours on Sunday

If you are more mobile would you consider parking offsite so that spaces can be made available downstairs for the less mobile so that they can avoid walking up the hill.