



What is true fasting? It certainly isn't a mechanical response to God, a merely external religious act. It is done from a heart truly dedicated to God, wanting to press on into Him more to realign our focus on Him. We should be mindful of others - attending the physical, emotional and spiritual needs of others who may be in need. It is also not a theatrical show, as the hypocrites were accused of in the New Testament. It isn't done so people will think that we are 'spiritually superior' (Matt. 6: 16-18). That is not the right motive or attitude. We need to have a humble heart, and be aware of our own weaknesses and shortcomings. No one needs to even know we are fasting.

It is so important to couple fasting with prayer. Prayer for our Nation, our family and friends, the unsaved, our church leaders, ministries, missions, ourselves in the area of things we need real breakthrough in, and God's direction, purpose and plan for our lives. There is so much in need of our prayers. God can do mighty things in the spiritual realm, when we pray and fast - as long as we are in the right spirit of the fast. There are times we need to fast - but it shouldn't become a religious, legalistic thing.

I remember somebody mentioning one time, that you could even have a fast from other things, such as T.V. Whatever we feel is taking up more of our time than it should. I found that quite interesting. I guess giving up something (or limiting ourselves in it) to spend more time with the Lord, is something He desires and what we should desire. He will honour us in that. He wants us to fellowship with Him. To have that close daily intimate relationship with Him. So whatever fasting you undertake, may you grow closer to the Lord, as you pray and meditate on His word. Remembering the out-working of this relationship is ministering into the lives of others.

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This weeks bible passage comes from Matthew 6: 16-18



Our National Vision
Wherever there is hardship or injustice
Salvos will live, love and fight
Alongside others
To transform Australia one life at time

Equip Online

We know EQUIP camp can't happen this year, but as part of the Equip strategy, youth and young adults can participate in Equip Online! We believe in young people all across Australia being equipped to impact their communities. Every young person has something significant to contribute.

Equip Online is a digital platform which will use video tutorials, video calls and mentoring to see you equipped to transform your community.

As part of Equip Online, you will be required to participate in:

1. Watching a weekly video tutorial
2. Engaging in a weekly discussion via video chat with your stream and leaders
3. Engaging in a weekly mentor group catch up via video chat with similar aged peers and two leaders
4. During the six weeks you will work toward completing a "Missional Project" which will be further explained in your stream time

Head to this link for the digital communication pack that includes all the promo and information you need about Equip Online:

<https://drive.google.com/drive/folders/1ehSUPy5P8-qgKPAXo3bli1wB4LbYYtbV?usp=sharing>

**EQUIP ONLINE LAUNCHES 31 AUGUST
REGOS ARE OPEN NOW! REGISTER AT
WWW.TINYURL.COM/EQUIPONLINE2020**



Please remember our members of our faith community in prayer

Aiden, Don W. Jayne, Norm S. Pamela, Praying for protection from the spread of Corona Virus

Norman L; Bevon & Marzly; Ray & Coral; Russell, Fiona, Brittany & Lachlan; Ron & Cheryl; Victoria; John

Chaplaincy

Interested in joining our compassionate Chaplaincy team, to offer spiritual and mental wellbeing support, for the most vulnerable in your local community? The Salvation Army Chaplains are the living expression of the Gospel. Answer the calling to serve God by providing practical, emotional and spiritual support to prisoners within Correctional Service Centres.

There are multiple vacancies and openings across the week to fit in with your availability.

Register your interest by email or call:

Jillenne O'Dell: 0448 583 585

Jillenne.odell@salvationarmy.org.au

PLANNED GIVING ENVELOPES

A new set of envelopes have arrived for those people who use them for their planned giving. Contact will be made to determine how you can receive them before you run out of the existing envelopes. Alternatively, you can email or message Scott to organise picking them up from the hall.

CONNECT GROUP

If you are looking for a group during the week where you can connect with God and connect with others, then we have a few that may be suitable for you

Tuesday @ 8pm – Women's group (age 30 – 50)
contact Alison 0402 404 371

Thursday @ 8pm – Men's group (age 30 – 50)
contact Todd 0402 313 795

Thursday @ 6:30pm – includes dinner (Nundah area) contact Tim 0434 532 848

Saturday @ 10am – Women's group (all ages)
contact Susan 0438 556 432

Future Sunday Meetings

The leadership team are working towards a Covid safe plan to reopen for worship.

More information will be included in upcoming newsletters.

TITHES AND OFFERINGS

Have you thought about how you can continue to give your tithes and offerings during this time where you are not able to physically place them in the offering bag?

You can make a direct deposit into the Corps Account. Bank Account details are

NAME: The Salvation Army BCT

BSB Number: 034 004

Account Number: 810612



You are invited to attend our online prayer meeting each Monday night at 7pm.

Click on the link below to join in. If you have any problems connecting, don't hesitate to give Scott a call or a text on 0416 133 938

Join Zoom Online Prayer Meeting

<https://us02web.zoom.us/j/9399076901?pwd=eW41YXpWK1J6ZzdiNUhINkNIMkw1Zz09>

Meeting ID: 939 907 6901

Password: 048505

SUNDAY SERVICES

Our weekly sermons and worship service is pre-recorded and available for viewing either from our Corps Facebook page or from our Corps website.

Links for Viewing

Facebook: <https://www.facebook.com/BrisbaneCityTemple>

Or you can follow the link on the

Homepage of the Corps Website: <https://www.salvationarmy.org.au/brisbanecity/>

Corps Picnic

Come along on Sunday 2 August to Roma St Parklands at 10:30am for a Corps picnic. This will be an opportunity for us to connect with each other. BYO chair/rug/food. Parking will be available at the hall or in the surrounding streets or carparks. Public transport will also be a good option. Meet on the grass near The Garden Café which is near the train station.



Housemate Wanted

- Nundah
- Bedroom with en-suite
- Reasonable rate
- Furnished
- Closed garage space
- Good owners
- Good aircon
- Short walk to Toombul shops/Nundah shops/Toombul Station/Kalinga park
- 10-15min drive to the city
- Great housemate

Contact Tim 0434 532 848

Band Rehearsal

Wednesday 22 July will see the recommencement of rehearsals at 7:30pm in BCT.

There are strict Covid Safe plans that have been enforced by QLD government.

This means

- It is mandatory for contact details (name, phone number, email or residential address, date and time) to be recorded and kept on file for 56 days
- Hand sanitizer to be used
- Physical distancing must be maintained



Spiritual Growth

When disciples of Jesus fast, their motive is to be God-focused. Fasting reminds us that we care about "soul" things. We willingly set aside a little comfort so we can listen and attend to the voice and nourishment of God alone. This weeks Discipline can be found on the Corps Website.

Brisbane City Temple Corps

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Men's Outing

Saturday 8 August

BBQ breakfast

