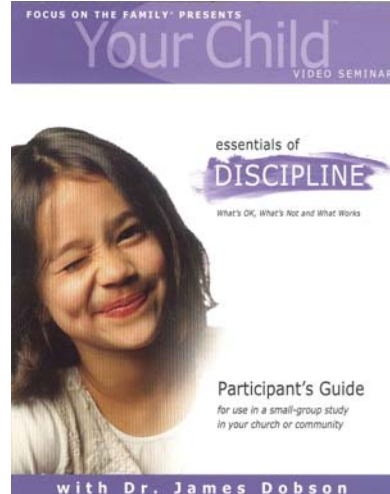
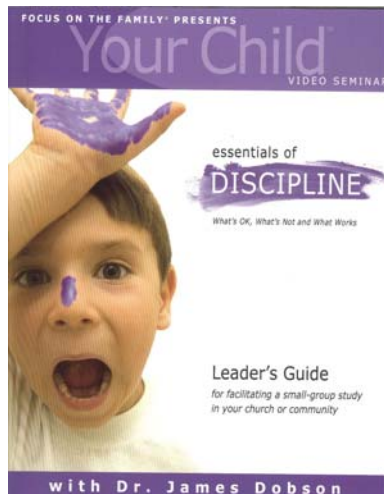


“Your Child Essentials of Discipline”



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Parenthood is one of the most challenging and rewarding experiences that we could ever have. But one we could possibly fail to enjoy if our focus is taken off the child and onto ourself, the parent.

Essentials of Discipline is a 13 session curriculum for parents on the parenthood journey with up-to-date research and biblically based sessions covering:

- Why your child needs discipline.
- Irresponsibility vs. Defiance.
- Finding the right balance in discipline.
- To smack or not to smack.
- The strong willed child vs. the compliant child.
- Changing discipline as your child grows.
- The ultimate priority.

The curriculum comes in a kit (approximately \$60 from Focus on the Family or Word) with:

- Promotional material
- Leader's Guide
- Participant's Guide
- 3 Videos
- 3 DVDs

The format is designed to be interactive:

- All in this together (5-10 mins) – Icebreaker
- You are here (5-10 mins) – review homework
- Screen time (5-30 mins) – Video/DVD presentation by James Dobson including animated vignettes, interviews, letters and scenarios.
- By the book (5-10 mins) – Bible Study
- Work it out (5-10 mins) – practical applications

It is recommended for parents of 3-8 year olds.

However, there are three sessions on adolescents if Session 13 is a wrap up session for the series.

Worthy of mention:

- The leader needs to give time to serious preparation.
- It can be presented in a seminar form or as a group in the home setting taking about 60 minutes
- Each participant needs a participant's Guide (\$13.50) and time to do home preparation

Full kit can be purchase from Focus on the Family.