#### **OASIS DROP IN**

Oasis Drop In is a safe and welcoming space for youth. We are here to meet your immediate needs through meals, shower and laundry facilities, access to a phone and computer, and more.

### Drop In is open Monday-Friday 8:30-10:30am.

Come in and talk with us, give us a call, or find us on social media: (02) 9331 2266 Facebook.com/OasisYSN Instagram.com/oasisysn

#### **ALL WELCOME**

We value all people. We welcome, and are sensitive to the needs of, Aboriginal and Torres Strait Islanders, people with disabilities, those who identify as LGBTIQA+, and people from culturally and linguistically diverse backgrounds.





# OASIS SYDNEY DRUG AND ALCOHOL YOUTH SUPPORT

Phone: (02) 9331 2266 Fax: (02) 9331 2200

Website: salvationarmy.org.au/oasis Social Media: facebook.com/OasisYSN,

Instagram.com/oasisysn

Address: 365 Crown Street, Surry Hills 2010



#### **OUR MISSION**

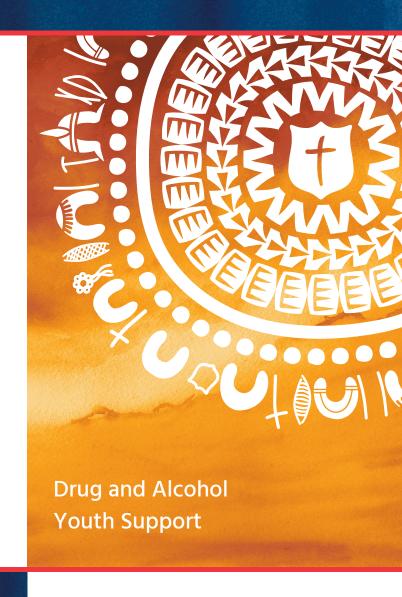
The Salvation Army is a Christian movement dedicated to sharing the love of Jesus by:

Caring for people

Creating faith pathways

Building healthy communities

Working for justice



THE SALVATION ARMY AUSTRALIA TERRITORY

# Drug and Alcohol Youth Support

The Drug and Alcohol Youth Support team offer counselling, case management and targeted group programs to young people aged 12-24 who are experiencing problematic Alcohol and other Drug use.

Using an evidence based, trauma informed, early intervention approach we will support you to address your needs.

#### CASE MANAGEMENT

Our case management can provide:

- Education and advice
- Information and referrals
- Access to much-needed resources
- Harm reduction strategies to support you on your journey to recovery

We understand that Alcohol and other Drugs may not be the only barrier you are facing. Our case managers can support you with a range of other needs to help you achieve your goals. This could be related to your housing, employment, mental health or relationships.

#### COUNSELLING AND PROGRAMS

We don't stop at case management. We also offer one-on-one youth counselling to help you address your Alcohol and other Drug use, as well as your mental health. A holistic approach to your individual circumstances will really help improve your outcomes and recovery.

Our youth counsellor and group facilitator will be able to offer targeted early intervention and prevention programs. This could be in groups, one-to-one, at your school, or in the community.

Our service is underpinned by a harm reduction philosophy and trauma informed care.

## We provide:

- Psychosocial Counselling
- Holistic case management
- Care coordination
- Psychoeducational programs
- Drop-in services
- Outreach





