

Facilitator training course

A facilitator training course should expose the participants and potential facilitators to all slides, video materials, and exercises. As a result, it is preferable that it run for two days, and include the following material:

Two-Day Course

Day One	
Morning session:	Afternoon session:
<ul style="list-style-type: none"> • Introduction • Consider using a 'getting to know you' activity • Research base for the toolkit, slides 1–16 • Break • What is domestic violence? • Brainstorm and discuss in more detail financial, emotional, spiritual abuse and strangulation (slides 21–38) • Lunch 	<ul style="list-style-type: none"> • <i>The Sponge</i> video • How children are exposed to family violence, brainstorm plus detailed discussion of slides 39–50 • Can use Duluth wheel as a review • Break • Bruce Perry video and discussion • Video clip of fathers and <i>Still-Face</i> • Positive impacts of parenting on children, slides 56 & 57 • Conclusion of first day
Day Two	
Morning session:	Afternoon session:
<ul style="list-style-type: none"> • Impact of witnessing verbal aggression on a child • Other impacts of family violence on children, slides 60–63 • Break • Show <i>Monsters in the Closet</i> and at least one of the segments of <i>Not In My House</i> • Brief break • Presentation on intergenerational violence, slides 71–82 • Lunch (consider truncating lunch to fit in more content) 	<ul style="list-style-type: none"> • Viewing and discussion of the <i>Mask You Live In</i> (this will take approximately two hours) • Break • Overview of parenting, slides 88–90 • Presentation of vignettes and practice coaching session • (Time permitting): discussion of reading exercise and books • Closing: slides 103–105 and use of song, 'If I could start today again...'

One-Day Course

It is possible to run a one-day course in which many of the experiential exercises are omitted and only the information sections are presented. This may be used to introduce the programme to interested groups, but should not be considered a substitute for a facilitator training two-day course.

Morning session:	Afternoon session:
<ul style="list-style-type: none"> • Introduce the toolkit and the background to the project • Introduce the research basis which informs the project. • Introduce the core values of the project. • (Time permitting) Brainstorm what is family violence with the audience • Break • Conclude what is family violence • Begin section one of Module Two • Conclude, time permitting with Bruce Perry video • Lunch break 	<ul style="list-style-type: none"> • Conclude impacts of family violence on children • Conclude Module Two • Break • Present Module Three • Discussion on intergenerational trauma • Discussion on socialisation into traditional masculinity as a type of trauma • Briefly present a few key ideas from module four • Conclude with Paul Kelly video clip, 'If I could start today again'