

Sunday 24th May (Led by Kate Cathcart)

Our heavenly Father. We praise you because you redeem that which is broken and made it whole. You take what is sinful and make it holy. We know that while the world is changing so rapidly, your love and faithfulness remain the same. Speak to me Lord, that I may understand your word. Speak to this world, that all may know of your love. My prayer is in the name of Jesus, your Son, my Saviour. Amen.

Song: Here is Love (WOW Hymns Disc 1 Track 14)

Bible Reading : 1 Peter 4:12-14, 5:6-11

Jesus suffered the pains of humanity. He experienced the unrelenting expectations of others, he experienced false accusations, he experienced hunger and thirst, the hot and cold of the weather, certainly the discomfort of sore feet, and the rejection from his peers.

He prayed frequently and humbled himself to the will of God.

Spend a moment in prayer with God. Share with God those things that are upsetting you and recommit your daily life to Christ.

Share with God your cares for others. Ask God to increase your capacity to love those around you.

Turn the page over for activity: Craft-a-Psalm.

Song: 'Tis so Sweet to Trust in Jesus (WOW Hymns Disc 1 Track 4)

Bible Reading: John 17:1-11 & Acts 1:6-14

“Why do you stand looking up toward heaven?”

Sometimes we can focus so much on eternity that we stop living as Jesus. When Jesus left, he gave us His Holy Spirit so that we could continue his mission. Jesus prayed and he walked among the people. He stopped to listen to them, he had meals with the people, he healed them, he taught them. We are his body—his church—his life is now our life.

How are you living as Christ today?

Song: Draw me Nearer (WOW Hymns Disc 2 Track 8)

May my heart be fixed upon the Lord with my eyes open to see the footsteps of Jesus that I may follow him and continue his work on this earth.

Craft-a-Psalm

This weeks Psalm: 68:1-10, 33-6

Psalms are a prayer, a song, a poem and a journey. They speak of the real life problems and the struggle the author is facing. They speak truth about who God is into the face of those struggles and come to a conclusion about what will be.

It is easy to say that God is _____

But harder to remember that God is _____

My life right now is _____

And what I need to believe is that _____

The bible says: _____

If I remember this then my life will be _____

God is _____

And because of this I am _____

And So I will always praise the Lord my God.

