



social learning service
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55+ is co-ordinated by the Floreat Salvation Army.

Phone: **9383 9034**

Email: corps.floreat@aus.salvationarmy.org



An activity group where all 55+'s are welcome!



An open invitation is extended to anyone who identifies as 55+ (whether a churchgoer or not) to participate in any of our **Social, Learning and Service (SLS)** activities, examples of which are included overleaf/on the next two pages.

To register your interest in receiving regular updates of future SLS activities, please contact Gary on 93839034 or email Gary.A.Armstrong@aus.salvationarmy.org

We look forward to seeing you soon at one of our future 55+ activities.



55+ provides a broad range of **social**, **learning** and **service** activities. These are designed to enrich our community by providing opportunities for those who identify with **55+** (no one will ask your age!) to participate and contribute.

While **55+** is coordinated by the Floreat Salvation Army, you do not have to be attending or in any way affiliated with the Salvation Army or any church.



social

BOOK CLUB

Provides the opportunity to come together on a regular basis over a cuppa to discuss and share your views on a wide selection of books.

FIRST AID
Update your knowledge and skills on how to manage unforeseen incidents which require immediate medical attention until professional help arrives.



learning



service

COMMUNITY SUPPORT

Volunteer your skills and experience to help others or to support worthwhile causes in your community.

DAY TRIPS
Enjoy the company of other 55+'s while you visit places of interest throughout Perth and the surrounding regions.



social



social

CRAFT GROUP

Bring your favourite craft activity, mix with other crafty 55+'s while you share and learn new skills.

WALK'N & TALK'N
For those who like some gentle exercise or simply chatting to others while experiencing various delightful locations throughout Perth and surrounding areas (always includes coffee and food opportunities).



social



learning

KNOW YOUR IPHONE, IPAD AND LAPTOP

Get up to date with today's technology by improving your confidence and ability to use what have become everyday personal and business tools.

KNOW YOUR GARDEN
Make your fingers greener by sharing your garden experiences and learning more from qualified horticulturalists.



learning