



Jesus
Centred

Week 3 discussion question

The fruit of joy



What time in your life would you say was the most joyful?
What were the contributing factors to your joy?

Do you find it easy to be full of joy? Why or why not?

Is there a difference between happiness and joy? How can someone have joy even through challenging times?

Joy is a fruit of the Holy Spirit, produced by God's work in us and it is part of God's will for us.

Read Luke 15:1-10

What stood out for you?

What did you like or what bothered you?

What does this passage tell you about God and people?

We don't often think of God as rejoicing, but this passage tells us he does and in what circumstances?

Read Isaiah 62:5 and Zephaniah 3:17

This week identify the place you most readily connect with God. Is it in nature? Listening to Christian music? Participating in corporate worship? Solitude? Go to that place and tell God about the joy you receive there.

"May the Son of God who is already formed in you grow in you—so that for you he will become immeasurable, and that in you he will become laughter, exultation, the fullness of joy which no one can take from you."

Isaac of Stella