



This, then, is how you should pray ...Matthew 6:9

Prayer, like giving, can be a discipline we engage in for the wrong reasons. Prayer can become an empty ritual or a mere formality. Sometimes we may be tempted to pray only when we need a favour from God, or because we need help getting out of a jam. Jesus warns us that prayer can lend itself to hypocrisy. Jesus wants our prayer to be an expression of intimacy with God. In prayer, we enjoy the beauty and the majesty of God's presence.

Do you enjoy this communication with your heavenly Father? Or is prayer more like an awkward formality? Jesus invites us into rich fellowship with God and helps us to express ourselves to God. Jesus teaches us the Lord's Prayer to help us speak to God. If you are uncertain about how to pray, use the Lord's Prayer. Think about the meaning of each line, and perhaps use your own words, and you will find yourself growing in relationship with God.

Ironically, even the Lord's Prayer can become a ritual. How can we prevent that? Jesus shows us that a sure sign that we are engaged in genuine prayer is that we grow closer to God's heart and forgive those who have wronged us. When we enter God's presence in prayer, we see that we are there only because God forgave us at great cost to himself. In turn, we are led to show God's gracious love to others. Do you enjoy a prayer life that leads you to love others?

Prayer

Our Father in heaven, hallowed be your name, your kingdom come, your will be done on earth, as it is in heaven. Amen.

Rob Toornstra Pastor, Sunnyslope CRC

This weeks bible passage comes from Matthew 6: 5-15.



Our National Vision

Wherever there is hardship or injustice

Salvos will live, love and fight

Alongside others

To transform Australia one life at time

Time for you to Share

Lyndon D. has shared the following

How has the lockdown impacted me personally?

I haven't been able to go to my regular groups that get me out of the house and help with my mental health as I spend time with other people. I cannot worship God and sing and read God's word every Sunday which I deeply miss a lot.

How has it changed my attitude to worship?

I cannot meet my friends at church which I deeply miss and it has impacted my mental health

What have I found to be the most effective way to worship at this time?

My physio has taught me new exercises and I do plenty of walking and talking to God in my mind while I am walking. I've been reading my Bible and praying for God to fill my mind with his words and his thoughts.

What have I missed the most from not attending the meetings?

Kids Time

When and where have I felt Gods presence during this lockdown?

I've felt God's presence with me while doing my walking in the lovely sunshine and cool air to breathe in God's creation.

How has my engaging with others changed?

I have found it difficult to not engage with others and I feel down but other days I am fine

It's a girl!

On Tuesday 7th July 2020, Michael and Rebekah Cooper welcomed a beautiful baby girl into the world, Charlotte Elizabeth Cooper. Big brother Thomas is very excited with the new addition. Thanks to all for the lovely gifts in the baby baskets.



Alpha

We are looking to recommence Alpha which was stopped by Covid 19. If you were a part of a group, you will be contacted by your host about if and how you would like to recommence. There will be necessary changes to how this will operate to ensure safety for all participants. We are also looking at commencing an Alpha group for people who were not able to join the group in February. This will be offered in two ways – online via zoom or in person. If you would like to be a part of a new group commencing early August please contact karen@thegreens.id.au

What is compassion?

Our Territorial leaders share their thoughts on compassion

<https://web.microsoftstream.com/video/b05d6086-7b38-445d-9901-1cc2113cd901>

PLANNED GIVING ENVELOPES

A new set of envelopes have arrived for those people who use them for their planned giving. Contact will be made to determine how you can receive them before you run out of the existing envelopes. Alternatively, you can email or message Scott to organise picking them up from the hall.



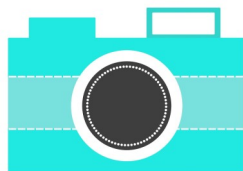
Please remember our members of our faith community in prayer

Don W. Jayne, Rodney S. Cooper family

Graeme & Gwenneth; Gordon & Barbara; Jayne; Carmel; Joyce & Taurean; Eunice; Scott, Corinne, Georgie & Sam

Family Photos

Matt is working on recording an arrangement of the song **“Take my life and let it be”** and as part of the visual presentation, he would like to include photos of our Corps family. The presentation will be used during one of our online meetings. If you are happy for your photo to be included, please send a photo to matt@videopro.com.au



TITHES AND OFFERINGS

Have you thought about how you can continue to give your tithes and offerings during this time where you are not able to physically place them in the offering bag?

You can make a direct deposit into the Corps Account. Bank Account details are

NAME: *The Salvation Army BCT*

BSB Number: *034 004*

Account Number: *810612*



You are invited to attend our online prayer meeting each Monday night at 7pm.

Click on the link below to join in. If you have any problems connecting, don't hesitate to give Scott a call or a text on 0416 133 938

Join Zoom Online Prayer Meeting

<https://us02web.zoom.us/j/9399076901?pwd=eW41YXpWK1J6ZzdiNUhINkNIMkw1Zz09>

Meeting ID: 939 907 6901

Password: 048505

SUNDAY SERVICES

Our weekly sermons and worship service is pre-recorded and available for viewing either from our Corps Facebook page or from our Corps website.

Links for Viewing

Facebook: <https://www.facebook.com/BrisbaneCityTemple>

Or you can follow the link on the

Homepage of the Corps Website: <https://www.salvationarmy.org.au/brisbanecity/>

Future Sunday Meetings

Many people have asked the question about when will we reopen the building. While restrictions in QLD have eased and at present there is not a capped limit on the number of people who can gather indoors, there is a restriction of providing 4sqm per person. This restriction limits us to around 85 people in the main hall at one time. Our average attendance on a Sunday morning is 120 so at this point in time we have decided to not open up for formal worship. There are a number of health requirements that must also be put in place which limit our ability to connect well with each other indoors and put an extra workload on people who will have to ensure that guidelines are adhered to in line with QLD Health. There are very strict hygiene requirements that apply to the service of food and no buffet or self-service of food is allowed. WHS have advised that for food we should only use commercially available single serve prepacked biscuits/cake.

What can we do then?

We are exploring ways to gather in smaller groups indoors as well as larger groups outdoors. There will be more information in next week's newsletter about these events. In the meantime, thank you to everyone who is connecting with others through phone calls and cards. It is encouraging to see how people are caring for each other during this time.

RAP Yarning Circle

Over recent months, The Salvation Army in Australia has been looking at a Reconciliation Action Plan (RAP) and using virtual RAP Yarning Circles to hear from as many as possible. Nationally the RAP development is progressing nicely through the Yarning Circles providing a powerful place for engagement. The collective voice from these Yarning Circles will be the foundation for our National Reconciliation Action Plan.

You have the opportunity to be involved in one of these important conversations.

Go to

<https://others.org.au/news/2020/05/28/yarning-circles-underpin-direction-for-national-rap/>

or email

rapcircles@salvationarmy.org.au

Spiritual Growth

This week on our website you will find Praying the Lord's Prayer phrase by phrase. It is a helpful tool for you to develop your prayer life and to see the depth of the words that are found in this prayer.

The Salvation Army Brisbane City Temple Corps Podcasts

BCT Sunday Worship Bible based messages are now available at

<https://www.salvationarmy.org.au/brisbanecity/>

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Brisbane City Parking Sat & Sun Queens Plaza Parking \$6.00

[bring ticket to BCT for validation]
Entry Edward St Height 2.2mtrs

King George Square Entry is from Roma St or
Adelaide St Height 1.93mtrs \$5.00
(no ticket validation required)

