

## Impact Statement Guidelines

## Your experience, your story

To better understand the abuse you experienced, we would like to hear (in your words) what happened and the impact it had on you.

If you feel anxious about this, we can pay for you to see a registered counsellor or psychologist of your choice to help you prepare your statement. Or, you are welcome to speak with our senior case manager, Hanif, and he will prepare this on your behalf. If you prefer to do this, or if you have any other questions, please call us on (02) 9466 3063.

What we require for your claim is a detailed account of the events and abuse you experienced, as well as a description of how this has impacted your life since.

If possible, please provide the following details:

- What occurred
- The age you were at the time
- How long you were in Salvation Army care
- Where it occurred
- Who the offender was (if known)
- How often it continued
- Who else was aware
- Whether you reported to The Salvation Army at the time or later, and the consequences, if any, of this disclosure

When speaking about the impact, you might like to discuss:

- Impact on lifestyle and activities (such as sleeping, working)
- Relationships (with partner, family, and friends)
- Psychological effects (such as depression or anxiety)
- Injuries or the need for ongoing medical treatment
- Emotions or feelings relating to the abuse (such as hurt, anger, fear, lack of safety)

It is also important to let us know if you experienced any abuse at another institution, and, if so, what type of abuse.

