



Discussion questions - Week 5

1*Fi*RS*T*

A STUDY THROUGH THE BOOK OF COLOSSIANS

A large, black, stylized cross graphic that is part of the "1FiRSiT" title. The cross is formed by thick, brush-stroke-like lines.

When you were a child what was your attitude toward the rules? Were you a rule follower or a rebel or something in between?

Has your attitude to the rules changed at all over the years? If so how?

Is following Jesus only about doing things for Him? Why not?

Read Colossians 2:16-23

What stood out to you in this passage? Did anything confuse you or encourage you or challenge you?

What's the significance of the religious rituals for Paul?

Why would Paul tell the Colossians to not let anyone judge them on their diet or their religious celebrations?

What are some of the external religious practices we tend to advocate for in the church today? Would you say those practices have a foundation in Jesus? Why or why not?

Why do you think we can sometimes follow teachers like the ones described in verse 19? What about them is appealing? Why are they harmful?

According to these verses should we still submit to the human made rules? Why not?

How does adding requirements to salvation twist the gospel into something it's not?

How is your attitude different when you do something out of love for Jesus versus doing something out of obligation?

What are some ways you've experienced the growth God provides through Jesus?

Ultimately our lives in Christ are not simply about a set of do and do not rules. What is the real Impacting message from this passage about being in Christ?

The foundation of our faith is not what we do but who we follow.